

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



9:30 Monday Morning Exercise **1**
 10:15 Hydration Social Discussion
 10:30 Monthly Special Days Review
 11:00 Mass Ch 3
 1:30 Strength and Balance (L)/ It's For the Birds
 2:45 Let's Make Music
 3:30 Noodle Ball
 4:00 Hallmark Channel
 6:00 Sing a long

9:30 Morning Exercise **2**
 10:15 Hydration Social Discussion
 10:30 Memory Trees "Fall/Winter"
 11:00 Mass Ch 3
 1:00 Music Appreciation – Doris Day
 2:00 "Brrr It's cold"
 3:00 What's New in Social Media
 4:00 Hallmark Movies
 6:00 Riddles/ Who I am pt.2

9:45 Exercise and News **3**
 10:20 Arts and Crafts
 11:00 Mass Ch. 3 or Chapel
 1:30 Strength and Balance (L) Bridget and Joe
 2:15 Bingo Social – MP Room
 3:30 Mindful Music
 4:00 Social Discussion / Water Social
 6:00 Cards and Games

9:30 Exercise **4**
 10:00 News / Hydration Social
 10:30 Finish The Phrase
 11:00 Mass CH 3 or Chapel
 1:00 Murph Visits
 1:15 Musical Exercise
 1:30 Walking Club / Trivia
 2:00 Fall Poetry
 3:00 David Fantl presents Hollywoods Classic Comedians - Hope, Ball, Burns and Berle"
 4:00 TV Classics
 6:00 Twister Toss

9:30 Exercise **5**
 10:00 News / Hydration Social
 10:30 Book Club "Autumn Adventure"
 11:00 Mass CH 3 or Chapel
 1:30 Strength and Balance (U)
 2:15 Happy Hour – MP Room
 4:00 Hallmark Movies
 6:00 Travel to Moscow
 Family Video Conferencing

9:30 Weekend Morning Exercise **6**
 10:00 Good News Network
 10:30 Hydration Social
 11:00 Guess The Word [IN2L]
 1:30 Gardening Club/Walking Club
 2:15 Mini Golf
 3:00 Brain Teasers
 Badger's Vs Rutgers [Time TBD]
 6:00 Lawrence Welk Show
 6:00 Movie CH 6 "Somewhere in Time"
 6:30 Manicures

9:30 Exercise **7**
 10:00 News Update / Hydration Social
 10:30 Things that Start with the Letter...
 11:00 Mass/1:1 Visits
 1:30 Strength and Balance(U)\ Manicures
 2:00 Hydration Social Movie
 2:30 Sunday Bingo
 3:25 Green Bay Vs Kansas City Chiefs
 6:00 America's Funniest Home Videos
 Daylight Saving Time Ends

9:30 Monday Morning Exercise **8**
 10:15 Hydration Social Discussion
 10:30 Brain Quest
 11:00 Mass Ch 3
 1:30 Strength and Balance (L)/ It's For the Birds
 2:45 Let's Make Music
 3:30 Outdoor Adventures with Joe
 4:00 Lifetime Channel
 6:00 Karaoke

9:30 Morning Exercise **9**
 10:15 Hydration Social Discussion
 10:30 Memory Trees "Football/Baseball"
 11:00 Mass Ch 3
 1:00 Tunes for Thoughts
 2:00 Culinary Creations "Breakfast Muffins"
 3:00 What is New in Social Media
 4:00 Hallmark Movies
 6:00 Ring Toss

7:30 Pumpkin Pancake Breakfast – MP Room **10**
 9:45 Exercise and News
 10:20 Arts and Crafts
 11:00 Mass Ch. 3 or Chapel
 1:30 Strength and Balance (L) Bridget and Joe
 2:15 Bingo Social – MP Room
 3:30 Mindful Music
 4:00 Social Discussion / Water Social
 6:00 Cards & Games

9:30 Exercise **11**
 10:00 News / Hydration Social
 10:30 Noodle Ball
 11:00 Mass CH 3 or Chapel
 1:00 Murph Visits
 1:15 Musical Exercise
 1:30 Walking Club / Trivia
 2:00 Baking "Pumpkin Muffins"
 3:00 Neighborhood Chat
 4:00 TV Classics
 6:00 IN2L Hangman
 Veterans Day
 Remembrance Day (Canada)

9:30 Exercise/News **12**
 10:00 Hydration Social / Discussion
 10:30 Book Club "Autumn Adventure"
 11:00 Mass CH 3 or Chapel
 1:30 Strength and Balance (U)
 2:15 Happy Hour - MP Room
 4:00 Hallmark Movies
 6:00 Travel to Denmark
 Family Video Conferencing

9:30 Weekend Morning Exercise **13**
 10:00 Good News Network
 11:00 Fall Memory Trees
 1:30 Gardening Club/Walking Club
 2:30 November Birthday Party
 3:30 Guess the Word
 3:45 Travel to Spain
 6:00 Lawrence Welk Show
 6:00 Movie CH 6 "Horse Whisperer"
 6:30 Manicures

9:30 Exercise **14**
 10:15 News
 10:30 Noodle Ball
 11:00 Sunday Mass- CH 3/1:1 Visits
 1:30 Strength and Balance (U)\ Manicures
 2:00 Hydration Social Movie
 2:15 Sunday Bingo
 3:25 Green Bay Vs Seattle Sea Hawks
 6:00 America's Funniest Home Videos

9:30 Monday Morning Exercise **15**
 10:15 Hydration Social Discussion
 10:30 Rememory
 11:00 Mass Ch 3
 1:30 Strength and Balance (L)/ It's For the Birds
 2:45 Let's Make Music
 3:30 IN2L – Health & Educational
 4:00 Lifetime Channel
 6:00 Sing A long

