

Starting with CPR Colour

Kick start your confidence by learning the ins and outs of the unique CPR Colour system.



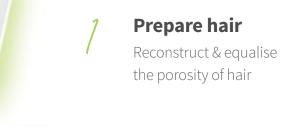
- CPR Colour Bonding System
- The CPR Colour System
- CPR Colour Wheel
- Underlying Pigments
- Powder Lightener
- Toning

- High Lift
- Cool and Warm Grey coverage











Colour Prep





Colour service

Strengthen, nourish and protect whilst colouring hair



CPR Colour & Developer



Colour Advantage



Treat hair

Secure colour within the hair Rinse-out treatment



Colour Secure



After care

Seal down & protect the cuticle Leave-in miracle colour extender



Vitalink™





Prepare hair

Reconstruct & equalise the porosity of hair



Colour Prep

Porosity Equaliser
Use before & during colour services
Improve colour penetration & retention

N natural technology Vegetable & Soy Protein, Colza Plant, Grape & Sunflower Seed Extract & Panthenol
220mL



Detox *If required

Sulphate free cleansing shampoo Removes impurities & build-up Prepares hair for professional services

natural technology Wheat Protein+ Bio-degradable Chelating Agent500mL

Colour service

Strengthen, nourish and protect whilst colouring hair



CPR Colour & Developer

Hybrid technology: 1 tube - 6 results Beautiful, uniform colour results Advanced micro-pigment technology Deeply nourished & protected

N natural technology Quinoa Protein, Sunflower Seed Extract, Jojoba, Argan, Olive & Meadowfoam Seed Oil

120mL | 1L Developer



Colour Advantage

Bond Multiplier, Colour extender Colour lasts longer with more vibrancy Soothes, calms & protects the scalp

Add 10% CPR Colour Advantage to all CPR Colour & Powder lightener mixations 500mL







Treat hair

Secure colour within the hair Rinse-out treatment



Colour Secure

Oxygen Stability Creme Stabilises & secures colour molecules Prolongs colour life, amplifies shine

natural technology Jojoba Oil, Quinoa, Baobab & Wheat Proteins, Grape & Sunflower Seed Extract & Panthenol



After care

Seal down & protect the cuticle Leave-in miracle colour extender



Vitalink™

900mL

Leave-in bond multiplier, colour extender Strengthens hair by up to 40% Smooths & seals the cuticle

№ natural technology Quinoa & Carob Protein & Sunflower Seed Extract + Aminodew 10mL

Instant Miracle Treatment: On towel dried hair, apply a small amount through mid-lengths and ends. Massage through with fingers & disperse using a wide tooth comb. Leave-in. Follow with CPR products & style as desired.



CPR Colour hybrid technology

01 | Semi colour

02 Demi colour

03 Toning

04 Permanent Colour

1 Tube = 6 Results

05 Grey Coverage

06 | High Lift







CPR Developer lift & application

CPR Crème Developers are formulated to achieve optimal results with CPR Colour.

Benefits:

- Infuses condition, softness & shine
- pH stabilised for consistent results

Natural Technology

Olive Oil & Meadowfoam Seed Oil

Crème Developers

5vol - 1.5%	Toning Formulations Semi Colours Demi Colours
10vol - 3%	Permanent Colours Level-on-level Grey Coverage Up to 1 level of lift
20vol - 6%	Permanent Colours Grey coverage 1 to 2 levels of lift
30vol - 9%	Permanent Colours High-Lift Blondes 2 to 3 levels of lift
40vol - 12%	Permanent Colours High-Lift Blondes 3 to 4 levels of lift



CPR Developer hybrid results

Hybrid colour technology

Changing the developer strength, mixing ratio & timing, will determine the colour results achieved.

