

## “One-Day-Intensive”

- Free call, approx. 15 minutes
- One-on-one first-aid coaching, in case of emotional emergencies and breakup pain
- Your day: A full 5 hours, set according to your personal time table
- A compact and effective process, focusing on clear solutions
- Fast navigation regarding your most burning topics, doubts and questions
- Understanding effective tools to calm down and relax in times of need
- Get your feelings and thoughts sorted out
- First steps to plan and direct your future
- Tailor-made program, according to your individual needs and demands
- Also ideal as preparation for the Conscious Uncoupling process

**Price: € 750,00**