9:30 Morning Exercise **16**
 10:15 Hydration Social Discussion
 10:30 Calendar Review
 11:00 Mass Ch 3
 1:00 Tunes for Thoughts
 2:00 Turkey Crafting
 3:00 What is New in Social Media
 4:00 Hallmark Movies
 6:00 Jeopardy/ Fall Phrases

9:45 Jesuit Sing-a-Long **17**
 10:20 Exercise and News
 11:00 Mass Ch. 3 or Chapel
 1:30 Strength and Balance (L) Bridget and Joe"
 2:15 Bingo Social – MP Room
 3:30 Mindful Music
 4:00 Social Discussion / Water Social
 6:00 Cards & Games

9:30 Exercise/News **18**
 10:30 Who, What, When
 11:00 Mass CH 3 or Chapel
 1:00 Murph Visits
 1:15 Musical Exercise
 1:30 Walking Club / Trivia
 2:00 Baking "Oatmeal Cookies"
 3:00 Neighborhood Chat
 4:00 TV Classics
 6:00 Badminton

9:30 Exercise **19**
 10:00 News / Hydration Social
 10:30 Book Club "Autumn Adventure"
 11:00 Mass CH 3 or Chapel
 1:30 Strength and Balance (U)
 2:15 Happy Hour
 4:00 Hallmark Movies
 6:00 Travel To Montreal
 Family Video Conferencing

9:30 Weekend Morning Exercise **20**
 10:00 News Update / Hydration Social
 10:30 What Was The Cost? [IN2L]
 1:30 Gardening Club/Walking Club
 2:15 Apple Cider Mimosa's
 2:45 Brain Quest
 3:15 What is on my Plate
 Badger's Vs Nebraska [Time TBD]
 6:00 Movie CH 6 "My dDg Skip"
 6:30 Manicures

9:30 Morning Exercise **21**
 10:30 News / Hydration Social
 11:00 Mass- CH 3/1:1 Visits
 12:00 Green Bay Vs Vikings
 1:30 Strength and Balance(U)
 2:00 Hydration Social Movie
 2:15 Sunday Bingo
 3:30 Travel to Austria
 6:00 America's Funniest Home Videos

9:30 Monday Morning Exercise **22**
 10:15 Hydration Social Discussion
 10:30 Brain Teasers
 11:00 Mass Ch 3
 1:30 Strength and Balance (L) / It's For the Birds
 2:45 Let's Make Music
 3:30 Outdoors with Joe
 4:00 Lifetime Channel
 6:00 Karaoke

9:30 Morning Exercise **23**
 10:15 Hydration Social Discussion
 10:30 Memory Trees "Holiday Side Dish"
 11:00 Mass Ch 3
 11:30 THANKSGIVING LUNCHEON
 1:00 Tunes for Thoughts
 2:00 Culinary Creations "Thanksgiving Stuffing"
 3:00 What is New in Social Media
 4:00 Hallmark Movies
 6:00 IN2L Price is Right

9:45 Exercise and News **24**
 10:40 Arts and Crafts
 11:00 Mass Ch. 3 or Chapel
 1:30 Strength and Balance (L) Bridget and Joe
 2:15 Bingo Social - MP room
 3:30 Mindful Music
 4:00 Social Discussion / Water Social
 6:00 Cards & Games

9:00 Macy's Thanksgiving Day Parade **25**
 9:30 Exercise/News
 10:15 Baking "Pumpkin Pie"
 11:00 Mass CH 3 or Chapel
 1:00 America Kennel Dog Show
 1:15 Walking Club
 2:00 Pumpkin Pie Social
 3:30 Thanksgiving Trivia
 4:00 TV Classics
 6:00 Movie "Planes, Trains & Automobiles"

9:30 Exercise/News **26**
 10:00 Thanksgiving Memory Trees
 10:30 Book Club "Autumn Adventure"
 11:00 Mass CH 3 or Chapel
 1:30 Strength and Balance (U)
 2:15 Happy Hour
 4:00 Hallmark Movies
 6:00 Travel to New Mexico
 Family Video Conferencing

9:30 Weekend Morning Exercise **27**
 10:00 Good News Network
 10:30 IN2L Games
 1:30 Gardening Club/Walking Club
 2:30 Ice Cream Social – MP Room
 3:00 November Trivia
 6:00 Lawrence Welk Show
 6:00 Movie CH 6 "Ocean's 11 – Rat Pack Version"
 6:30 Manicures

9:30 Morning Exercise **28**
 10:15 News
 10:30 Noodle Ball
 11:00 Mass- CH 3/1:1 Visits
 1:30 Strength and Balance(U)
 2:00 Hydration Social Movie
 2:30 Sunday Bingo
 3:25 Green Bay Vs Rams
 6:00 America's Funniest Home Videos

9:30 Monday Morning Exercise **29**
 10:15 Hydration Social Discussion
 10:30 Alphabet Trivia
 11:00 Mass Ch 3
 1:30 Strength and Balance (L)/ It's For the Birds
 2:45 Let's Make Music
 3:30 Muscle in Motion
 4:00 Lifetime Channel
 6:00 Karaoke

9:30 Morning Exercise **30**
 10:15 Hydration Social Discussion
 10:30 Memory Trees
 "Thanksgiving/Christmas"
 11:00 Mass Ch 3
 1:00 Tunes for Thoughts
 2:00 Reliving the Hunt with Joe
 3:00 What is New in Social Media
 4:00 Hallmark Movies
 6:00 Poetry Night



Thanksgiving Day

November 2021 Lake Park

Hanukkah Begins