

extract to water.

**Red Peppermint** Add a few drops red food coloring to water. Add 2 Tb. Peppermint oil extract to water.

**Green Peppermint** Add a few drops green food coloring to water. Add 2 Tb. Peppermint oil extract

**Gingerbread** Add 1 Tb. Ground ginger to dry mix. Add 2 Tb. Ground cinnamon to dry mix.

to water.

#artshhi #holidaycraft







## •: Holiday Salt Dough

The art of salt dough is an ancient one, with roots across several continents and dating back to ancient Egyptians. The materials are readily available, inexpensive, and best of all non-toxic so salt dough projects are great for kids. The steps are much like baking and reinforce skills such as measuring and sequencing, so it can be quite educational, too! Here are some recipes to turn ordinary pantry ingredients into lovely works of art with your children.



2 Cup Flour1 Cup Salt2 Tb. Cream of Tartar1.5 Cup of boiling Water (approximately)2 Tb OilParchment Paper

Mix Dry ingredients in a bowl. Boil Water. Add oil to the water. Pour a small amount of water into the dry mixture and stir with a big spoon. Continue to add small amounts of water until the mixture is uniform and feels like play dough. Knead on a non-stick surface such as parchment paper. Store in a plastic container with lid or plastic bag to use like play dough or make into lovely ornaments!

For ornaments, roll out on parchment paper, cut with cookie cutters, and poke a hole at the top with a straw. Allow to dry in a warm dry place for approximately 3-5 days or bake in oven on parchment paper @ 225 degrees for approx. 3 hours. (You are trying to dry out, not bake, so slow, low heat. Flip them over every 30 minutes or so). Add acrylic paint, glitter, ribbons, etc. as desired then tie to packages, hang on the tree, or give them away as special gifts! You can also omit the hole and glue on a lapel pin or magnet.