Colour Result	Mixing Ratio (Colour + Developer)	Developer	Timing (No Heat)	Timing* (Gentle Heat)
Toning Formulas Ammonia-free Toners	1+1 (faster toning) 1+2 (slower toning)	5vol-1.5%	Visual timing	Not recommended
Semi Colours	1+1+1 1-part CPR Colour + 1-part CPR Developer + 1-part CPR Colour Secure	5vol-1.5%	20 mins	10 mins
Demi Colours	1+1	5vol-1.5%	25 mins	12 mins
Permanent Colours	1+1	10vol-3%, 20vol-6%, 30vol-9%, 40vol-12%	35 mins	17 mins
Grey Coverage	1+1	10vol-3%, 20vol-6%	35 - 45 mins	17 - 22 mins
High Lift Blondes	1+2	30vol-9%, 40vol-12%	50 - 60 mins	25 - 30 mins

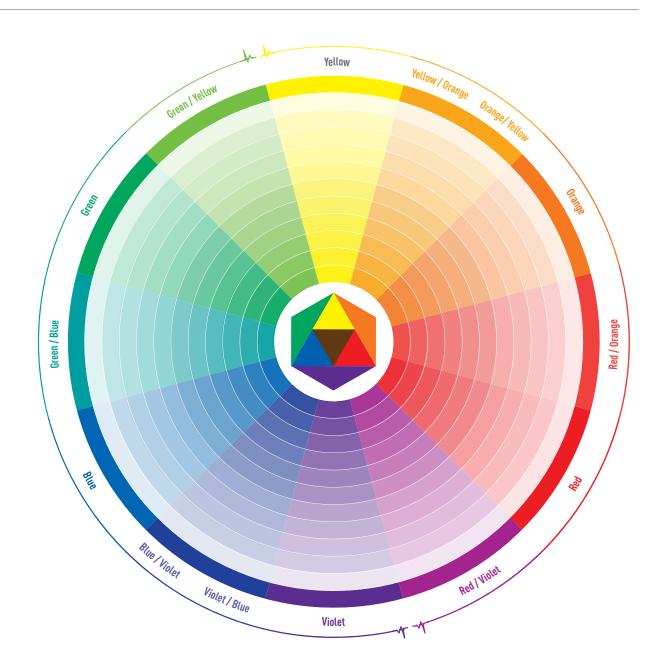
^{*}Timing using any type of gentle heat: Allow the hair to cool down for up to 3 minutes before rinsing





The CPR colour wheel







CPR Colour number system

12 (HL)	High Lift
PV	Pure Vibrants
Т	Ammonia-free Toners

.0	Natural
.00	Intense Natural
.7	Chocolate
.71	Chocolate Divine
.11	Matte Ash
.1	Ash
.3	Gold
.32 /.31	Beige
.4	Copper
.6	Red
.5	Mahogany
.2	Violet
.12	Cendre



CPR Colour number system

e.g. 3.226

Dark Intense Violet Red Brown



- 3 | Dark Brown (Level)
- 2 | Violet (Primary Reflect)
- 2 | Violet (Secondary Reflect)
- 6 | Red (Tertiary Reflect)



