



# GÖNGULEIÐIR Á HÚSAFELLI - HIKING TRAILS

## Húsafell, draumaland göngumannsins

Allt um kring eru heillandi og mis krefjandi gönguleiðir, þar sem alltaf ber eitthvað nýtt fyrir augu. Þéttir skógar, hraunmyndanir, kristaltærar uppsprettur, stórbrotin gil, jöklar, hvítfyssandi jökulár, fjölbreytt dýra- og fuglalíf, auk merkra fornminja og annarra mannvistarleifa sem segja ótal sögur um líðna tíð og sambýli manns og náttúru. Einnig gengur ferðalangurinn víða fram á sérstæðar höggmyndir listamannsins Páls Guðmundssonar, sem skerpa of tví svip landsins á nærgættinn hátt við náttúruna.

Hér má finna auðveldar gönguleiðir fyrir alla fjölskylduna (nr. 1, 4 og 6) og einnig eru áhuga-verðar leiðir fyrir þá brattgengu (nr. 3, 5, 8 og 10). Leið nr. 9 hentar hestamönnum, 2 og 7 eru góðar fyrir hjólréiðafólk. Flestar þessara leiða eru einnig hentugar fyrir hlaupara.

## Húsafell, hiker's paradise

Captivating hiking trails are all around Húsafell where something new can be seen at every step. Dense woodland, lava formations, crystal clear water springs, spectacular canyons, glaciers, foamy glacier rivers, diverse fauna and birdlife, in addition to old relics and signs of habitation telling tales of times long past, and the cohabitation of man and nature. The hiker will also walk past the unique sculptures of the artist Páll Guðmundsson, that tactfully interact with the land and bring out nature's many formations.

Easy hiking trails for the whole family can be found here (no. 1, 4 and 6) as well as interesting trails for more experienced or fitter hikers (no. 3, 5, 8 and 10). Trail no. 9 is suitable for horse riders and no. 2 and 7 are suitable for cyclists. Most of these trails are suitable for runners.

Húsafell

## TÁKN / SIGNS

- Stikuð gönguleið / Trailed hiking trail
- Upphaf gönguleiða / Start of hiking trails
- Auðveld gönguleið / Easy walk
- Kefjandi gönguleið / Challenging hiking
- Hlaupaleið / Running trail
- Hjólaleið / Cycling trail
- Reiðleið / Riding trail
- Söguslóðir / Historical areas
- Borhola / Bore hole
- Sjálfbær virkjun / Sustainable power plant

- 1 Oddaleið - Water trail**  
Beautiful woodland hike along Oddalindir and the river Hvítá.  
⌚ 2 klst. / 2 hours  
📏 5 km  
📏 10 m
- 2 Kiðárhlaup - Run along the river**  
Popular running trail along the airport and the main road back. Beware of air and road traffic.  
⌚ 1 klst. / 1 hours  
📏 4 km  
📏 20 m
- 3 Bæjargil - The artist's home canyon**  
Walk along both sides of the canyon. Interesting formations as well as sculptures by the artist Páll Guðmundsson from Húsafell.  
⌚ 2 klst. / 2 hours  
📏 5 km  
📏 300 m
- 4 Gömlu sporin söguhringur Follow the old footsteps**  
A historic hiking trail where interesting old relics of farming at Húsafell can be seen.  
⌚ 0.45 klst. / 0.45 hours  
📏 2.5 km  
📏 70 m
- 5 Hringsgil - Deildargil - Hraunfossar Canyons and waterfalls**  
Enchanting hiking trail in woodland with canyons and waterfalls.  
⌚ 3.5 klst. / 3.5 hours  
📏 11 km  
📏 200 m
- 6 Selgil - Hot water source**  
Majestic canyon, Teitsgil, from where hot water is drawn for heating and bathing at Húsafell. Many beautiful waterfalls in Selgil.  
⌚ 2.5 klst. / 2.5 hours  
📏 6.5 km  
📏 200 m
- 7 Kaldárbotnar - Hlíðarendi Water through lava**  
Water springs at Kaldárbotnar. Follow trails Prengli to Hlíðarendi, where travellers in the past, travelling between different regions of Iceland.  
⌚ 3.5 klst. / 3.5 hours  
📏 10.5 km  
📏 90 m
- 8 Reyðarfell - Hringsgil - Selgil Views - long hike - untouched nature**  
A long and challenging mountain trail with untouched nature, and views over a beautiful mountain range and glaciers.  
⌚ 6 klst. / 6 hours  
📏 18 km  
📏 470 m
- 9 Reiðleið - Horse riding**  
The old thoroughfare between the northern and southern part of the country that lies through Húsafell.  
⌚ 4 klst. / 4 hours  
📏 11.5 km  
📏 50 m
- 10 Jökulganga, Ok - Glacier hike**  
Ok is too small to be considered a glacier anymore. Walk up Bæjargil from the western side and south of the canyon there are small ponds. To hike to the highest point of Ok, walk east of the ponds.  
⌚ 10 klst. / 10 hours  
📏 24 km  
📏 1.000 m

