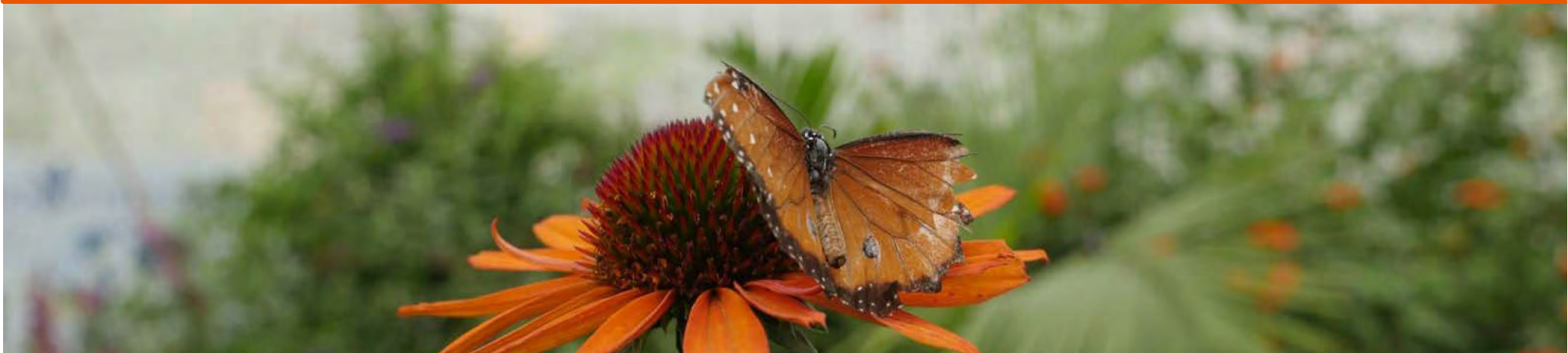


Welcome to
Becoming Ka Ma Ma
Webinar Series:

(Re) Imagining Tribal Health Systems
January 14, 2020



Becoming Ka Ma Ma: A journey of health system transformation

Developed by Red Star International, Inc. <https://redstarintl.org/>

In partnership with Seven Directions, A center for Indigenous public health, University of Washington <https://indigenousphi.org/>

Acknowledge. Cherokee Nation Public Health
<https://health.cherokee.org/public-health/>

Funding made possible through Centers for Disease Control (CDC), cooperative agreement award number NU380T000260-01-01



Becoming Ka Ma Ma

The Foundation



Self-determination is the principle that tribal nations are inherently sovereign and have the right to freely assert their sovereignty and political status.

Tribal sovereignty was later recognized through treaties, the US Constitution, federal legislation, court decisions, and acts.

Government-to government relationship



Transformation: thoughts and actions

- Tribal Health Governance curriculum
- Tribal Public Health Performance curriculum
- Share through webinars, brief, and presentations



Series of Webinars:

- (Re) imagining tribal health systems, an Indigenous Approach – January 14, 2020
- An Integrated Public Health Performance Management Model – February 11, 2020
- Strong Tribal Governance for Community Health – March 17, 2020