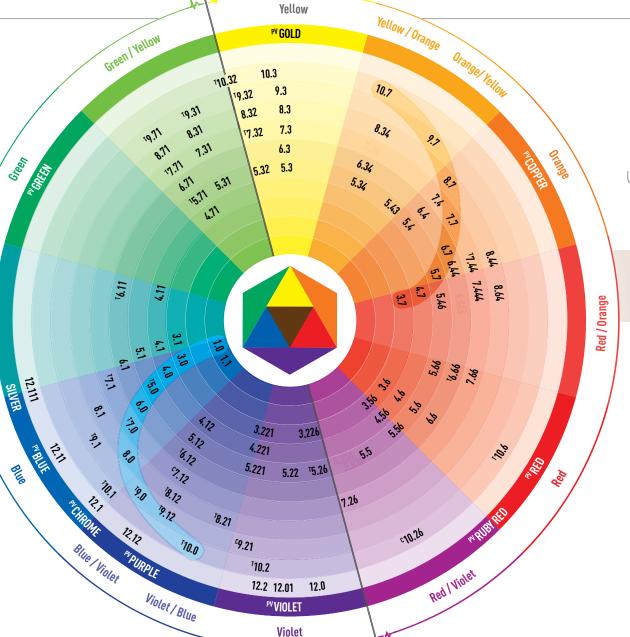


Underlying Pigments & counteracting colours

Natural level of depth		Underlying pigments	Counteracting colours
10	Lightest Blonde	Palest Yellow	Violet
9	Very Light Blonde	Pale Yellow	Violet
8	Light Blonde	Yellow Orange	Violet Blue
7	Blonde	Orange Yellow	Blue Violet
6	Dark Blonde	Orange	Blue
5	Light Brown	Red Orange	Green Blue
1-4	Black to Brown	Red	Green



The CPR colour wheel



Warmer colours 100% grey Coverage

Use the .7 Chocolate series for 100% Grey Coverage

Warmer Colours

Cooler Colours

Cooler colours 100% grey Coverage

Use the .0 Natural / .00 Intense Natural series for 100% Grey Coverage

Green / Blue



Client colour history

No matter what results you're hoping for, ask your client their colour history. In depth consultation is key when lightning or colouring hair to achieve on target, even results.

Ask about your client's needs:

- Personality, lifestyle, career, medication
- What your client wants to achieve
- Do they want High or low maintenance
- How often they intend visiting the salon
- Products being used at home
- Time spent daily on styling and methods
- Likes or dislikes of previous visit
- Ever had skin sensitivity or a medical condition of the hair/scalp/alopcecia

Ask about your client's previous colour history:

- Date of last colour
- Professional in salon Semi, Demi, Permanent colour
- Home box colour
- Do they like to change their hair colour each visit





CPR Colour

Cooler Colours

grey coverage

Cool or Warm

Cool: Use .0 Naturals or .00 Intense Naturals

as your base

Warm: Use .7 Chocolates as your base

Natural / Chocolate or Fashion

Is the result you want to achieve a natural / chocolate result or a Fashion result.

% of Grey

0% - 30% Mostly natural hair

30% - 60% Salt & pepper hair

60% - 100% Mostly Grey (white) hair

Use .0 Natural / .00 Intense Naturals Use .7 Chocolates for Grey Coverage **Cool Fashion Natural** % Grey Chocolate **Warm Fashion** 0-30% Apply your Apply your Apply your Apply your Mostly cool fashion shade .0 Natural .7 Chocolate warm fashion shade natural Mix 1-part Mix 1-part 30-60% .0 Natural Apply your Apply your .7 Chocolate Salt & + 2-parts cool .0 Natural .7 Chocolate + 3-parts warm pepper fashion shade fashion shade Mix 1-part Mix 1-part 60-100% Apply your .7 Chocolate .00 Intense Natural Apply your .7 Chocolate (1-Level darker) + 1-part cool .00 Intense Natural (1-Level darker) + 3-parts warm fashion shade fashion shade

Warmer Colours

Developer Strength

Application Method 20vol-6% For standard Grey coverage10vol-3% For Grey coverage resultson fine hair or blended results on normal hair

Regrowth Application
Virgin Application
Resistant Grey Coverage

- 1. Cool or Warm
- 2. Natural or Fashion
- 3. % of Grey
- 4. Developer Strength
- 5. Application Method





