



American Clinical Board of Nutrition



A Certification Agency in Nutrition Accredited by the National Commission for Certifying Agencies

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DACBN Exam Practice Questions

1. The office visit at 6 months reveals the patient has become pregnant and has a history of contraceptive use and is developing carpal tunnel syndrome. What nutrient is most commonly deficient?
 - a. Vitamin E
 - b. Vitamin B6
 - c. Vitamin D
 - d. Vitamin B2

Answer C

2. At the patient's 3 month evaluation, they report urine testing showing the presence of high and frequent ketones daily. They also say they have lower energy and fatigue easily. It is most likely they need to daily increase their intake of what food group?
 - a. Lipids
 - b. Proteins
 - c. Carbohydrates
 - d. Fats

Answer C

3. On a 6 month follow-up evaluation the patient tooth enamel is showing early signs of mottling. What are they most likely getting in excess?
 - a. Boron
 - b. Chlorine
 - c. Silica
 - d. Fluorine

Answer D

4. Anticoagulants should not be taken with which of the following analgesics?
 - a. Acetaminophen
 - b. Pentazocine
 - c. Hydrocodone
 - d. Aspirin

Answer D

5. A strict vegetarian diet that does not include foods of animal origin may create what deficiency?
 - a. Cobalamin
 - b. Pyridoxine
 - c. Nicotinic Acid
 - d. Folic Acid

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The mission of the American Clinical Board of Nutrition is to ensure for the health, safety, and welfare of the public through an examination process that assesses professional and clinical competence of health care providers in nutrition