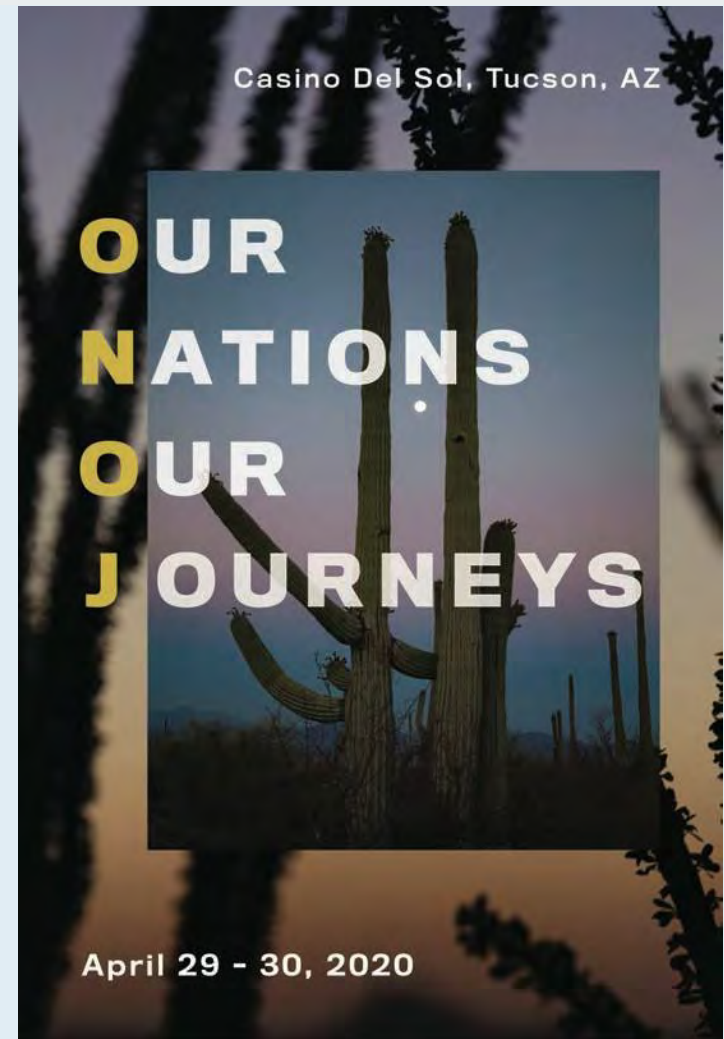


Our Nations Our Journeys

Fight for our Future

Indigenous Public Health Forum
April 29 – 30th, 2020

Pascua Yaqui Tribe
Casino Del Sol , Arizona



(Re) Imagining Tribal Health Systems



Objectives

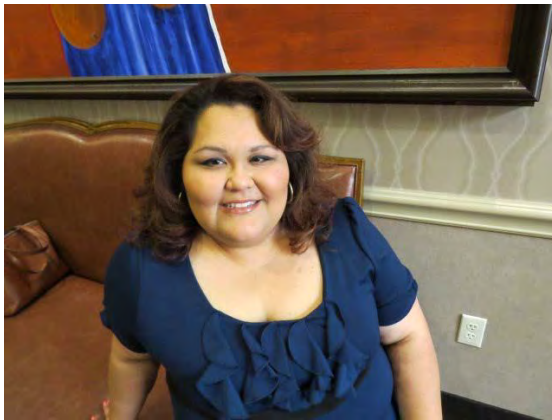
- Describe the Becoming Ka Ma Ma approach
- Share intended application of the approach for tribal health systems transformation
- Identify the benefits and challenges to using this approach for health systems transformation

Presenters



- Aleena M. Kawe (Hiaki) is the founder, president and CEO of Red Star International, Inc., a U.S. based non-profit organization dedicated to advancing Indigenous self-determination for health and vibrant communities.
- She believes a systems approach to solving challenges – one that considers worldview, relationships, leadership and the collective will – is the key to achieving health equity.
- She is a national leader and advocate in Indigenous health, with more than 20 years of experience working in partnership with Indigenous nations, communities and organizations in the US, the Pacific Islands, and more recently in New Zealand.
- Aleena has a **master's** degree in public health with a concentration in community health practice.
- Aleena enjoys trail running and learning traditional Polynesian sailing practices with her husband Frank (Ngāti Ranginui/Ngāti Kahungunu) in Aotearoa (New Zealand).

Presenters



- Raquel E. Aviles (Yaqui) is a proud citizen of the Pascua Yaqui Tribe of Arizona. She has served the tribal community for over 20 years, most recently as the Associate Director of Health Service Division for the Pascua Yaqui Tribe.
- She has led several health and wellness initiatives with tribal and urban populations (e.g., SAMSHA Circles of Care Project, Sewa Uusim, Equine Therapy, and Native Aspirations – GONA model).
- Raquel has a Masters of Healthcare Innovation (MHI) from Arizona State University (ASU) with a focus on leadership, system thinking and the Seven Pillars of Innovation. In her free time,
- Raquel paints and enjoys the outdoors with her husband, David, and their three children: David Jr., Emmaleen and Anthony.

Presenters



- Christina E. Oré is a Sr Advisor and Researcher/Evaluator for Seven Directions, University of Washington.
- In 2018, she received her DrPH in policy & management from the University of Arizona (UA), with an emphasis on Indigenous health systems strengthening.
- Over the past 24 years, Christina has worked for the Pascua Yaqui Tribe on initiatives ranging from Indigenous human rights conference, research and policy, performance improvement/management, accreditation, and datacapacity/infrastructure.
- Born and raised in Arizona, Christina is of Quechua descent (Ayacucho/Huancavelica, Peru). She lives in Tucson, Arizona with her partner Joseph; children, Munai and Tenzin; and extended family.