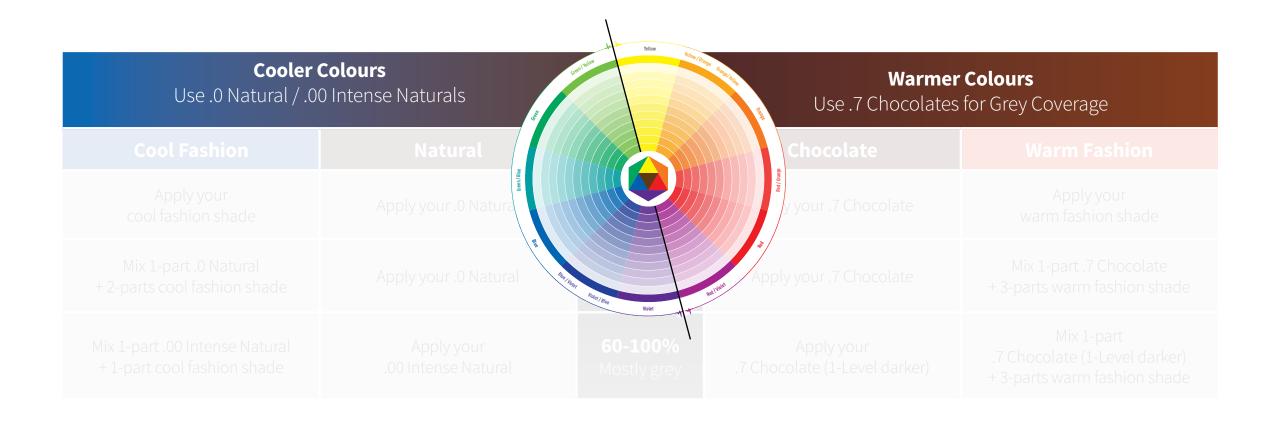
grey coverage

Cool or Warm

Cool: Use .0 Naturals or .00 Intense Naturals

as your base

Warm: Use .7 Chocolates as your base





grey coverage

Natural / Chocolate or Fashion

Is the result you want to achieve a natural / chocolate result or a Fashion result.

Cool Fashion	Natural	% Grey	Chocolate	Warm Fashion			
coo(eg.1)ade	Apply .0 / .00 tural		Apply colate	warn eg .6			
Mix 1-part.o Natural + 2-parts cool fashion shade	Apply your .0 Natural		Apply your .7 Chocolate	Mix 1-part : r chocolate + 3-parts warm fashion shade			



CPR Colour grey coverage

% of Grey

0% - 30% Mostly natural hair

30% - 60% Salt & pepper hair

60% - 100% Mostly Grey (white) hair

	% Grey	Chocolate	
	0-30% Mostly natural	blate	
	30-60% Salt & pepper	blate	
	60-100% Mostly grey	Apply your Total darker)	



grey coverage

Developer Strength

After determining which formula to follow, select the appropriate developer for your formulation 20vol-6% For standard Grey coverage

10vol-3% For Grey coverage results on fine hair or blended results on normal hair

Warmer Colours

Use .7 Chocolates for Grey Coverage

Apply your cool fashion shade	Apply your .0 Natural	Apply your .7 Chocolate	Apply your warm fashion shade
Mix 1-part .0 Natural + 2-parts cool fashion shade	Apply your .0 Natural	Apply your .7 Chocolate	Mix 1-part .7 Chocolate + 3-parts warm fashion shade
Mix 1-part .00 Intense Natural + 1-part cool fashion shade	Apply your .00 Intense Natural	Apply your .7 Chocolate (1-Level darker)	Mix 1-part .7 Chocolate (1-Level darker) + 3-parts warm fashion shade



grey coverage

Application Method

Regrowth Application
Virgin Application
Resistant Grey Coverage (advanced)

Cooler (Use .0 Natural / .0	Colours O Intense Naturals	Warmer Colours Use .7 Chocolates for Grey Coverage				
Cool Fashion	Natural	% Grey	Chocolate	Warm Fashion		
Apply your cool fashion shade	Apply your .0 Natural	0-30% Mostly natural	Apply your .7 Chocolate	Apply your warm fashion shade		
Mix 1-part .0 Natural + 2-parts cool fashion shade	Apply your .0 Natural	30-60% Salt & pepper	Apply your .7 Chocolate	Mix 1-part .7 Chocolate + 3-parts warm fashion shade		
Mix 1-part .00 Intense Natural + 1-part cool fashion shade	Apply your .00 Intense Natural	60-100% Mostly grey	Apply your .7 Chocolate (1-Level darker)	Mix 1-part .7 Chocolate (1-Level darker) + 3-parts warm fashion shade		

