

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2021

## Assisted Living



| Sunday   | Monday   | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday  |
|--|--|--|---|--|--|---|
| <b>Happy New Year 2021!</b><br>10:30 Mass Channel 3<br>2:00 Movie ~ "Up" Channel 6<br>6:00 Movie ~ Repeat - "Up" Channel 6   |  |  |   |  |  | <p>10:00 Morning Matinee~<br/><b>"The Bells of St. Mary's"</b><br/>Ch 6<br/>3:00 Bingo – 1100-1125 - 1DR<br/>1126-1149 - 1 NE<br/>2<sup>nd</sup> Floor may join either side<br/>6:00 Movie-Repeat- <b>"The Bells of St. Mary's"</b></p>                                     |
| <p>10:30 Mass – Channel 3<br/>2:00 Sunday Matinee – <b>"Annie" Channel 6</b><br/>3:00 Traveling Happy Hour Cart</p>  | <p>9:30 Exercise 1 DR &amp; 1NE<br/>10:00 Music Appreciation 1 NE<br/>11:00 Protestant Prayer CH 3<br/>1:45 Alaska Day 1 DR<br/>2 45 Twenty Questions 1 NE<br/>3:30 Mass Channel 3</p>   | <p>9:45 Exercise w/Annie 1 NE<br/>10:15 Chimes WCO<br/>10:45 Exercise w/Anne 2<sup>nd</sup> Fl<br/>11:00 Hymn Sing Ch 3<br/>1:00 Memories / Making 1 NE<br/>2:45 Faith Sharing 1 NE<br/>3:30 Mass Channel 3<br/>4:00 Happy Hour 1 NE Library</p> | <p>9:30 Exercise-Bands 1DR<br/>10:00 Who Am I? 1 DR<br/><b>11:15 Bingo 2<sup>nd</sup> floor</b><br/>1:15 Musical Memories #2 Kitch.<br/><b>1:45 Bingo 1126-49 1 NE</b><br/><b>2:45 Bingo 1100-25 1 DR</b><br/>3:30 Communion Service 2<sup>nd</sup> FL<br/>3:30 Mass Channel 3</p>          | <p>9:45 Mental Workout 1 DR<br/>11:00 Mindful Music FAC<br/>1:30 Social with Anne 2<sup>nd</sup> Fl<br/>2:45 Chair Zumba w/Annie 1 NE<br/>3:30 Mass Channel 3<br/>4:00 Happy Hour 1 NE Library</p>   | <p>9:30 Exercise 1 DR &amp; 1NE<br/>10:00 Sing Along 1DR<br/>11:00 Rosary Ch 3<br/>2:00 Baby Boomers 1 NE<br/>3:30 Mass Channel 3</p>                                  | <p>10:00 Morning Matinee~<br/><b>"Miracle" Ch 6</b><br/>10:00 Manicures –1 NE &amp; #2 Kitch<br/>3:00 Bingo – 1100-1125 - 1DR<br/>1126-1149 - 1 NE<br/>2<sup>nd</sup> Floor may join either side<br/>6:00 Movie-Repeat <b>"Miracle" Ch 6</b></p>                            |
| <p>10:30 Mass – Channel 3<br/>2:00 Sunday Matinee- <b>"Coat of Many Colors" Channel 6</b><br/>3:00 Traveling Happy Hour Cart</p>                                     | <p>9:30 Exercise 1 DR &amp; 1NE<br/>10:00 Music Appreciation 1 NE<br/>10:45 Name That Birds 1 NE<br/>1:45 Grimm's Fairy Tales 1DR<br/>2 45 Famous Sayings 1NE<br/>3:30 Mass Channel 3<br/>4:00 Musical Memories 2 SW</p>   | <p>9:45 Exercise w/Annie 1 NE<br/>10:15 Chimes WCO<br/>10:45 Exercise w/Anne 2<sup>nd</sup> Fl<br/>11:00 Hymn Sing Ch 3<br/>1:00 Art w/Erica 1 NE<br/>2:45 Faith Sharing 1 NE<br/>3:30 Mass Channel 3<br/>4:00 Happy Hour 1 NE Library</p>       | <p>9:30 Exercise-Bands 1DR<br/>10:00 On This Day ...1 DR<br/><b>11:15 Bingo 2<sup>nd</sup> floor</b><br/>1:15 Musical Memories #2 Kitch.<br/><b>1:45 Bingo 1126-49 1 NE</b><br/><b>2:45 Bingo 1100-1125 1 DR</b><br/>3:30 Communion Service 2<sup>nd</sup> FL<br/>3:30 Mass Channel 3</p>   | <p>9:45 Pope Francis 1 DR<br/>10:30 Outburst 1 NE<br/>11:00 Mindful Music FAC<br/>1:30 Tea &amp; Trivia w/ Annie 2<sup>nd</sup> Fl<br/>2:45 Chair Zumba w/Annie 1NE<br/>3:30 Mass Channel 3<br/>4:00 Happy Hour 1 NE Library</p>           | <p>9:30 Exercise 1 DR &amp; 1NE<br/>10:00 Mental Workout 1DR<br/>11:00 Rosary Ch 3<br/>1:45 Synonyms 1NE<br/>2:45 Bingo Prize Shopping 1NE<br/>3:30 Mass Channel 3</p> | <p>10:00 Morning Matinee~<br/><b>"Grumpier Old Men" Ch 6</b><br/>10:00 Manicures –1 NE &amp; #2 Kitch<br/>3:00 Bingo – 1100-1125 - 1DR<br/>1126-1149 - 1 NE<br/>2<sup>nd</sup> Floor may join either side<br/>6:00 Movie-Repeat <b>"Grumpier Old Men" Ch 6</b></p>          |