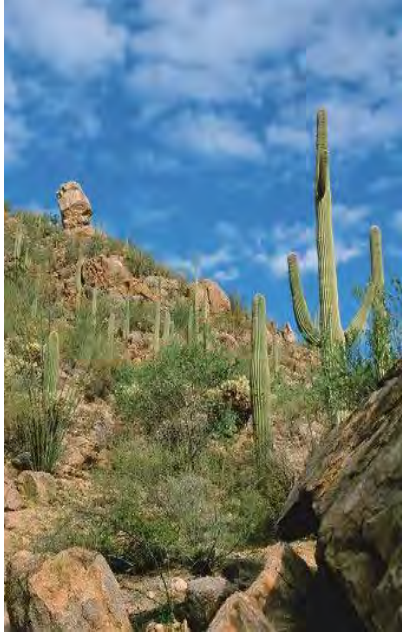


Becoming Ka-Ma-Ma: An Introduction to System Transformation

What is a system?

A system is a set of parts working together forming an interconnected whole







What happens when systems are interrupted?



Dixon M, Roubideaux Y

American Public Health Association, 2001

**Promises to Keep:
Public Health Policy for American Indians and Alaska
Natives in the 21st Century**

Historical Basis for Indian Health

- Forced removal, land cessions, relocation and termination
- Forced assimilation policies throughout the 1800s
 - Indian Removal Act 1830
 - 1836 – Medical services for land cessions
 - Dawes Act – General Allotment Act 1887
 - Reservation land divided into allotments
 - Ban on traditional practices
 - Introduction of boarding schools
- War Department was responsible for healthcare; containing infectious disease
- 1849 – BIA/Department of Interior
- 1955 - IHS was established; 12 Service Areas

Indigenous Social Determinants of Health



Indigenous **peoples'** systems, ways of knowing and being, and power that ensure the collective health and wellbeing of the people.

The aspects of social and political existence in the U.S. that create conditions that affect health and wellbeing of Indigenous peoples, above and beyond non-Indigenous defined and measured determinants

- Sovereignty
- Indigenous knowledge
- Land and Kinship
- Spirituality

Source: Oré, Loerzel, Parker, Marziale, Holmes, Clelland (2019). Indigenous social determinants for American Indian and Alaska Native healing, health and wellbeing (unpublished)

Looking to the past to understand the present...

Tribal Health Care/Public Health

- 1955 Indian Health Service
- 1960-70s Area Health Boards
- 1975 Self-Determination
- 1976 Indian Healthcare Improvement
- 1996 First Tribal Epi Centers est
- 2008 NIHB Tribal PH Accreditation Feasibility
- 2010 Permanent reauthorization IHIA
 - Affordable Care Act
 - TECs as Public Health Authority
- 2018 Tribal Capacity Building 1803

National Public Health

- 1988 Institute of Medicine Report
- 1994 10 Essential Services
- 1997 Turning Point
- 1990s Emerging PH Institutes
- 2000s **Nat'l** PH Performance Standards (v. 3 - 2013)
- 2010 Public Health Accreditation (beta)
- 2010 **Nat'l** PH Improvement Initiative
- 2018 Strengthening Systems through National Partnerships 1802