Cooler Colours

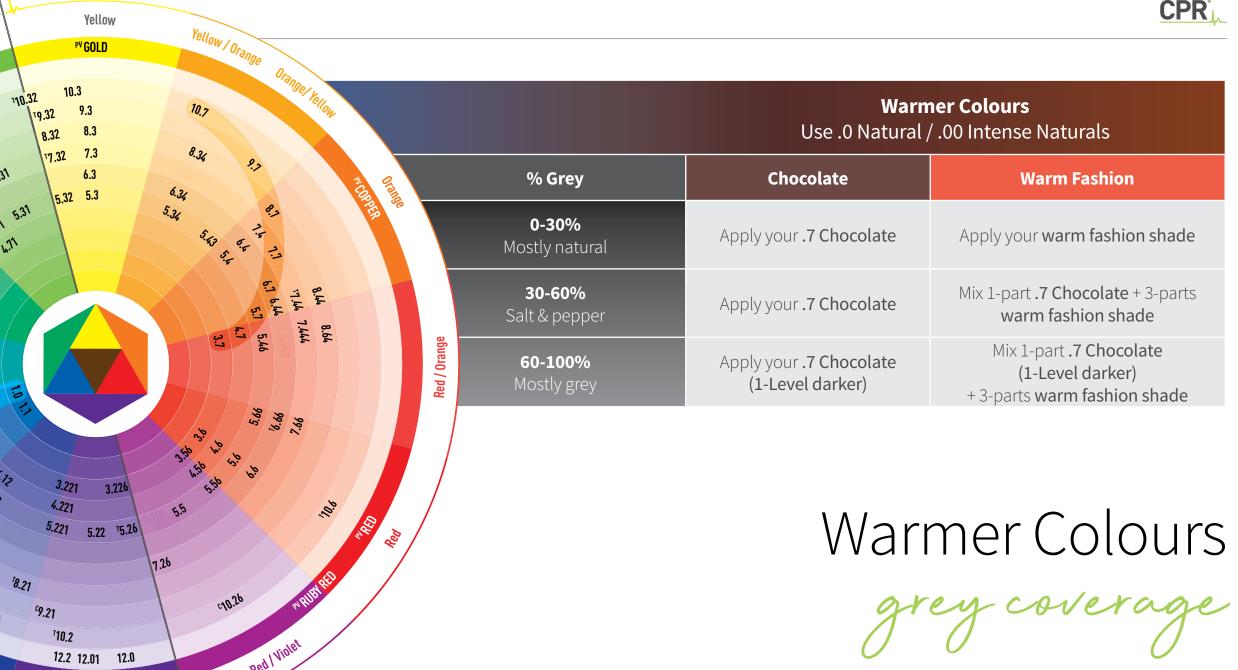
grey coverage

	Cooler Colours Use .0 Natural / .00 Intense Naturals						6.1	3.7 3.0	1.0 1.1		
	Cool Fashion	Natural	% Grey		12.111 SILVER		7.1		£20		3.51
Ī	Apply your cool fashion shade	Apply your .0 Natural	0-30% Mostly natural		BILLE	Ţ,	8,0	5.12 C7.12	12	3.221 3.226 4.221 5.221 5.22 15.26	5.5
	Mix 1-part .0 Natural + 2-parts cool fashion shade	Apply your .0 Natural	30-60% Salt & pepper			CHRONE	12,12	9.12	'8.21	9.21	7.26
	Mix 1-part .00 Intense Natural + 1-part cool fashion shade	Apply your .00 Intense Natural	60-100% Mostly grey			Aue)		PPLE Violet / Blue		⁷ 10.2 12.2 12.01 12.0 PV VIOLET	
								, 6(4)		Violet	

PV GOLD

5.32 5.3





PV VIOLET



Standard

grey coverage

Ratio

1+1



20g



+20g



+4g (10%)

Regrowth Application

02

03

04

O1 Prep: Spray CPR Colour Prep on regrowth area

Ratio: 1:1 with 10vol-3% or 20vol-6%

Mix: CPR Colour + Developer

+ 10% Colour Advantage

Apply: target colour to regrowth (1-1.5cm)

