

# Things you can do to reduce spread of COVID-19 in your Tribal community

## Prepare

**Share brief, accessible information with community members, cultural leaders, tribal officials to help reduce individual risk and community risk.**

For example, information on how to minimize exposures for groups at higher risk for poor health outcomes.

**Review or train staff to be aware of and be able to act to reduce community risk of transmission.**

For example, develop a plan for cleaning facilities and surfaces multiple times per day to reduce risk.

**Identify behavioral health options early, to make sure community members are supported.**

## Limit Risks

**Identify policies that may need to change and work to revise these policies in the event of community infection.**

For example, develop a plan/community response to make sure elders and others at higher risk for poor health outcomes have the food, medicine, and other essential supplies to limit social contacts and reduce risk of spreading the virus.

**Work with non-tribal partners to make sure medication refills are available in larger quantities to limit risk of exposure for vulnerable community members.**

**Identify locations of the nearest mechanical ventilators and plan for admission and transportation of COVID-19 patients in need of intensive care.**

## Stop the Spread

**Cancel or postpone community gatherings and/or faith-based gatherings of any size.**

**Find ways of connecting community members while making sure employees and community members stay safe (for example, connect through phone calls or social media).**

**Cancel non-emergency travel.**

**Put in place flexible policies to allow for telecommuting.**

**Cancel school attendance and find alternatives for working parents.**



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**This resource was created from information provided by the CDC's Implementation of Mitigation Strategies for Communities with Local COVID-19 Transmission available here:**

**<https://www.cdc.gov/coronavirus/2019-ncov/downloads/community-mitigation-strategy.pdf>**