Investment Comparison

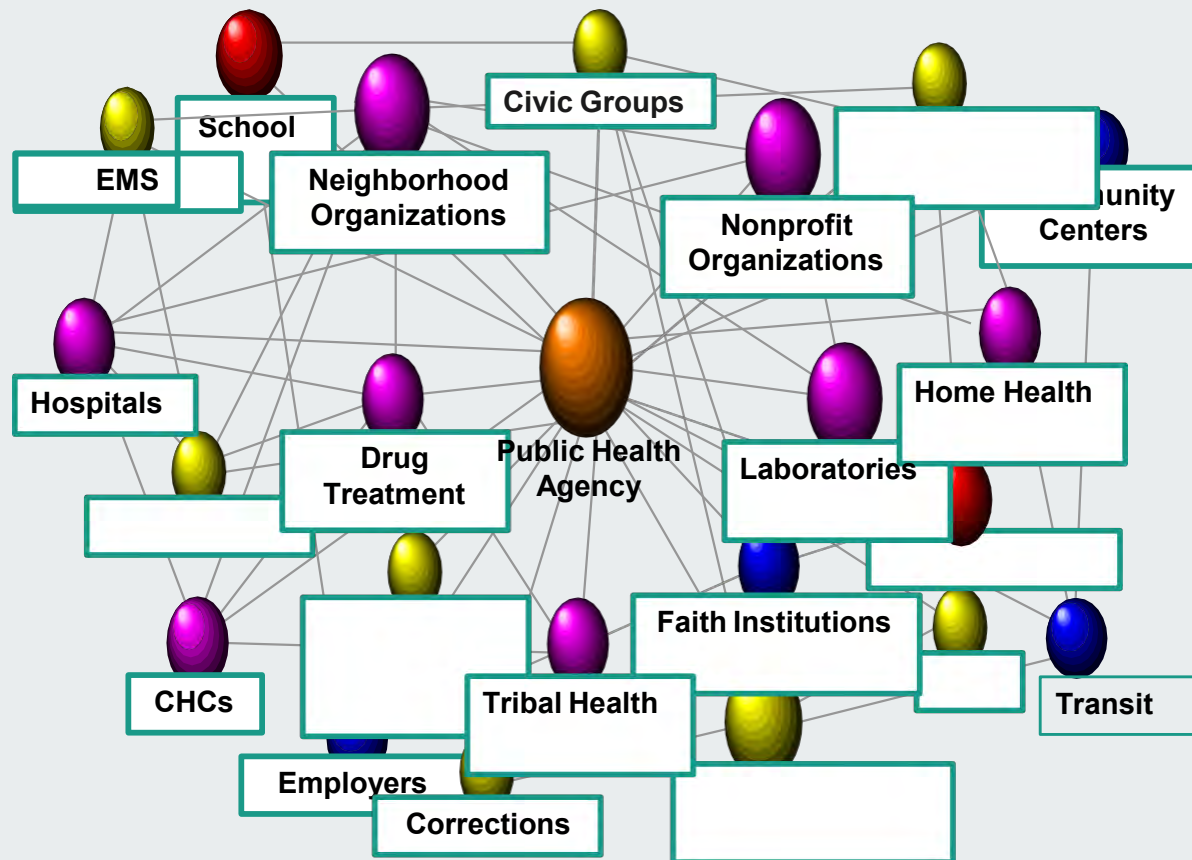
Tribal Public Health

- Program-focused
- Individual/Tribe-focus
- Data-oriented/product
- Tribal Leadership & community members
- Programs and Services
- Tribal Consultation/Federal Policy

National Public Health

- System-focused
- Network-focused
- Process-oriented/surveillance
- Broad, multi-sector engagement
- Capacity-building focus
- Inform local/state policy

Local or State Public Health System



•Source: Public Health Practice Program Office, Centers for Disease Control and Prevention, National Public Health Performance Standards Program, User Guide (first edition), 2002. (Current version available at www.cdc.gov/nphpsp)

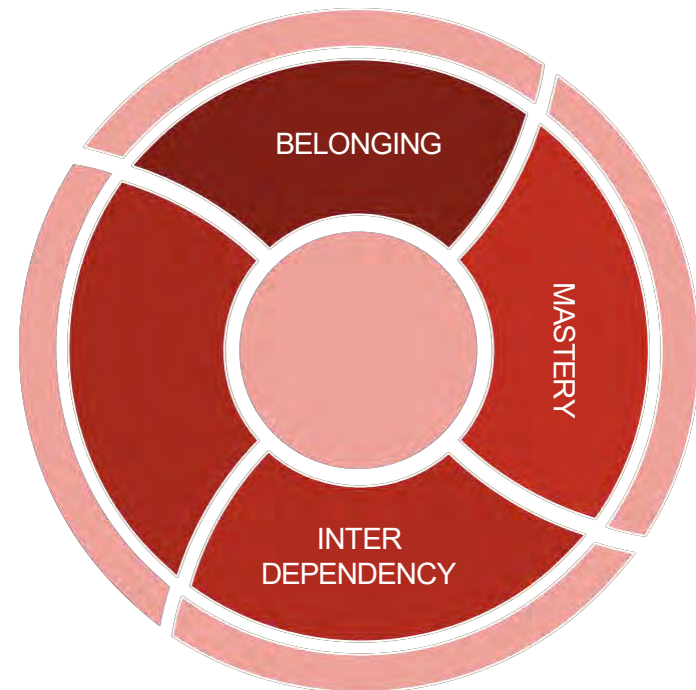
Tribal Public Health Systems

Multiple stakeholders who work in partnership to assure conditions in which people can be healthy.