Process: 35 - 45 minutes (17 - 22 minutes with

gentle heat)

Finish: emulsify + rinse + CPR post colour service

Virgin Application

O1 Prep: Spray CPR Colour Prep from roots to ends

Ratio: 1:1 with 10vol-3% or 20vol-6%

Mix: CPR Colour + Developer + 10% Colour Advantage

Apply: leave 1-1.5cm from scalp (regrowth) mid-lengths to ends

Process: 10 minutes (no heat)

Apply: fresh CPR Colour mix to scalp

Process: 35 minutes (17 minutes with gentle heat)

Finish: emulsify + rinse + CPR post colour service

HL

High-Lift Blondes

Toning Reflect

12.0High-Lift Natural Blonde

Lightest Violet

12.01

High-Lift Natural Ash Blonde Light Violet

12.2 High-Lift

High-Lift Violet Blonde Violet

12.12

High-Lift Ash Violet Blonde

Blue / Violet

12.1 High-Lift Ash Blonde

Light Blue

12.11

High-Lift Intense Ash Blonde Blue

12.111 High-Lift Extra

Ash Blonde

Blue / Green

CPR SILVER is a 'Lift & Tone' additive that increases lifting ability & toning reflect of your High-Lift Blonde colour mix. Do not add extra developer.

SILVER

for a cooler result

Add 10% Increases tone

Silver Additive Add 25% Extra 1/2 level of lift & increases tone

CPR Colour highlift blandes

Natural Level of Depth

Remove the .0 Natural / .00 Intense Natural page from the CPR Colour Chart & hold against your client's hair to determine your clients level of depth.

Toning Reflect Required

The High-lift Blondes swatches in the CPR Colour Chart show the toning reflect, not end result. **eg:** CPR 12.0 has minimal tone, whereas CPR 12.111 has maximum tone. For additional lift & tone add CPR SILVER to your High-lift blonde colour mix.





Guidelines high lift blandes

Ratio

1+2 +10%



20g

05



+40g



+ 6g (10%)

Regrowth Application

02

03

O1 Prep: Spray CPR Colour Prep evenly throughout hair

Ratio: 1:2 *with* 30vol-9% or 40vol-12%

Mix: CPR High-lift + Developer + 10% Colour Advantage

Apply: colour to regrowth (1-1.5 cm)

Process: 50 - 60 minutes (25 - 30 minutes

with gentle heat)

Finish: emulsify + rinse + CPR post colour service

Virgin Application

O1 Prep: Spray CPR Colour Prep evenly throughout hair

Ratio: 1:2 with 30vol-9% or 40vol-12%

Mix: CPR High-lift + Developer + 10% Colour Advantage

Apply: colour mix to mid-lengths & ends leaving approximately 1-1.5cm of the root area untouched.
 Process: 15 minutes (7 minutes with gentle heat)

Mix & Apply: a fresh High-lift colour mix & apply to the roots

Process: 50-60 minutes (25-30 minutes with gentle heat)

Finish: emulsify + rinse + CPR post colour service



CPR SILVER highlift additive

Extra Lift + Tone additive that increases lifting ability & toning reflect of your High-Lift Blonde colour mix. Add between 10% to 25%. Do not add extra developer.

10%

Increase tone for a cooler result

eg: 20*q* 12.12 + 2*q* SILVER + 40*q* 40*vol*-12%

+ 6.2q CPR Colour Advantage (10%)

Extra 1/2 level of lift with additional toning for a cooler blonde result

25%

eg: 20q **12.111** + 5q **SILVER** + 40q **40vol-12**% + 6.5q CPR Colour Advantage (10%)



CPR SILVER is a 'Lift & Tone' additive that increases lifting ability & toning reflect of your High-Lift Blonde colour mix. Do not add extra developer.

