LUNCH

every day from 11am - 4pm

1. DOS TACOS pinto beans • spanish rice onions • cilantro • corn tortillas • salsa verde

   CARNITAS • PASTOR • GRILLED CHICKEN PICADILLO • CARNE ASADA • BARBACOA •

2. FLAUTAS four tinga flautas • spanish rice sour cream • cheese • salsa verde

3. LA BAMBA picadillo burrito • picadillo taco cheese enchilada

4. LA MEXICANA tinga quesadilla • spanish rice cheese enchilada

7.95

5. BURRITO WRAP grilled chicken • black beans • spinach • spanish rice • sour cream avocados • tortilla soup 9.50

6. MARIACHI flauta de tinga • picadillo burrito picadillo taco • sour cream 9.25

7. LUNCH COMBO pinto beans • spanish rice • sour cream • **choose two from:** picadillo tacos • tinga flautas • cheese enchiladas 9.25

8. CHIMICHANGA grilled chicken • deep-fried tortilla • cheese • pinto beans • spanish rice sour cream • guacamole • pico de gallo 9.50

9. DOS FISH OR SHRIMP TACOS tortilla soup cabbage • pineapple • queso fresco • cilantro 10.25

10. TAMALE OAXAQUEÑO carnitas tamal refried black beans • spanish rice • green sauce queso fresco • sour cream 10.25

11. STEAK & EGGS fajita steak • grilled onions two fried eggs • frijoles charros • spanish rice queso fresco • avocado • pico de gallo 12.25

12. SAUL'S FAVORITE fajita steak • grilled onions • two fried eggs • two black bean salsa verde enchiladas • queso fresco pico de gallo • sour cream 12.25

13. QUESADILLA LUNCH tinga quesadilla spanish rice • pinto beans • lettuce • sour cream guacamole • pico de gallo 9.75

MONTERREY LUNCH

fresh veggies • spanish rice • queso

GRILLED CHICKEN 10.95 • SHRIMP 12.95
RED FISH 12.95 • MAHI MAHI 13.95

FAJITAS

bell peppers • onions • tomatoes • pinto beans spanish rice • lettuce • guacamole • sour cream pico de gallo • tortillas

CHICKEN 11.50 • STEAK 12.50
SHRIMP 13.50 • TRIO FAJITAS 13.75

PARTY TRAYS

CEVICHE / 40.
FAJITAS | Steak or Chicken / 120.
MINI CHIMICHANGAS / 40.
FLAUTAS / 35.
QUESADILLAS / 40.

SALSA 16oz / 4.25
GUACAMOLE 8oz / 7.75
QUESO DIP 8oz / 7.75

RICE or BEANS / 15.

BY THE GALLON

TORTILLA or BEAN soup / 35.

DRINKS by the gallon
ICE TEA
MARGARITA
MARGARITAS 20oz

THANK YOU, WE APPRECIATE THE OPPORTUNITY TO SERVE YOU!

LA CARRETA OF COVINGTON ON 190
812 Highway 190, Covington, LA | 985-400-5202

La Carreta
Traditional Flavor
Mexican Cuisine

The first La Carreta opened in Hammond, Louisiana in 1998. Today, there are several Adobe & La Carreta Restaurants in neighborhoods across Louisiana. Thank you for allowing us the opportunity to serve you for the last 20 years and for welcoming us into your communities & families.

LIVE MUSIC WEDNESDAY - THURSDAY

DAILY SPECIALS

SUNDAY
lunch menu all day
$5 bloody maria

MONDAY
2 for 22. fajitas
chicken & or steak

TACO TUESDAY
$2 tacos · $6 taco salad

WEDNESDAY
draft beer $2.95

THURSDAY
happy hour all day

FRIDAY
$5 palomas

SATURDAY
$5 bloody maria

HAPPY HOUR

DAILY 3pm - 6pm
DRAFT $2.95 · MARGARITAS (half price) $3.50

STARTERS

QUESO DIP 4.25 • 7.75

SPINACH & ARTICHOKE DIP 8.75

GUACAMOLE fresh avocados • lime juice pico de gallo • cilantro 4.25 • 7.75 • tableside 8.95

CHORIQUESO DIP marinated ground pork tortillas 9.25

CEVICHE fish or shrimp • tomatoes • onions avocados • pineapple 10.95

NACHOS carnitas • black beans • cheese • lettuce pico de gallo • sour cream • jalapeños 9.95

CHIPOTLE SHRIMP chipotle sauce • queso dip • pico de gallo • avocados 10.95

QUESADILLA APPETIZER grilled chicken cheese • sour cream • guacamole • lettuce • pico de gallo 9.95