Gathering Of Native Americans (GONA)

- An Indigenous approach for capacity building that is community centered:
 - Strength-based and healing
 - Everyone has a purpose
 - Honoring the culture
- Four elements:
 - Belonging-building relationships
 - Mastery-building skills
 - Interdependency-working together
 - Generosity-promoting commitment

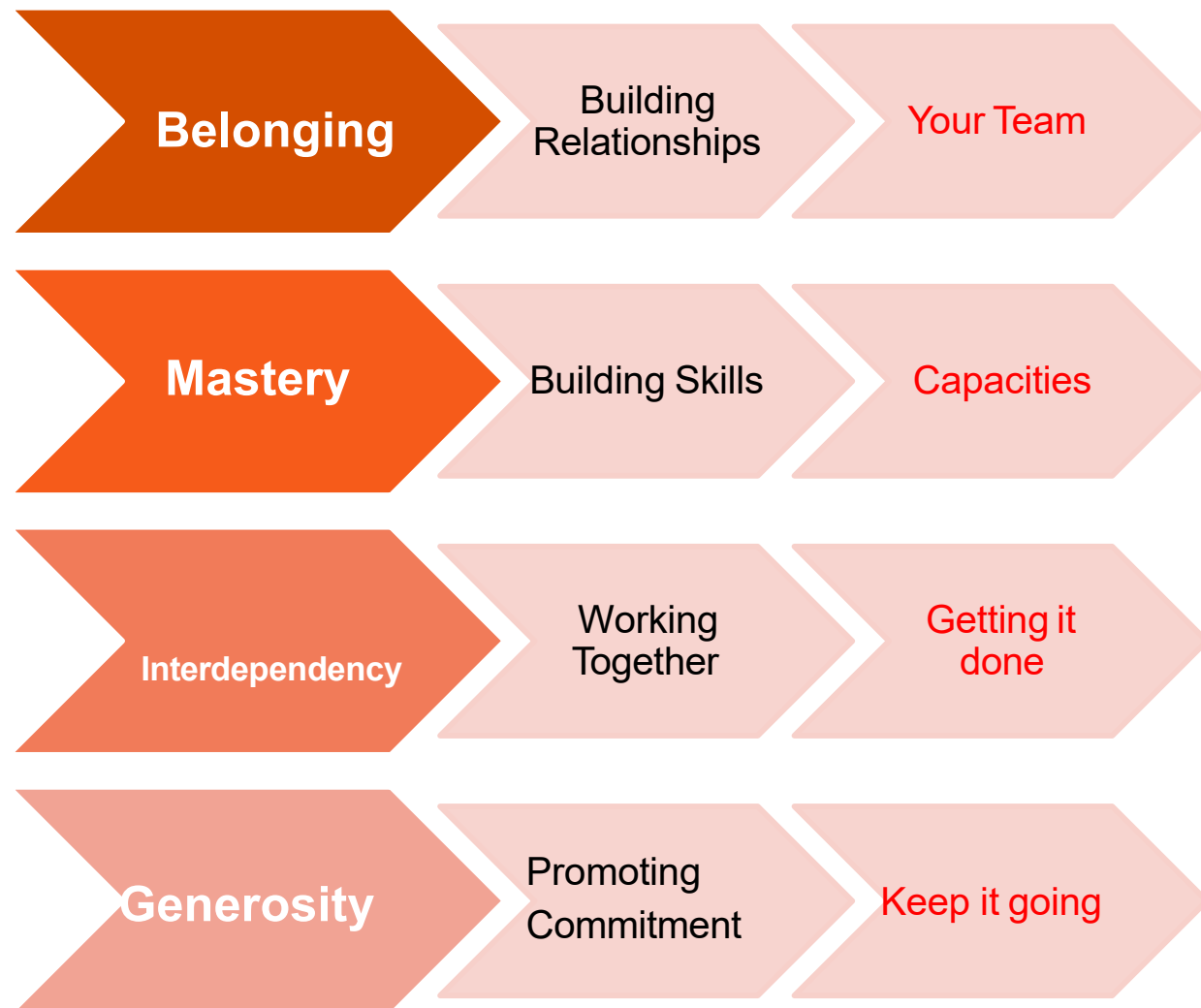


GONA in action

- Native Aspirations Project
- Process of healing and call to action
- Pros and Cons