SILVER Lift & Tone

Add 10% Increases tone for a cooler result Silver Additive

Add 25% Extra ½ level of lift & increases tone

High-lift Blonde additive only. *Not for use with toning formulations.* 13

CPR Colour additives

CPR .000 Clear gloss Pastelise any CPR Colour

• Use on its own as an In-salon gloss treatment

CPR BOOST
Colour lightening
booster

- Boost the lifting ability of WARM fashion reflects. Dilutes reflect. Not recommended for High-Lift Blonde formulations.
- Lighten natural colour, break through artificial colour or assists in the removal of direct dye pigments.









Beautiful pastel colours

As CPR Colour is a hybrid colour system, you can pastelise any colour by adding CPR .000 Clear Gloss to the colour mix.

It is essential to pre-lighten your client's hair to the ideal level, remembering that any underlying pigment left in the hair will contribute to the final result.



- O1 Pre-lighten your client's hair to the ideal level
- **Prep:** Spray CPR Colour Prep from roots to ends
- Create your CPR pastel colour mix:

 5g CPR fashion shade + 25g .000 Clear Gloss
 + 30g Developer + 6g Colour Advantage (10%)
- Apply: pastel colour mix to pre-lightened hair.

 Process: Visually (not recommended with heat).
- **Finish:** emulsify + rinse + CPR post colour service





In-salon gloss treatment

You can also use .000 Clear Gloss to add shine to existing colour without adding depth.



- Shampoo hair using CPR Detox Shampoo Rinse & Towel dry hair
- **Prep:** Spray CPR Colour Prep from roots to ends
- Create your CPR .000 Clear Gloss treatment:
 20g CPR .000 + 20g 5vol-1.5% + 20g Colour Secure
 + 6g Colour Advantage (10%)
- Apply: To the target area.

 Process: 20 minutes (10 mins with gentle heat*).
- **Finish:** emulsify + rinse + CPR post colour service



CPR BOOST lightening booster

Boost the lifting ability of WARM fashion reflects.

The strength of developer, hair texture & porosity will affect levels of lift. When adding BOOST, add the same amount of Pure Vibrants to maintain the intensity of the fashion reflect. Note: If using more than 25% CPR Pure Vibrants in your colour mix, add extra developer for increased colour spreadability.

Target Colour: 20g 5.66

Additives: + 5g BOOST + 5g RED

Mix 1+1: + 25g **Developer**

Advantage: + 5.5g Colour Advantage (10%)

Add 50%

Add

25%

Target Colour: 10g **7.444**

Additives: + 5g BOOST + 5g COPPER

Mix 1+1: + 20g **Developer**

Advantage: + 4g Colour Advantage (10%)



CPR BOOST lightening booster

Lightens natural colour, breaks through artificial colour & assists in removal of direct dye pigments.

Note: If removing artificial colour or direct dye, conduct a test strand before proceeding.



- Shampoo hair using CPR Detox Shampoo Rinse & Towel dry hair
- **O2 Prep:** Spray CPR Colour Prep from roots to ends

Create your CPR BOOST mix:

- 20g BOOST + 40g Developer + 6g Colour Advantage (10%)
- Apply: To the target area.Process: Visually (not recommended with heat).
- **Finish:** emulsify + rinse + CPR post colour service



CPR Colour toning theor



Whether staying on level or lightening, remember that the underlying pigments within hair will contribute to your final colour result.

For example: If you lighten hair from a level 5 to level 8, the underlying pigment left in the hair will be Yellow/Orange. Where as, If you lighten to a level 9, the underlying pigment left in hair will be pale Yellow.

	Natura	al level of depth	Underlying pigments
N AT	10	Lightest Blonde	Palest Yellow
	9	Very Light Blonde	Pale Yellow
	8	Light Blonde	Yellow Orange
	7	Blonde	Orange Yellow
	6	Dark Blonde	Orange
	5	Light Brown	Red Orange
	1-4	Black to Brown	Red



CPR Colour toning theory

Colour Wheel Theory:

Colours that are opposite each other on the colour wheel neutralise and counteract each other. When colours not opposite to each other are combined, they form a colour between them.

The CPR Colour wheel shows the location of each colour making it easy to select the perfect shade for your toning formulations.





