



Fall/Winter 2021

Harvest View News

From The Executive Director –Janet Glazar

Dear Residents, Families and Friends-

The world changed in March of last year and 2020 will be remembered as a year of lockdowns, fear, anxiety and – even– toilet paper shortages. The pandemic impacted most every facet of our life and we lived each day with the goal of keeping our residents, staff, and families safe. Many of us stopped looking forward to the possibilities of the future because we were just trying to get through each day. Admittedly, it is difficult to look forward with anticipation when you are overburdened with daily life, but challenging times often offer some wonderful reminders of what is important.

We were reminded that life is precious, a hug is priceless and that a virtual visit or phone call is good, but an in-person visit is spectacular.

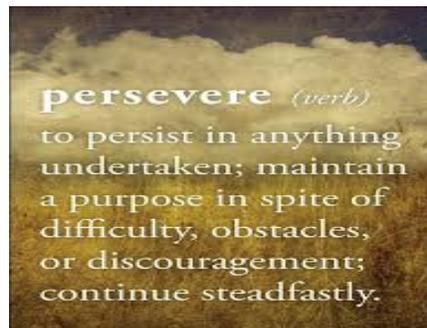
We were reminded of the importance of communication. It can alleviate fear and provide comfort when it is needed most. A phone call, email, or letter may be just what the recipient needed to get through the day.

We were reminded of the power of family and that the unwavering support we offer each other will be one of the main reasons we will make it through this pandemic. Please know that the notes and gestures of encouragement meant more than you will ever know and helped to carry us through the worst of it.

We were reminded that we are stronger and more resilient than we thought we were. We adapted and persevered and we did it together. We have leaned on our faith to get us through the toughest times. We put our faith in God and prayed for each other and our community.

I think I speak for everyone - we are so ready for a post-pandemic world!- but we must remember that we are not there yet. The impact of the pandemic is still strongly felt in staffing struggles, the impact of ongoing rising costs and lack of availability of almost everything! We sincerely appreciate your ongoing patience as we forge on through these difficult times. We must be diligent as we continue to move into a post pandemic world, we must not let our guard down. We urge everyone to continue to follow the infection control guidelines to protect yourself and others. Much like other struggles in life, we will persevere. The reminders of the past 19 months have strengthened our resolve and our Harvest View family! Together we can make it!

Jan



***100 Harvest View Lane
Herscher, Illinois 60941***

Hello from the front desk:

We try to keep all the family members updated with upcoming events and any changes in our Covid-19 visitation guidelines via email. We also send our monthly activity calendar that is always full of a variety of fun activities for all of our residents to participate in. If you know someone who would like to be added to our email list please contact me at mrattin@harvestviewliving.com and I will add them to the list.

I would like to personally thank our volunteers who donate their time on the weekend to help check-in the visitors to our facility. Your help is greatly appreciated not only by Harvest View but also from the families and friends of our residents.

Many residents and family members have asked if we offer online bill pay. I am pleased to announce we are currently closely working with a local company to implement a system through our webpage. This will offer a safe, secure, and convenient way to pay invoices online without the hassle of mail delivery. On October 1st, 2021 the U.S. Postal Service has slowed mail delivery in an effort to slash costs. Many payments are not being received before their due dates. We hope to have this implemented shortly after the 1st of the year and hope many residents and families will utilize this cost effective system. We will provide more details as we finalize the program.

Michele Rattin, Director of Business



Highlighted Activity Events from October

1st Town Wide Garage Sale/ 6th Precious Poochie Smooches with Georgie the Dog

11th American Tribe Equine Therapy Horse visit with Vickie Burnette/18th Pumpkin Painting Contest

19th Oktoberfest/26th Fall Foliage Drive/ 29th Trick or Treating on patios outside the building 3-4 pm

Wellness Wednesdays include:

Aromatherapy and Manicures/ Seated Weight Training/ Chair Yoga/ Laughter Yoga/ TED Talks

Highlighted Activity Events in November

3rd Motivational Speaker – Glendal Kilbride/ 5th Celebrity Chef and Happy Hour/10th Veteran Pinning Ceremony/ 13th Vocal Performance by Sara Hazelrigg/18th Art with Jan Glazar – painting techniques/ 19th Staff Chili Cook Off/25th Thanksgiving Feast

**** RESIDENT SHOPPING****

The lack of availability of grocery and personal items for residents is becoming more of a challenge due to lack of inventory in the stores when we shop for residents weekly. Given the limited time our staff can schedule for shopping, and the limited inventory-many times, the residents may be disappointed with the lack of items found on their weekly shopping lists.

***If family members could help in any way to shop for their loved ones, it would help greatly!

Besides shopping in person locally for your resident, and delivering them to our facility, online orders can be shipped right to your resident's apartment!

We want to try to make everyone as happy and satisfied as we possibly can –
Thank you for your help!

Look for upcoming information on our Christmas Party in December!

Mary Hafner, Activities Director



From Maintenance Director

Fall is the perfect time to get things ready before the big winter chill sets in. Planting trees or shrubs in the fall gives an extra growing season before the stress of summer. Just be sure to keep them well watered until the first freeze of the season. This gives them plenty of moisture to last until spring.

Fall is also a good time to change all the batteries in your smoke detectors.

Don't forget to run or drain the fuel out of your lawn mower or any other power equipment before the winter weather strikes. Unused gas left in equipment over the winter can get stale, gum up the carburetor and invite rust. The other option is to add some fuel stabilizer to the tank to prevent damage from occurring.