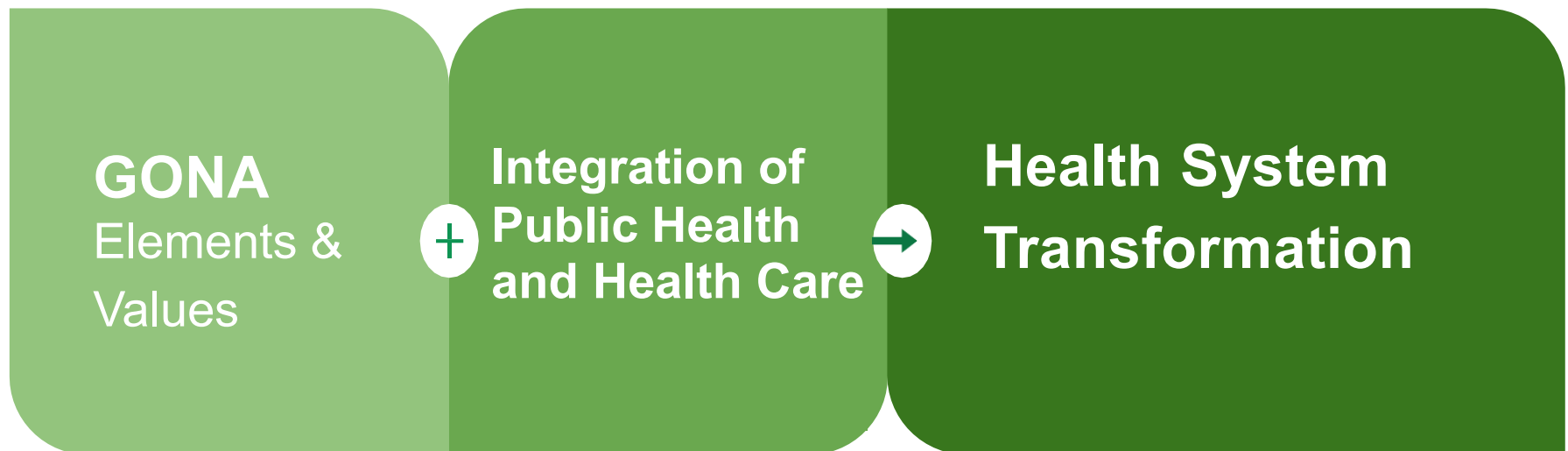


Reflections Activity





Framework from Community to Systems



An Indigenous approach Systems healing and transformation



Transformation Journey

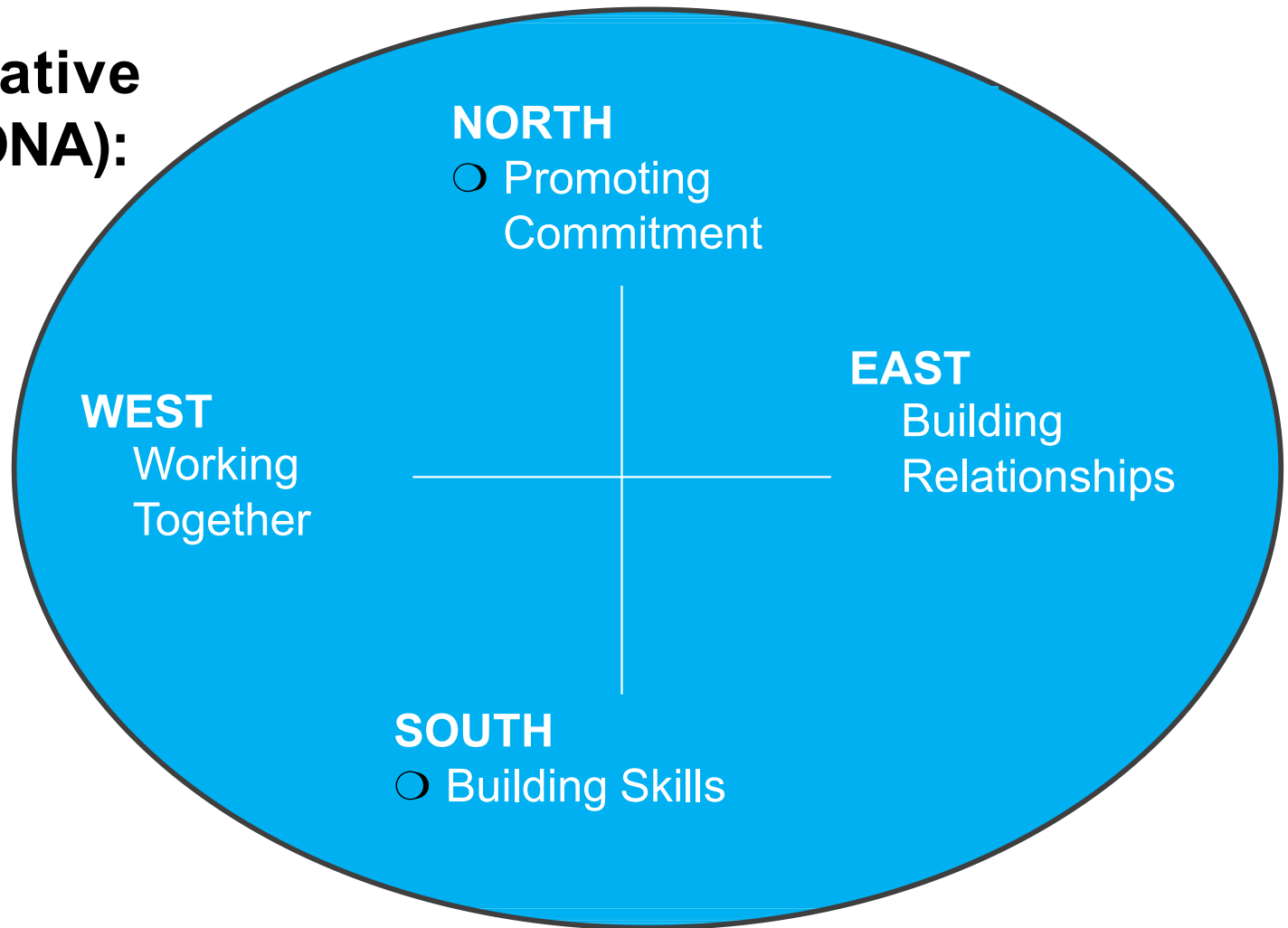
- Transformation is our goal for a strong, robust, resilient, tribal health system
 - highly performing and quality health system
 - rights and shared responsibility
 - health and wellbeing communities and Tribe
- Public health approach and Indigenous approaches to health and wellbeing are connected and can support the transformation

