Welcome to Becoming Ka Ma Ma Webinar Series:
(Re) Imagining Tribal Health Systems
January 14, 2020
Becoming Ka Ma Ma:
A journey of health system transformation

Developed by Red Star International, Inc https://redstarintl.org/

In partnership with Seven Directions, A center for Indigenous public health, University of Washington https://indigenousphi.org/


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Becoming Ka Ma Ma Ma
The Foundation

Self-determination is the principle that tribal nations are inherently sovereign and have the right to freely assert their sovereignty and political status.

Tribal sovereignty was later recognized through treaties, the US Constitution, federal legislation, court decisions, and acts.

Government-to-government relationship
Transformation: thoughts and actions

- Tribal Health Governance curriculum
- Tribal Public Health Performance curriculum
- Share through webinars, brief, and presentations
Series of Webinars:

- (Re) imagining tribal health systems, an Indigenous Approach – January 14, 2020
- An Integrated Public Health Performance Management Model – February 11, 2020
- Strong Tribal Governance for Community Health – March 17, 2020
Our Nations Our Journeys

Fight for our Future

Indigenous Public Health Forum
April 29 – 30th, 2020

Pascua Yaqui Tribe
Casino Del Sol, Arizona
(Re) Imagining Tribal Health Systems
Objectives

● Describe the Becoming Ka Ma Ma approach
● Share intended application of the approach for tribal health systems transformation
● Identify the benefits and challenges to using this approach for health systems transformation
Presenters

- Aleena M. Kawe (Hiaki) is the founder, president and CEO of Red Star International, Inc., a U.S. based non-profit organization dedicated to advancing Indigenous self-determination for health and vibrant communities.
- She believes a systems approach to solving challenges – one that considers worldview, relationships, leadership and the collective will – is the key to achieving health equity.
- She is a national leader and advocate in Indigenous health, with more than 20 years of experience working in partnership with Indigenous nations, communities and organizations in the US, the Pacific Islands, and more recently in New Zealand.
- Aleena has a master’s degree in public health with a concentration in community health practice.
- Aleena enjoys trail running and learning traditional Polynesian sailing practices with her husband Frank (Ngāti Ranginui/Ngāti Kahungunu) in Aotearoa (New Zealand).
Raquel E. Aviles (Yaqui) is a proud citizen of the Pascua Yaqui Tribe of Arizona. She has served the tribal community for over 20 years, most recently as the Associate Director of Health Service Division for the Pascua Yaqui Tribe.

She has led several health and wellness initiatives with tribal and urban populations (e.g., SAMSHA Circles of Care Project, Sewa Uusim, Equine Therapy, and Native Aspirations – GONA model).

Raquel has a Masters of Healthcare Innovation (MHI) from Arizona State University (ASU) with a focus on leadership, system thinking and the Seven Pillars of Innovation. In her free time,

Raquel paints and enjoys the outdoors with her husband, David, and their three children: David Jr., Emmaleen and Anthony.
Presenters

- Christina E. Oré is a Sr Advisor and Researcher/Evaluator for Seven Directions, University of Washington.

- In 2018, she received her DrPH in policy & management from the University of Arizona (UA), with an emphasis on Indigenous health systems strengthening.

- Over the past 24 years, Christina has worked for the Pascua Yaqui Tribe on initiatives ranging from Indigenous human rights conference, research and policy, performance improvement/management, accreditation, and data capacity/infrastructure.

- Born and raised in Arizona, Christina is of Quechua descent (Ayacucho/Huancavelica, Peru). She lives in Tucson, Arizona with her partner Joseph; children, Munai and Tenzin; and extended family.
Becoming Ka-Ma-Ma: An Introduction to System Transformation
What is a system?
A system is a set of parts working together forming an interconnected whole
What happens when systems are interrupted?
Promises to Keep: 
Public Health Policy for American Indians and Alaska Natives in the 21st Century
Historical Basis for Indian Health

- Forced removal, land cessions, relocation and termination
- Forced assimilation policies throughout the 1800s
  - Indian Removal Act 1830
  - 1836 – Medical services for land cessions
  - Dawes Act – General Allotment Act 1887
    - Reservation land divided into allotments
    - Ban on traditional practices
    - Introduction of boarding schools
- War Department was responsible for healthcare; containing infectious disease
- 1849 – BIA/Department of Interior
- 1955 - IHS was established; 12 Service Areas
Indigenous Social Determinants of Health

Indigenous peoples’ systems, ways of knowing and being, and power that ensure the collective health and wellbeing of the people.

