

## NIBBLES

<b>Olives</b> Assorted pitted.	6
<b>Seasonal Fruit (cup)</b>	6
<b>Pita Chips and Guacamole</b>	6

## TAPAS

<b>Hummus</b> Veggie sticks and pita chips.	8
<b>Skewered Shrimp</b> Grilled and brushed with red bell pesto – 2 Skewers.	14
<b>Skewered Caprese</b> Tomatoes, fresh mozzarella, basil with balsamic glaze -4 Skewers.	6
<b>Grilled Sausage</b> Choose from: Chipotle Bison • Elk with Pear and Apple • Mild Italian Sausage. Served with trio of dipping sauces.	
Choice of 1	7
Sample Platter (one of each)	16

## FROM THE FRYER

<b>Chili Relleno Poppers</b> Creamy avocado dipping sauce.	8
<b>Corkscrew Calamari</b> With Tzatziki sauce.	10
<b>Breaded Green Beans</b>	8
<b>Shoestring Fries</b>	5

## BOARDS

<b>Cheese</b> Artisan cheese trio, almonds, fruit, jam, and crackers.	17
<b>Butcher Block</b> Artisan meats and cheese, olives, hummus, and crackers.	19

## BRUSCHETTA

Choice of 3	15
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Artichoke, Spinach, Parmesan Spread  
Smoked Salmon, cream cheese, capers, cucumber  
Bacon, avocado, tomato, arugula  
Roasted beets, feta, almonds

Mozzarella, tomato, basil, pesto  
Prosciutto, peach, gorgonzola, balsamic glaze  
Strawberry, goat cheese, basil, balsamic glaze

## SOUP AND SALAD

Soup of the Day (Cup)			6
House Salad (Small)			6
Mixed greens, carrots, cucumber, tomato, Garbanzo beans.			
Roasted Beet Salad			15
Arugula, roasted beet slices, goat cheese, avocado, local sprouts, and almonds.			
Greek Salad			15
Mixed greens, tomatoes, cucumber, red onion, olives, avocado, fresh oregano, feta cheese. garbanzo beans.			
Twisted Greens			15
Spring mix, avocado, fruit, almonds, brown rice and quinoa.			
<b>Add Protein</b>			
Grilled Chicken Breast	6	Seared Sesame crusted Ahi Tuna	8
Smoked Salmon	7	Grilled Shrimp (1 skewer)	6

**Choice of Dressing**  
Ranch, Blue Cheese, Lemon Vinaigrette

## PLATES

Choice of green salad, soup, fruit cup, or fries  
(Split charge \$5 - Choice of Extra Side)

Crab Sandwich			18
Toasted croissant roll, Dungeness crab cake, lettuce, tomato.			
Grilled Cheese			12
Artisan bread, garlic butter, havarti cheese.			
Vegetarian Sandwich			
Hummus, tzatziki sauce, avocado, cucumber, tomato, roasted red bell pepper pesto Schiacciata flat bread.			
Half	10	Full	14
Chicken Sandwich			
Grilled chicken breast, mozzarella, basil pesto, tomato, grilled Schiacciata flat bread.			
Half	12	Full	16

## LITTLE TWISTERS

(For the Young or Young At Heart)  
Choice of green salad, fruit cup, or fries

Board			8
Chicken tenders.			
Grilled Cheese			8
Made with American cheese.			

## DESSERT

Chocolate Flourless Cake			7
Topped with mascarpone whipped cream and berries.			
Dessert of the Day			7
Ask server for details.			

We do our best to accommodate allergies and special diets. But we are not 100% allergy safe.  
We gladly accept major credit cards or cash.  
Gratuuity of 18% will be added to parties of 8 or more, and to separate checks over 2 per table.