Landscape – Journey

- Underlying and guiding this transformation are Indigenous approaches
- Indigenous knowledge, ways, experience
 - align with the public health approach
 - reflect systems integration, and
 - hold the hope and aspiration for a transformed tribal health system

Gathering of Native Americans (GONA):

Cyclical
Relational
Ongoing
Connected
Way



Public Health Practice

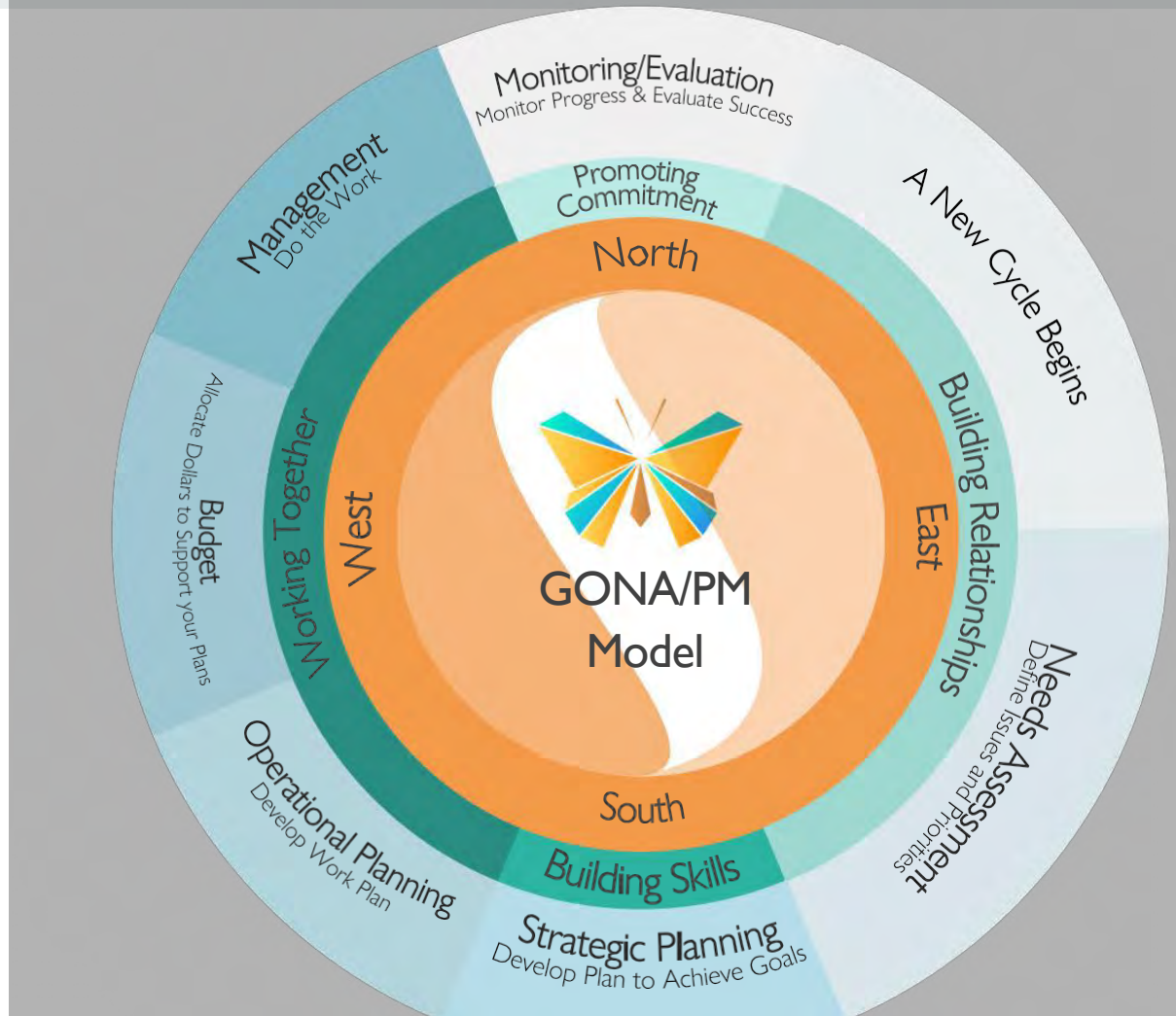
- Leadership and **systems thinking**
- Financial planning and management
- Public health science skills
- **Community dimensions**
- **Cultural competency**
- **Communication skills**
- Policy development /program planning
- Analytical assessment skills (FPH, 2016).

