**Women with  
Disabilities Australia**

**A drawing of a cartoon character

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**You are pregnant. What can you do?**



A drawing of a cartoon character

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This book is about your **choices** when

you are **pregnant**.



We wrote this book for women and girls with **disability.**



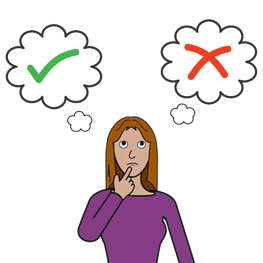
Read more about **disability** in our book **New Words.**



We are Women with Disabilities Australia.

****

**You are pregnant**

****

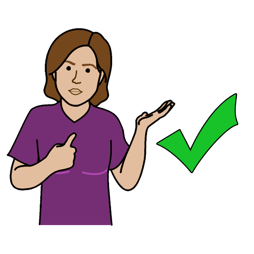
You have somechoices.

**A drawing of a person

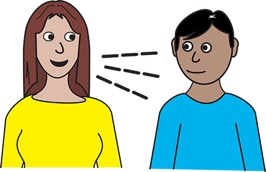
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It can be very **hard** to make this choice.

**But**



It is **your** choice.



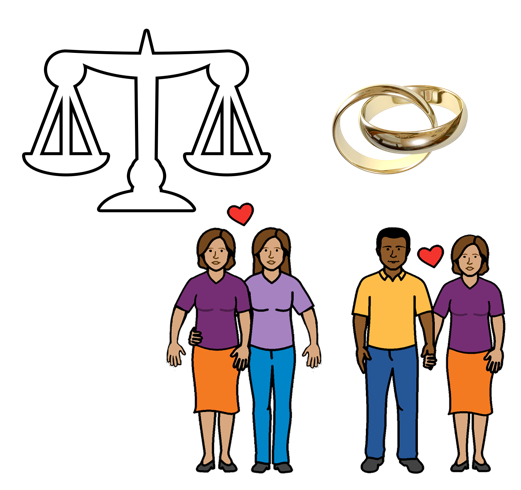
Talk to someone you **trust**.

Like:

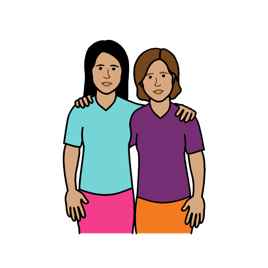
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* your doctor



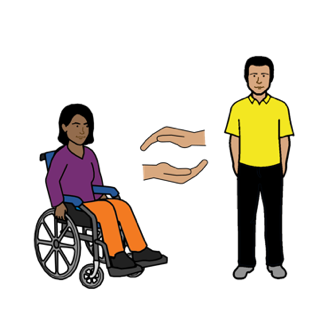
* your partner



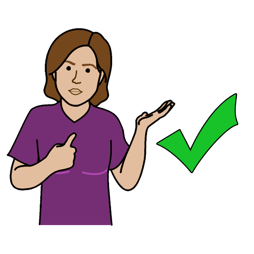
* your friend
* a family member



* your support worker



* an advocate

**There are 3 choices**

It is **your** choice.

****

**1. Have the baby.**

You give birth to the baby.

You are a **parent.**

****

**2. Have an abortion.**

You do something to stop you being pregnant.

You do **not** have a baby**.**



**3. Adoption or Foster.**

You have the baby.

**But**

You **give** the baby to a different family.



1. **Have your baby. Be a parent**

****

You find out you are pregnant.

You need to see your doctor.

****

****

Your doctor will help you look after:

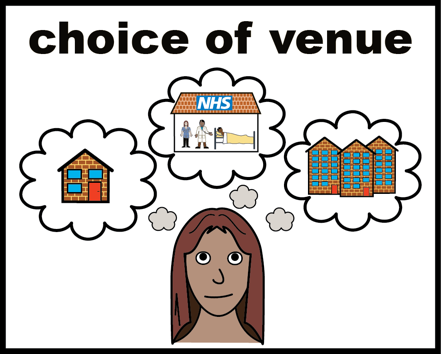
* your health

**and**

* the health of your unborn child.

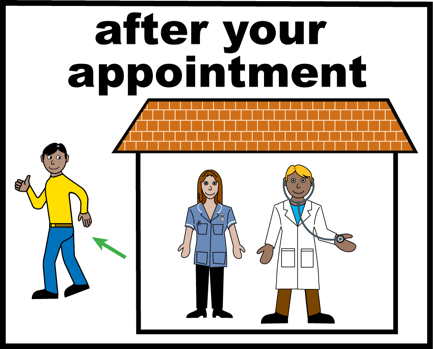


Your unborn child is called a **foetus**.

You need to choose where to have

your baby.

It can be:



* in a hospital

**or**



* at home.

****

Talk to your doctor about this.

1. **Abortion**

You do something to **stop** being pregnant.

****You can:

* have a **small** operation.

It will be in a hospital.

**or**



* take some medicine.

****

**Talk** to your **doctor.**

Your doctor will help you choose.

****

Sometimes your doctor does **not** want

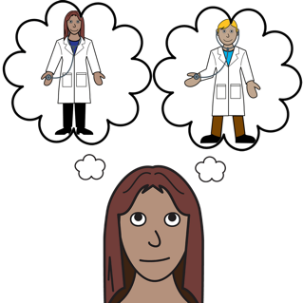
to help you. That is OK.

**but**

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Your doctor must find you a doctor to help you.



You can also **choose** to see a different doctor.

1. **Adoption or Foster**

You have the baby.

**But**

You give the baby to another family.



You will **not** be a parent.

****

Talk to your doctor about this.

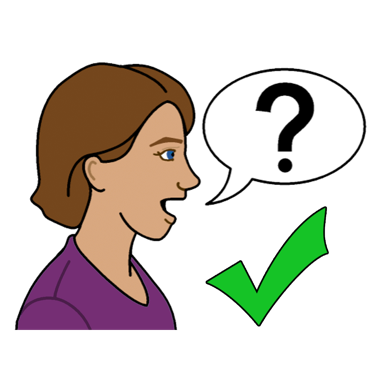
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Your doctor will help you look after:

* your health

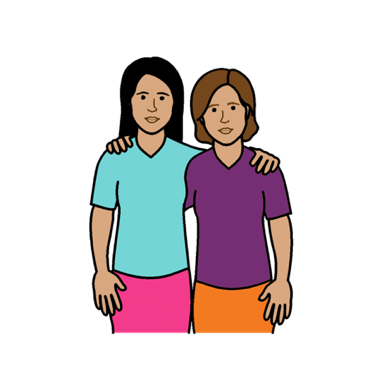
**and**

* the health of the unborn child.

****

**To find out more**

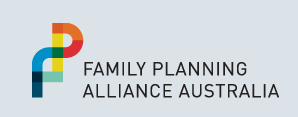
You can talk to:



* a friend
* a family member

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* your doctor
* A screenshot of a computer

  Description automatically generatedyour local Family Planning Service.   
  Go to: www.[familyplanningallianceaustralia.org.au/services](http://familyplanningallianceaustralia.org.au/services/)

A close up of a sign

Description automatically generatedYou can use the **National Relay Service**

when you call a service

Call: ………….. 1800 555 677

TTY: …………. 133 677

A picture containing clipart

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Need a translator

Call ………….. 131 450

**Thank you**

**Who wrote this book?**

Women with Disabilities Australia wrote this book in 2019-2020.

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The National Disability Insurance Scheme gave Women with Disabilities Australia some money to help build this website.

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