Steve Carr, Director of Maintenance



From The Kitchen - We want to thank you for your patience and understanding as we continue to struggle with the effects of the COVID-19 pandemic. As you know, the pandemic has impacted all departments, including Food and Nutrition. Food costs have skyrocketed. Availability on most items is scarce. The driving forces behind these cost increases are simply supply and demand. Labor shortages, factory shutdowns, and supply chain disruptions, including delays in shipping and truck deliveries, rising raw materials and rising transportation costs just accelerate the problem. Scarcity in our food orders are found in everything from your favorite Soda Pop to disposable "to go" containers and everything in between. Unfortunately, it will take some time for this to stabilize. In the meantime, given the circumstances, we will do our best to provide you with the delicious meals you have come to expect.



We also kindly ask residents not to come to meal time until the time when the scheduled meal times begin. Staff is busy preparing the food in the kitchen prior to each meal time and will not be able to serve until the following times. We do not want to upset anyone if it seems they are waiting for staff

Please arrive no earlier than:

7 am for Breakfast, 11 am for lunch, 4pm for Dinner

Thank you for your cooperation and understanding!

Note of Wellness

Why get vaccinated?

Influenza Vaccine can prevent **influenza (flu)**.

Flu is a contagious disease that spreads around the United States every year, usually between October and May. Anyone can get the flu, but it is more dangerous for some people. Infants and young children, people 65 years and older, pregnant people, and people with certain health conditions or a weakened immune system are at greatest risk of flu complications.

Pneumonia, bronchitis, sinus infections, and ear infections are examples of flu-related complications. If you have a medical condition, such as heart disease, cancer, or diabetes, flu can make it worse.

Flu can cause fever and chills, sore throat, muscle aches, fatigue, cough, headache, and runny or stuffy nose. Some people may have vomiting and diarrhea, though this is more common in children than adults.

CDC recommendations

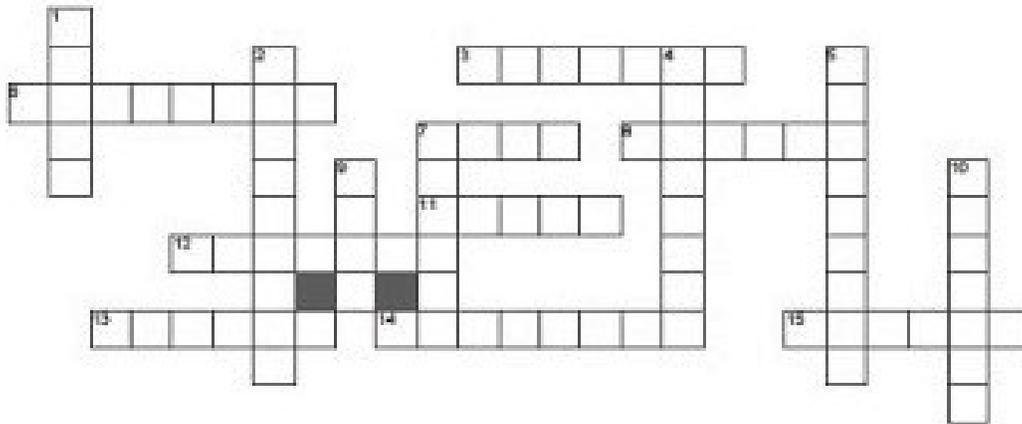
CDC recommends everyone 6 months and older get vaccinated every flu season. **Children 6 months through 8 years of age** may need 2 doses during a single flu season. **Everyone else** needs only 1 dose each flu season.

It takes about 2 weeks for protection to develop after vaccination.

Jamie Sparenberg, Director of Nursing



Fall Crossword



ACROSS

3. The process or period of gathering in crops
6. Last month of Fall
7. Vegetable that grows in stalks
8. Another name for Fall
11. A variety of this fruit is marketed as "Autumn Glory"
12. You can use it to make a pie or for carving
13. What falls from a tree in Fall
14. An organized day or period of celebration.
15. Fall leaves color

DOWN

1. Fruit of the oak tree
2. First month of Fall
4. Likes to store and eat nuts
5. They fall to the ground in this season.
7. Make or become different
9. You can gather fallen leaves with this
10. Spring, Summer, Fall, Winter are the four

FALL REFLECTIONS 2021

ART EXHIBITION



Harvest View
100 Harvest View Lane
Herscher, IL 60941
www.harvestviewliving.com



Join us to celebrate the artwork of local, regional and national artists and the opening of our Fall Reflections Art Exhibition
Exhibition Runs November 2 to December 10th, 2021
Go to www.harvestviewliving.com

We are looking forward to this upcoming event!

- Residents' Reception- and Artist Commentary – 10-28-21 1pm –
- Public Opening Reception for Vaccinated Artists and Guests

In the meantime, stay safe and well!

HONORARIUMS

We are grateful to all those that have so generously donated in memory of their loved ones.

In honor of these dear ones, we are pleased to share that we have purchased two sets of extra shaded seating to the deck in back for the enjoyment of all-

In Memory of:

Gen Berger

Ken Burch

Bill Flageole

Harold Fournier

Mary Hertz

Mike Irle

Dora Mann

Aldine O'Brien

Dorene O'Connor

Marion Panozzo

Roscella Piper

Robert Siawrys

Gene Wood

We are looking forward to a formal “ribbon cutting” in the Spring when weather permits.

