

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2021

Whitnall

<p>9:30 Moring News 9:45 Exercise 10:00 Patio Socials 10:30 Brain Teasers 11:00 Mass Ch. 3 1:00 Walking Club/ Ambulation 1:10 Brewers Vs Nationals 3:30 1:1 Socials 6:00 She loves Me</p> <p style="text-align: right;">5</p>	<p>9:30 News and Exercise 10:15 Ring Toss 10:45 Morning Patio Social 11:00 Mass – Ch. 3 1:30 Strength and Balance/Tunes for Thoughts 2:00 Relax and Wine down happy hour 3:30 1:1 Social Visits 4:00 TV Classics 6:00 IN2L “What’s the Cost?” 7:00 I Was a Male War Bride</p> <p style="text-align: right;">6</p> <p style="text-align: center;">Labor Day Rosh Hashanah Begins</p>	<p>9:45 Current Events 10:00 Morning Stretch 10:30 Social/ Jeopardy with J 11:00 Mass – Ch. 3 1:30 Ambulation & Plant Care 2:00 Manicures 3:30 1:1 Social Visits 4:00 Golf TV 6:00 Lawn darts</p> <p style="text-align: right;">7</p>	<p>9:30 Jesuit sing a long/ Mindful Music 10:15 Social 11:00 Mass – Ch. 3 1:30 Strength and Balance/ 1:30 Music Appreciation – Frank Sinatra 2:30 Mindfulness and Relaxation 3:30 Biography 4:00 TV Classics 6:00 Light Snack Trivia</p> <p style="text-align: right;">8</p>	<p>9:45 Musical Exercise 10:15 Morning News/ Songs for the Senses 10:15 Let’s Make Music 10:30 Water Social 11:00 Mass – Ch. 3 1:30 Ambulation & Plant Care 2:15 Flower Arrangements/Travel to Florida 3:30 Resident Meet & Greet 4:00 Classic TV 6:00 Bowling</p> <p style="text-align: right;">9</p>	<p>9:45 Friday Morning Exercise 10:15 Hydration Social Discussion 10:40 Morning News Update 11:00 Mass – Ch. 3 1:30 Strength and Balance(L) 2:15 Happy Hour 3:00 Rosary 4:00 Hallmark Channel 6:00 Manicures & Life Ventures</p> <p style="text-align: right;">10</p>	<p>9:30 Moring News 9:45 Exercise 10:00 Sunshine Muffins 1:30 Strength and balance / Cooking Channel 2:30 1:1 Social Visits 3:30 Question of the Day 4:00 History Detectives PBS 6:00 Ray</p> <p style="text-align: right;">4</p>
<p>9:30 Morning News 9:45 Exercise 10:00 Morning Social 10:30 This or That Questions 11:00 Mass Ch. 3 1:00 Walking Club/ Ambulation 2:15 Bingo – Lounge 3:32 Packers VS Saints 3:30 Grandparent’s Day Social and Celebration 6:00 The American President</p> <p style="text-align: right;">12</p> <p style="text-align: center;">Grandparents Day</p>	<p>9:30 News and Exercise 10:15 Ring Toss 10:45 Morning Patio Social 11:00 Mass – Ch. 3 1:30 Strength and Balance/Tunes for Thoughts 2:00 Relax Let’s talk about it 3:30 1:1 Social Visits 4:00 TV Classics 6:00 IN2L “What’s the Cost?” 7:00 Hallmark Monday Night Movie</p> <p style="text-align: right;">13</p>	<p>9:45 Current Events 10:00 Morning Stretch 10:30 Social/ Jeopardy with J 11:00 Mass – Ch. 3 1:30 Ambulation & Plant Care 2:15 is it Friday yet Happy Hour 3:00 1:1 Social Visits 4:00 Hallmark Channel 6:00 National Coloring Day - Drawings</p> <p style="text-align: right;">14</p>	<p>9:30 News and Exercise / Mindful Music 10:15 Social 11:00 Mass – Ch. 3 1:30 Strength and Balance/Tunes for Thoughts 2:30 Mindfulness and Relaxation 3:30 Biography 4:00 TV Classics 6:00 AFV</p> <p style="text-align: right;">15</p> <p style="text-align: center;">Yom Kippur Begins</p>	<p>9:45 Musical Exercise 10:15 Morning News/ Songs for the Senses 10:15 Let’s Make Music 10:30 Water Social 11:00 Mass – Ch. 3 1:30 Ambulation & Plant Care 2:15 Flower Arrangements/Travel to California 3:30 Resident Meet & Greet 4:00 Classic TV 6:00 Bean Bag Toss</p> <p style="text-align: right;">16</p>	<p>9:45 Friday Morning Exercise 10:15 Hydration Social Discussion 10:40 Morning News Update 11:00 Mass – Ch. 3 1:30 Strength and Balance(L) 2:15 Happy Hour 3:00 Rosary 4:00 Hallmark Channel 6:00 Manicures & Life Ventures</p> <p style="text-align: right;">17</p>	<p>9:30 Moring News 9:45 Exercise 10:00 Social 10:00 Baking Lemon Pound cake 1:30 Strength and balance / Cooking Channel 2:30 Putt Putt Mini Golf 3:30 Question of the Day 4:00 History Detectives PBS 6:00 The Great Escape</p> <p style="text-align: right;">18</p> <p style="text-align: center;">Oktoberfest Begins</p>