The aspects of social and political existence in the U.S. that create conditions that affect health and wellbeing of Indigenous peoples, above and beyond non-Indigenous defined and measured determinants

- Sovereignty
- Indigenous knowledge
- Land and Kinship
- Spirituality

Looking to the past to understand the present…

**Tribal Health Care/Public Health**
- 1955 Indian Health Service
- 1960-70s Area Health Boards
- 1975 Self-Determination
- 1976 Indian Healthcare Improvement
- 1996 First Tribal Epi Centers est
- 2008 NIHB Tribal PH Accreditation Feasibility
- 2010 Permanent reauthorization IHIA – Affordable Care Act
  - TECs as Public Health Authority
- 2018 Tribal Capacity Building 1803

**National Public Health**
- 1988 Institute of Medicine Report
- 1994 10 Essential Services
- 1997 Turning Point
- 1990s Emerging PH Institutes
- 2000s Nat’l PH Performance Standards (v. 3 - 2013)
- 2010 Public Health Accreditation (beta)
- 2010 Nat’l PH Improvement Initiative
- 2018 Strengthening Systems through National Partnerships 1802
## Investment Comparison

<table>
<thead>
<tr>
<th>Tribal Public Health</th>
<th>National Public Health</th>
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<tbody>
<tr>
<td>▪ Program-focused</td>
<td>▪ System-focused</td>
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<tr>
<td>▪ Individual/Tribe-focus</td>
<td>▪ Network-focused</td>
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<tr>
<td>▪ Data-oriented/product</td>
<td>▪ Process-oriented/surveillance</td>
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<tr>
<td>▪ Tribal Leadership &amp; community members</td>
<td>▪ Broad, multi-sector engagement</td>
</tr>
<tr>
<td>▪ Programs and Services</td>
<td>▪ Capacity-building focus</td>
</tr>
<tr>
<td>▪ Tribal Consultation/Federal Policy</td>
<td>▪ Inform local/state policy</td>
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Local or State Public Health System

Tribal Public Health Systems

Multiple stakeholders who work in partnership to assure conditions in which people can be healthy.
Gathering Of Native Americans (GONA)

- An Indigenous approach for capacity building that is community centered:
  - Strength-based and healing
  - Everyone has a purpose
  - Honoring the culture

- Four elements:
  - Belonging-building relationships
  - Mastery-building skills
  - Interdependency-working together
  - Generosity-promoting commitment
GONA in action

- Native Aspirations Project
- Process of healing and call to action
- Pros and Cons
Reflections Activity

Belonging
- Building Relationships
- Your Team

Mastery
- Building Skills
- Capacities

Interdependency
- Working Together
- Getting it done

Generosity
- Promoting Commitment
- Keep it going
Framework from Community to Systems

GONA Elements & Values  Integration of Public Health and Health Care  Health System Transformation
An Indigenous approach
Systems healing and transformation
Transformation Journey

- **Transformation** is our goal for a strong, robust, resilient, tribal health system
  - highly performing and quality health system
  - rights and shared responsibility
  - health and wellbeing communities and Tribe

- **Public health approach** and **Indigenous approaches to health and wellbeing** are connected and can support the transformation
Landscape – Journey

- Underlying and guiding this transformation are **Indigenous approaches**
  
- Indigenous knowledge, ways, experience
  - align with the public health approach
  - reflect systems integration, and
  - **hold the hope and aspiration** for a transformed tribal health system
Gathering of Native Americans (GONA):

Cyclical
Relational
Ongoing
Connected
Way

NORTH
- Promoting Commitment

WEST
- Working Together

SOUTH
- Building Skills

EAST
- Building Relationships
Public Health Practice

- Leadership and systems thinking
- Financial planning and management
- Public health science skills
- Community dimensions
- Cultural competency
- Communication skills
- Policy development /program planning
- Analytical assessment skills (FPH, 2016).
Alignment with public health performance management

Take definition:

Performance management is the practice of actively using performance data to improve public health. This involves using measures and standards to establish performance targets and goals’ prioritizing and allocating resources; informing managers about needed adjustments or changes in policy or a program’s direction to meet goals; framing reports on the success in meeting performance goals; and improving the quality of public health practice (Centers for Disease Control and Prevention [CDC], 2017).
Indigenous approach to an integrated public health performance model
Performance is not only **WHAT** we do
but **HOW** we do it!
Anticipated Benefits

- Healing fragmented systems
- Centered on Indigenous knowledge and ways
- Foundation of self determination
- Elevates public health – capacity and infrastructure support from tribal leadership
Anticipated Challenges

- Will and Trust
- Leadership
- Community
- Organization
- Resources
Summary

GONA Elements & Values

Integration of public health and health care delivery systems

Health System Transformation
Webinar Series

- An Integrated Public Health Performance Management Model
  - February 11, 2020
- Strong Tribal Governance for Community Health
  - March 17, 2020
Staying Connected

https://indigenousphi.org/

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