CPR Colour toning theory

Use it or lose it:

When deciding what to do with the underlying pigment left in the hair, many colourists use the terms "Use it" or "Lose it."



The warmth of the underlying pigment compliments & supports your target end result, so you can 'Use it' to your advantage.

The underlying pigment goes against your target end result, so you will need to 'lose it' by neutralising/counteracting this unwanted warmth.



CPR Colour toning formulations

With 5vol-1.5% Developer

CPR Colour is a hybrid colour system so every colour can be used as a toner formulation making it easy to:

- Neutralise & counteract unwanted reflects
- Add a fashion reflect to your final colour results

Toning highly porous hair: we recommend creating your toning formulation using a Semi Colour Mix or using the T Ammonia-free toners. Processing time is visual and not recommended with heat.

Faster toning

5vol-1.5%

Visual timing

Ratio

1+1 +10%



20g





+ 4g (10%)

Slower toning

5vol-1.5%

+20g

Visual timing

Ratio

1+2 +10% CPR.

CPR

+40g

Add 10% CPR Colour 10% Advantage

+ 6g (10%)

20g

)g

CPR Toners hybrid or ammonia-free

Hybrid Toners

Multiple ways to use from hard to tone/resistant hair and "breaking base" for soft regrowth result. Plus saves on space!

Ammonia Free T Toners

Ammonia Free T Toners are an alternative to our hybrid colour system used for deposit only (no lift) perfect for toning after lightening services. Is comfortable and gentle on application and has a pleasant ammonia free fresh fragrance.





CPR Fast Lift powder lightener



Fast lift 8 White

Superior conditioning properties for controlled lifting. Ideal for fine, medium or sensitised hair

- Mixing ratio 1:3 for creamy consistency
- Can be used with 5vol-1.5%, 10vol-3%, 20vol-6% or 30vol-9%.
- Use as part of the colour lightening bath.

№ natural technology

Keratin Protein, Argan Oil & Chamomile

Fast lift 9 Blue

Superior lifting power for strong, medium to coarse and dark hair types. Faster lifting results.

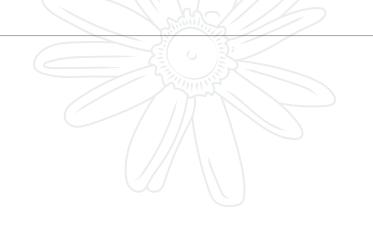
- Mixing ratio 1:2 for creamy consistency
- Can be used with 5vol-1.5%, 10vol-3%, 20vol-6%

№ natural technology

Quinoa Protein, Argan Oil



CPR Fast Lift powder lightener



Mixing Ra	tio
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Application & Developer

Timing



Fast lift 8 White

Superior conditioning properties for controlled lifting. Ideal for fine, medium or sensitised hair

1+3 Add 10% Advantage

On Scalp - up to 20vol-6%

Off Scalp - up to 30vol-9%

On Scalp - up to 20vol-6%

Off Scalp - up to 20vol-6%

Visual timing up to 50 mins*

Not recommended with heat



Fast lift 9 Blue

Superior lifting power for strong, medium to coarse and dark hair types. Faster lifting results.

1+2 Add 10% Colour Advantage

*Always conduct a thorough client consultation & analysis & apply your professional knowledge to determine the most suitable developer strength & processing times. Note: If removing artificial colour or direct dye, conduct a test strand before proceeding.



CPR Colour lightening bath

A colour lightening bath is a gentle and effective method of removing existing colour and buildup, correcting over-toned hair or gently lightening fragile hair.



O1 Prep: Spray CPR Colour Prep from roots to ends

Create your Colour Lightening Bath formula:

20g Fast Lift 8 white + 20g Developer + 20g Detox + 6g Colour Advantage (10%)

Apply: At the basin, whilst wearing gloves, apply mixture to hair. Gently work through the target area, avoiding contact with your client's scalp.

Process: Visually until desired result is achieved.

Finish: Rinse thoroughly & lightly cleanse hair using a suitable CPR Shampoo, rinse. Follow with CPR Colour Secure, rinse & towel dry.