<p>9:30 Moring News 9:45 Exercise 10:00 Social 10:30 Brain Teasers 11:00 Mass Ch. 3 1:00 Walking Club/ Ambulation 1:10 Brewers Vs Nationals 3:30 1:1 Socials 6:00 South Pacific</p> <p style="text-align: right;">19</p>	<p>9:30 News and Exercise 10:15 Ring Toss 10:45 Morning Patio Social 11:00 Mass – Ch. 3 1:30 Strength and Balance/Tunes for Thoughts 2:00 September Birthday Party 3:30 1:1 Social Visits 4:00 TV Classics 6:00 Puzzles 7:25 Packers vs Lions</p> <p style="text-align: right;">20</p> <p style="text-align: center;">Sukkot Begins</p>	<p>9:45 Current Events 10:00 Morning Stretch 10:30 Social/ Jeopardy with J 11:00 Mass – Ch. 3 1:30 Ambulation & Plant Care 2:00 Manicures 3:30 1:1 Social Visits 4:00 Golf TV 6:00 Soccer</p> <p style="text-align: right;">21</p>	<p>9:30 News and Exercise / Mindful Music 10:15 Social 11:00 Mass – Ch. 3 1:30 Strength and Balance/Tunes for Thoughts 2:30 Mindfulness and Relaxation 3:30 Biography 4:00 TV Classics 6:00 Snack and Trivia</p> <p style="text-align: right;">22</p> <p style="text-align: center;">Autumn Begins</p>	<p>9:45 Musical Exercise 10:15 Morning News/ Songs for the Senses 10:15 Let’s Make Music 10:30 Water Social 11:00 Mass – Ch. 3 1:30 Ambulation & Plant Care 2:15 Flower Arrangements/Travel to New York 3:30 Resident Meet & Greet 4:00 Classic TV 6:00 Poetry Night</p> <p style="text-align: right;">23</p>	<p>9:45 Friday Morning Exercise 10:15 Hydration Social Discussion 10:40 Morning News Update 11:00 Mass – Ch. 3 1:30 Strength and Balance(L) 2:15 Happy Hour 3:00 Rosary 4:00 Hallmark Channel 6:00 Manicures & Life Ventures</p> <p style="text-align: right;">24</p>	<p>9:30 Moring News 9:45 Exercise 10:00 Juice Social 10:30 Baking Angel Food Cake 1:30 Strength and balance / Cooking Channel 2:30 Fall Trivia 3:30 Question of the Day 4:00 History Detectives PBS 6:00 A Beautiful Mind</p> <p style="text-align: right;">25</p>
<p>9:30 Moring News 9:45 Exercise 10:00 Juice Social 10:30 Brain Teasers 11:00 Mass Ch. 3 1:00 Walking Club/ Ambulation 2:15 Bingo – Lounge 3:30 Social and Discussion 6:00 The Pursuit of Happyness 7:20 Packers vs 49ers</p> <p style="text-align: right;">26</p>	<p>9:30 News and Exercise 10:15 Ring Toss 10:45 Morning Patio Social 11:00 Mass – Ch. 3 1:30 Strength and Balance/Tunes for Thoughts 2:00 is it Friday yet Happy Hour 3:30 1:1 Social Visits 4:00 TV Classics 6:00 IN2L “What’s the Cost?” 7:00 Hallmark Monday Night Movie Happy Birthday Sherryl</p> <p style="text-align: right;">27</p>	<p>9:45 Current Events 10:00 Morning Stretch 10:30 Social/ Jeopardy with Joe 11:00 Mass – Ch. 3 1:30 Ambulation & Plant Care 2:00 Manicures 3:30 1:1 Social Visits 4:00 Golf TV 6:00 Travel to England</p> <p style="text-align: right;">28</p> <p style="text-align: center;">Simchat Torah Begins</p>	<p>9:30 Jesuit sing a long/ Mindful Music 10:15 Social 11:00 Mass – Ch. 3 1:30 Strength and Balance/Tunes for Thoughts 2:30 Mindfulness and Relaxation 3:30 Biography 4:00 TV Classics 6:00 Views of England</p> <p style="text-align: right;">29</p>	<p>9:45 Musical Exercise 10:15 Morning News/ Songs for the Senses 10:15 Let’s Make Music 10:30 Water Social 11:00 Mass – Ch. 3 1:30 Ambulation & Plant Care 2:15 Flower Arrangements/Travel to Tennessee 3:30 Resident Meet & Greet 4:00 Classic TV 6:00 Noodle Ball</p> <p style="text-align: right;">30</p>	<p>RED- Off Campus Outing BLUE-Special Events PURPLE-Residential Aide Programs ORANGE- Physical Mobility Programs MP –Multipurpose Room CH- Chapel YELLOW- Birthdays</p> 	