Alignment with public health performance management

Take definition:

Performance management is the practice of actively using **performance data** to improve public health. This involves using measures and standards to establish performance **targets and goals' prioritizing and allocating resources**; informing managers about needed adjustments or changes in policy or a **program's** direction to meet goals; framing reports on the success in meeting performance goals; and **improving the quality of public health practice** (Centers for Disease Control and Prevention [CDC], 2017).

Indigenous approach to an integrated public health performance model





Performance is not only
WHAT we do
but
HOW we do it!



Anticipated Benefits

- Healing fragmented systems
- Centered on Indigenous knowledge and ways
- Foundation of self determination
- Elevates public health – capacity and infrastructure support from tribal leadership



Anticipated Challenges

- Will and Trust
- Leadership
- Community
- Organization
- Resources

Summary



GONA
Elements &
Values



Integration of
public health
and health care
delivery systems



**Health System
Transformation**

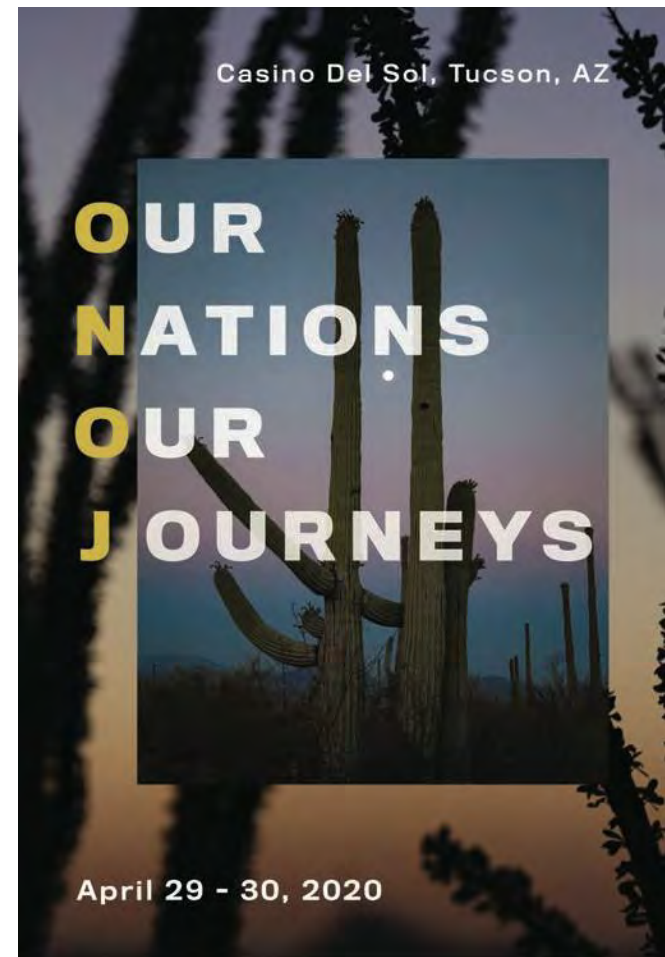


Webinar Series

- An Integrated Public Health Performance Management Model
 - February 11, 2020
- Strong Tribal Governance for Community Health

March 17, 2020

Public Health Forum





Staying Connected



SEVEN DIRECTIONS
A CENTER FOR INDIGENOUS PUBLIC HEALTH

UNIVERSITY of WASHINGTON

<https://indigenousphi.org/>

REDSTAR
INTERNATIONAL

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