


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>10:30 Mass – Channel 3</p> <p>2:00 Sunday Matinee – “Muppets Treasure Island” Channel 6</p> <p>3:00 Traveling Happy Hour Cart</p> <p><small>Daylight Saving Time Ends</small></p>	<p>2</p> <p>9:30 Exercise 1 DR & 1NE</p> <p>10:00 Music Appreciation 1 NE</p> <p>11:00 Protestant Prayer Ch 3</p> <p>1:45 Mackinac Bridge 1 NE</p> <p>2 30 Faith Share/Commun. 1NE</p> <p>3:30 Mass Channel 3</p> <p>4:00 Musical Memories 2 SW</p>	<p>3</p> <p>9:45 Exercise w/Annie 1 NE</p> <p>10:15 Chimes WCO</p> <p>10:30 Word Maker 2nd FI</p> <p>11:00 Hymn Sing Ch 3</p> <p>1:00 Memories / Making 1 NE</p> <p>2:30 Famous Sayings 1 NE</p> <p>3:30 Mass Channel 3</p> <p>4:00 Happy Hour Apts. 1126-49 1 NE</p>	<p>4</p> <p>9:30 Exercise-Bands 1DR</p> <p>9:45 Music & Movement 1NE</p> <p>10:00 Will Rogers 1DR</p> <p>11:15 Bingo 2nd floor</p> <p>1:15 Musical Memories #2 Kitch.</p> <p>1:45 Bingo 1126-49 1 NE</p> <p>2:45 Bingo 1100-25 1 DR</p> <p>3:30 Mass Channel 3</p>	<p>5</p> <p>9:45 Word Maker 1DR</p> <p>11:00 Mindful Music FAC</p> <p>1:30 Getting to Know You Social w/Annie 2 FI</p> <p>2:30 Fun and Fitness 1 NE</p> <p>3:30 Mass Channel 3</p> <p>4:00 Happy Hour– Apts. 1100-1125 in 1 NE</p>	<p>6</p> <p>9:30 Exercise 1 DR & 1NE</p> <p>10:00 Sing Along 1DR</p> <p>11:00 Rosary Ch 3</p> <p>1:45 Lifelong Learning- State Parks-Pennsylvania Wilds 1 NE</p> <p>2:30 Twenty Questions 1 NE</p> <p>3:30 Mass Channel 3</p>	<p>7</p> <p>10:00 Morning Matinee~ “As Good As It Gets” Ch 6</p> <p>3:00 Bingo – 1100-1125 - 1DR 1126-1149 - 1 NE</p> <p>2nd Floor may join either side</p> <p>6:00 Movie-Repeat- “As Good As It Gets” Ch 6</p>
<p>8</p> <p>10:30 Mass – Channel 3</p> <p>2:00 Sunday Matinee – “Mary Poppins Returns” Channel 6</p> <p>3:00 Traveling Happy Hour Cart</p>	<p>9</p> <p>9:30 Exercise 1 DR & 1NE</p> <p>10:00 Music Appreciation 1 NE</p> <p>10:45 Word Maker 1NE</p> <p>1:45 Double Meanings 1 DR</p> <p>2 30 Faith Share/Communion 1DR</p> <p>3:30 Mass Channel 3</p> <p>4:00 Musical Memories 2 SW</p>	<p>10</p> <p>9:45 Exercise w/Annie 1 NE</p> <p>10:15 Chimes WCO</p> <p>10:30 Trivia with Annie 2nd FI</p> <p>11:00 Hymn Sing Ch 3</p> <p>1:00 Art with Erica 1 NE</p> <p>2:15 Dice Baseball 1NE</p> <p>3:30 Mass Channel 3</p> <p>4:00 Happy Hour Apts. 1126-49 1 NE</p>	<p>11</p> <p>9:30 Exercise-Bands 1DR</p> <p>9:45 Music & Movement 1NE</p> <p>10:15 Veteran’s Day Remembrance 1 NE</p> <p>11:15 Bingo 2nd floor</p> <p>1:15 Musical Memories #2 Kitch.</p> <p>1:45 Bingo 1126-49 1 NE</p> <p>2:45 Bingo 1100-25 1 DR</p> <p>3:30 Mass Channel 3</p> <p><small>Remembrance Day (Canada)</small></p>	<p>12</p> <p>9:45 Mental Workout 1 DR</p> <p>10:30 Food Committee 1 DR</p> <p>11:00 Mindful Music FAC</p> <p>1:30 Cookies & Conversation with Annie 2nd FI</p> <p>2:30 Fun and Fitness 1 NE</p> <p>3:30 Mass Channel 3</p> <p>4:00 Happy Hour– Apts. 1100-1125 in 1 NE</p>	<p>13</p> <p>9:30 Exercise 1 DR & 1NE</p> <p>10:00 Sing Along 1DR</p> <p>11:00 Rosary Ch 3</p> <p>1:45 Crossword Puzzle 1 DR</p> <p>2:45 Jonathan Winters 1 NE</p> <p>3:30 Mass Channel 3</p>	<p>14</p> <p>10:00 Morning Matinee~ “Sense and Sensibility” Ch 6</p> <p>10:00 Manicures –1 NE & #2 Kitch</p> <p>3:00 Bingo – 1100-1125 - 1DR 1126-1149 - 1 NE</p> <p>2nd Floor may join either side</p> <p>6:00 Movie-Repeat “Sense and Sensibility” Ch 6</p>
