

“RE-START COACHING” – Never too late for love!

- Mobilize your inner strength: Tools for a powerful mindset
- Develop your own self-esteem and self-trust
- 10 sessions over the course of approx. 3 months
- Tips to avoid unhealthy relationship patterns
- Release mental blockades
- Creating your happy, blessed family
- Set up healthy boundaries
- Powerful emotional coaching
- Manage setbacks: Develop and strengthen your mental resilience
- Gain confidence in conflicts and communication

Price: € 1.500,00