| <p>10:30 Mass – Channel 3<br/>2:00 Sunday Matinee – <b>"Fiddler on the Roof" Channel 6</b><br/>3:00 Traveling Happy Hour Cart</p>                                    | <p>9:30 Exercise 1 DR &amp; 1NE<br/>10:00 Music Appreciation 1 NE<br/>11:00 Protestant Prayer Ch 3<br/>1:45 The Greatest Novels 1 DR<br/>2:45 Snowflake Science 1NE<br/>3:30 Mass Channel 3<br/>4:00 Musical Memories 2 SW<br/><small>Martin Luther King Day</small></p>   | <p>9:45 Exercise w/Annie 1NE<br/>10:15 Chimes WCO<br/>10:45 Exercise w/Anne 2<sup>nd</sup> Fl<br/>11:00 Hymn Sing Ch 3<br/>1:00 Memories / Making 1 NE<br/>2:45 Faith Sharing 1 NE<br/>3:30 Mass Channel 3<br/>4:00 Happy Hour 1 NE Library</p>  | <p>9:30 Exercise-Bands 1DR<br/>10:00 Word Maker 1DR<br/><b>2:00 Let's Go to Key West Social! 1 NE</b><br/>3:30 Mass Channel 3</p>   | <p>9:45 Crossword Puzzle 1 DR<br/><b>10:30 Food Committee 1 DR</b><br/>11:00 Mindful Music FAC<br/>1:30 Winter Memories 2nd FL<br/>2:45 Chair Zumba w/Annie 1NE<br/>3:30 Mass Channel 3<br/>4:00 Happy Hour 1 NE Library</p>               | <p>9:30 Exercise 1 DR &amp; 1NE<br/>10:00 Sing Along 1DR<br/>11:00 Rosary Ch 3<br/>2:00 Australia Day! 1 NE<br/>3:30 Mass Channel 3</p>                                | <p>10:00 Morning Matinee~<br/><b>"To Have and Have Not" Ch 6</b><br/>10:00 Manicures –1 NE &amp; #2 Kitch<br/>3:00 Bingo – 1100-1125 - 1DR<br/>1126-1149 - 1 NE<br/>2<sup>nd</sup> Floor may join either side<br/>6:00 Movie-Repeat- <b>"To Have and Have Not" Ch 6</b></p> |
| <p>10:30 Mass – Channel 3<br/>2:00 Sunday Matinee – <b>"Ice Age" Channel 6</b><br/>3:00 Traveling Happy Hour Cart<br/><small>Activity Professionals Week</small></p> | <p>9:30 Exercise 1 DR &amp; 1NE<br/>10:00 Music Appreciation 1 NE<br/>10:45 Timeless Trivia 1 NE<br/>1:45 The Constitution 1 DR<br/>2 30 Opposites 1 NE<br/>3:30 Mass Channel 3<br/>4:00 Musical Memories 2 SW</p>   | <p>9:45 Exercise w/Annie 1 NE<br/>10:15 Chimes WCO<br/>10:45 Exercise w/Anne 2<sup>nd</sup> Fl<br/>11:00 Hymn Sing Ch 3<br/>1:00 Art w/Erica 1 NE<br/>2:45 Faith Sharing 1 NE<br/>3:30 Mass Channel 3<br/>4:00 Happy Hour 1 NE Library</p>       | <p>9:30 Exercise-Bands 1DR<br/>10:00 Judge &amp; Jury 1 DR<br/><b>11:15 Bingo 2<sup>nd</sup> floor</b><br/>1:15 Musical Memories #2 Kitch.<br/><b>1:45 Bingo 1126-49 1 NE</b><br/><b>2:45 Bingo 1100-1125 1 DR</b><br/>3:30 Communion Service 2<sup>nd</sup> FL<br/>3:30 Mass Channel 3</p> | <p><b>9:30 Resident Council 1 NE</b><br/>10:15 Trivia Challenge 1 NE<br/>11:00 Mindful Music FAC<br/>1:30 Twenty Questions 2<sup>nd</sup> Fl<br/>2:45 Chair Zumba w/Annie 1NE<br/>3:30 Mass Channel 3<br/>4:00 Happy Hour 1 NE Library</p> | <p>9:30 Exercise 1 DR &amp; 1NE<br/>10:00 Sing Along 1DR<br/>11:00 Rosary Ch 3<br/>1:45 National Geographic Day 1 NE<br/>3:30 Mass Channel 3</p>                       | <p>10:00 Morning Matinee~<br/><b>"The Proposal" Ch 6</b><br/>3:00 Bingo – 1100-1125 - 1DR<br/>1126-1149 - 1 NE<br/>2<sup>nd</sup> Floor may join either side<br/>6:00 Movie-Repeat- <b>"The Proposal" Ch 6</b></p>  |
| <p>10:30 Mass – Channel 3<br/>2:00 Sunday Matinee – <b>"Places in the Heart" Channel 6</b><br/>3:00 Traveling Happy Hour Cart</p>                                    | <p><b>Location of Programs-</b><br/>Programs for rooms 1100-1125 will be held in 1 DR.<br/>Programs for rooms 1126-1149 will be held in either the 1NE Lounge or Library.<br/>If a program indicates "visits" this is for a very small group or in the resident's room.<br/><b>FAC</b> – Family Activity Center- in 1 NE circle<br/><b>#2 Kitch.</b> – 2<sup>nd</sup> Floor Kitchen<br/><b>There is a maximum attendance of 9 residents and the group leader at any group.</b></p> |  |   |  |  |   |