<p>15</p> <p>10:30 Mass – Channel 3</p> <p>2:00 Sunday Matinee- “La La Land” Channel 6</p> <p>3:00 Traveling Happy Hour Cart</p>	<p>16</p> <p>9:30 Exercise 1 DR & 1NE</p> <p>10:00 Music Appreciation 1 NE</p> <p>11:00 Protestant Prayer Ch 3</p> <p>1:45 Family Feud 1DR</p> <p>2 30 Faith Share/Commun. 1DR</p> <p>3:30 Mass Channel 3</p> <p>4:00 Musical Memories 2 SW</p>	<p>17</p> <p>9:45 Exercise w/Annie 1 NE</p> <p>10:15 Chimes WCO</p> <p>10:30 Outburst w/Annie 2nd FI</p> <p>11:00 Hymn Sing Ch 3</p> <p>1:00 Memories / Making 1 NE</p> <p>2:15 Inquiring Minds 1 NE</p> <p>3:30 Mass Channel 3</p> <p>4:00 Happy Hour Apts. 1126-49 1 NE</p>	<p>18</p> <p>9:30 Exercise-Bands 1DR</p> <p>9:45 Music & Movement 1NE</p> <p>10:00 Judge & Jury 1 DR</p> <p>1:30 Social 1126-49 & 2nd FI 1 NE</p> <p>2:30 Social 1100-25 & 2nd FL 1 NE</p> <p>3:30 Mass Channel 3</p>	<p>19</p> <p>9:30 Resident Council 1 NE</p> <p>11:00 Mindful Music FAC</p> <p>1:30 Social with Annie 2nd FI</p> <p>2:30 Fun and Fitness 1 NE</p> <p>3:30 Mass Channel 3</p> <p>4:00 Happy Hour– Apts. 1100-1125 in 1 NE</p>	<p>20</p> <p>9:30 Exercise 1 DR & 1NE</p> <p>10:00 Sing Along 1DR</p> <p>11:00 Rosary Ch 3</p> <p>1:45 The Netherlands 1 NE</p> <p>2:30 Lifelong Learning- Rembrandt and Amsterdam 1 NE</p> <p>3:30 Mass Channel 3</p>	<p>21</p> <p>10:00 Morning Matinee~ “Jackie” Ch 6</p> <p>10:00 Manicures –1 NE & #2 Kitch</p> <p>3:00 Bingo – 1100-1125 - 1DR 1126-1149 - 1 NE</p> <p>2nd Floor may join either side</p> <p>6:00 Movie-Repeat “Jackie” Ch 6</p>
<p>22</p> <p>10:30 Mass – Channel 3</p> <p>2:00 Sunday Matinee – “Sabrina” Channel 6</p> <p>3:00 Traveling Happy Hour Cart</p>	<p>23</p> <p>9:30 Exercise 1 DR & 1NE</p> <p>10:00 Music Appreciation 1 NE</p> <p>10:45 TV Trivia 1 NE</p> <p>1:45 On This Day 1 DR</p> <p>2 30 Faith Share/Commun. 1DR</p> <p>3:30 Mass Channel 3</p> <p>4:00 Musical Memories 2 SW</p>	<p>24</p> <p>9:45 Exercise w/Annie 1NE</p> <p>10:15 Chimes WCO</p> <p>10:30 Twenty Questions 2nd FI</p> <p>11:00 Hymn Sing Ch 3</p> <p>1:00 Art with Erica 1NE</p> <p>2:30 Lifelong Learning- Music & The Brain-</p> <p>3:30 Mass Channel 3</p> <p>4:00 Happy Hour Apts. 1126-49 1 NE</p>	<p>25</p> <p>9:30 Exercise-Bands 1DR</p> <p>9:45 Music & Movement 1NE</p> <p>10:00 Mental Workout 1DR</p> <p>11:15 Bingo 2nd floor</p> <p>1:15 Musical Memories #2 Kitch.</p> <p>1:45 Bingo 1126-49 1 NE</p> <p>2:45 Bingo 1100-1125 1 DR</p> <p>3:30 Mass Channel 3</p>	<p>26</p> <p>10:30 Mass – Channel 3</p> <p>2:00 Afternoon Matinee ~ “Heidi” Channel 6</p> <p><small>Thanksgiving Day (US)</small></p>	<p>27</p> <p>9:30 Exercise 1 DR & 1NE</p> <p>10:15 Cooking Demonstration with Laurie 1NE</p> <p>1:30 Giving Thanks Social 1 NE</p> <p>3:30 Mass Channel 3</p>	<p>28</p> <p>10:00 Morning Matinee~ “Steel Magnolias” Ch 6</p> <p>10:00 Manicures –1 NE & #2 Kitch</p> <p>3:00 Bingo – 1100-1125 - 1DR 1126-1149 - 1 NE</p> <p>2nd Floor may join either side</p> <p>6:00 Movie-Repeat- “Steel Magnolias” Ch 6</p>
<p>29</p> <p>10:30 Mass – Channel 3</p> <p>2:00 Sunday Matinee – “Up” Channel 6</p> <p>3:00 Traveling Happy Hour Cart</p>	<p>30</p> <p>9:30 Exercise 1 DR & 1NE</p> <p>10:00 Music Appreciation 1 NE</p> <p>10:45 Twenty Questions 1 NE</p> <p>1:45 Timeless Trivia 1 NE</p> <p>2 30 Faith Share/Commun. 1 NE</p> <p>3:30 Mass Channel 3</p> <p>4:00 Musical Memories 2 SW</p>					

November 2020

Assisted Living

Location of Programs-
 Programs for rooms 1100-1125 will be held in 1 DR. Programs for rooms 1126-1149 will be held in either the 1NE Lounge or Library.
 If a program indicates “visits” this is for a very small group or in the resident’s room.
FAC – Family Activity Center- in 1 NE circle
#2 Kitch. – 2nd Floor Kitchen
There is a maximum attendance of 9 residents and the group leader at any group.