

**SCHAUMBURG PARK DISTRICT**  
**ADULT CO-REC VOLLEYBALL RULES (updated 9/13/16)**

I. LEAGUE RULES

- A. All matches will consist of three games to 25 points (must win by 2 points), with a 27 point cap, meaning that if the score is tied at 26, the next point wins, even if it's not by 2. Rally scoring will be used. Matches will be allowed 55 minutes of play. If 55 minutes has elapsed, then the final margin can be by 1 point, and in the event of a tie, the next point wins.
- B. A coin toss by the official will determine which team has the choice. Teams will exchange serve and court for the second game. Each team is allowed 1 (60 second) time out per game. No timeouts allowed in the third game.
- C. If match play is completed early, players must vacate the court 15 minutes prior to the start of the next match.
- D. Six players per team will play at one time. Position switching is allowed once the ball is served but rotation order must be reinstated for the next serve. Rotation of players' positions will be in a clockwise direction.
- E. If teams need to play with five players, the ghost rule will be enforced. *The ghost rule means that the team that is short-handed will automatically lose service for each spot in the rotation that a missing player is supposed to serve..* When the team's sixth player arrives he/she may enter the game at the server's position during the next side out. Teams may not play with 4-5 players each week. Teams are allowed to play with four players in an emergency situation to avoid a forfeit. Teams play with 3 girls and 3 guys or 4 girls and 2 guys or 5 girls and 1 guy; or 2 guys and 3 girls or 1 guy and 4 girls or 3 guys and 2 girls with ghost rule in effect; or 3 girls and 1 guy or 2 guys and 2 girls.
- F. Game time is forfeit time. The first game will be forfeited at the scheduled start time of the match, second game after ten minutes and third game after twenty minutes of scheduled start time.
- G. Player substitutions may be made at a given place in the rotation (usually server) or at a side out. Unlimited substitutions are allowed.
- H. Service will be lost for any of the following conditions: serving out of rotation order, serving before whistle, ball hitting any part of supports or ceiling, serving outside the playing area, not serving within the five seconds. **If served ball hits the net and goes over the net it is a live playable ball.**
- I. Team rosters are due at the first night of games. Rosters will be final after the third match of the season. Teams can list up to 20 players on roster.

All team players must be 16 years of age or older to participate in the adult volleyball leagues.

- J. Match results will be recorded by the game officials. Team captains should verify the results and sign the score sheet at the completion of each match.
- K. League standings and regular season champions will be determined by the following order:
  1. MATCH win-loss record
  2. GAME win-loss record
  3. MATCH win-loss record in head to head competition.
  4. GAME win-loss record in head to head competition.
  5. Point differential in head to head competition.
- L. USAV Rules will apply unless otherwise noted.
- M. All games played at the Sport Center 1141 West Irving Park Road, Schaumburg, IL 60193. Contact Derek Dvorak at 847-891-1266 or [dedvorak@parkfun.com](mailto:dedvorak@parkfun.com) for more information.

## II. RULES OF CONDUCT

- A. Each manager will be responsible for the conduct of his/her team. The managers must maintain complete control of him/herself and team members at all times; this includes before, during and after a match.
- B. Officials and their decision will be respected and not interfered with at any time. Unsportsmanlike conduct, disrespect, vulgarity, or profanity will not be tolerated at any time. Any player removed from a match will receive an automatic one match suspension.
- C. No food or beverage is allowed in the gymnasium. No street shoes are allowed in the gymnasium.
- D. Lockers are available to secure your belongings. Please bring your own lock.
- E. Standings will be posted at each game and emailed or mailed to team captains upon request.

## III. AWARDS

- A. Regular season champs will receive \$200 and T-shirts.
- B. Regular season runner up will receive \$50.
- C. Tournament champs will receive \$50.