QUESADILLAS DE PATO smoked duck queso • ranchera sauce • sour cream • guacamole pico de gallo • lettuce 8.95

FLAUTAS APPETIZER tinga • sour cream • guacamole pico de gallo 8.95

SOUPS

TORTILLA SOUP chicken broth • cheese tortilla strips • avocados • pico de gallo

FRIJOLES CHARROS black beans sausage • bacon • jalapeños • cilantro queso fresco

SMALL 4.50 • LARGE 6.25

SALADS

TACO SALAD tortilla bowl • picadillo • lettuce cheese • sour cream • guacamole • pico de gallo 8.95

AVOCADO SALAD spinach • romain lettuce cucumbers • avocados • tomato

CAESAR SALAD romaine • parmesan cheese • red onions • croûtons

SHRIMP 11.95 • MAHI MAHI 12.95
GRILLED CHICKEN 9.50 • RED FISH 11.95

FAJITAS

bell peppers • onions • tomatoes • pinto beans • spanish rice • lettuce • guacamole sour cream • pico de gallo • tortillas

CHICKEN 13.50 • STEAK 14.50 • SHRIMP 15.50
TRIO FAJITAS 16.50

MONTERREY SKIRT STEAK 16.95 • CARNE ASADA 14.95

BURRITOS

MAKE YOUR OWN BURRITO

PROTEIN: tinga • picadillo • carnitas grilled chicken • steak • barbacoa 12.25 grilled shrimp 13.75

ADD: pinto beans • black beans • spanish rice sour cream • lettuce • spinach • jalapeños tomatoes • pico de gallo • avocados • cheese

TOP IT: queso sauce • tomatillo sauce burrito sauce • chipotle • enchilada sauce

ON THE SIDE: tortilla soup • frijoles charros

BURRITO WRAP wheat tortilla • grilled chicken • refried black beans • spinach • spanish rice • sour cream • guacamole • pico de gallo queso sauce • avocado • side of tortilla soup 11.95

BURRITO SUPREME picadillo or grilled chicken • refried black beans • spanish rice • lettuce sour cream • pico de gallo • cheese 11.95

TACOS

DOS STREET TACOS

refried black beans • spanish rice • onions cilantro • corn tortillas 11.75

CARNE ASADA • BARBACOA • CARNITAS
PASTOR • GRILLED CHICKEN • PICADILLO

FISH TACOS

tortilla soup • cabbage • cilantro • chipotle queso fresco • pineapple 12.95

RED FISH • GRILLED SHRIMP

FAVORITES

QUESADILLA DINNER

tinga or grilled chicken • refried black beans spanish rice • lettuce • sour cream • pico de gallo • guacamole 11.95

LA CARRETA DINNER

picadillo burrito• cheese enchilada • tinga tostada • picadillo taco 12.55

CHILE RELLENO

cheese stuffed poblano pepper • refried black beans • spanish rice • sour cream pico de gallo • ranchera sauce 12.95

LA BAMBA

picadillo burrito • cheese enchilada picadillo taco • pinto beans 10.95

TAMALES OAXAQUEÑOS

two carnitas tamales • refried black beans spanish rice • sour cream • pico de gallo salsa verde 12.75

LA MEXICANA

tinga quesadilla • pinto beans • spanish rice cheese enchilada 11.25

DINNER COMBO

pinto beans • spanish rice • sour cream
choose two from:
picadillo taco • tinga flauta • enchilada 10.95

ENCHILADA DINNER

tinga or grilled chicken • refried black beans spanish rice • lettuce • sour cream • pico de gallo • cheese 12.25

FLAUTAS DINNER

four tinga flautas • sour cream • cheese salsa verde • black bean soup 11.95

ENCHILADAS POTOSINAS

dos cheese enchiladas verdes • carne asada refried black beans • spanish rice • sour cream • pico de gallo 15.50

CHIMICHANGA

deep-fried tortilla • cheese pinto beans • spanish rice • sour cream • guacamole • pico de gallo

TINGA OR PICADILLO 12.25
GRILLED CHICKEN OR STEAK 12.50
BARBACOA 12.75 • GRILLED SHRIMP 13.25

SIDES

pinto beans 2.95 • black beans 2.95
spanish rice 2.95 • fries 2.95
picadillo hard taco 2.25 • flauta 2.25
enchilada 2.75 • quesadilla 4.50
tamale oaxaqueño 3.95 • fish taco 3.95
street steak taco 3.50 • burrito con queso 5.95
chile relleno 5.25 • chimichanga 6.95

LA CARRETA ESPECIALES

MONTERREY DINNER

fresh veggies • spanish rice • queso
GRILLED CHICKEN 12.95 • SHRIMP 14.25
RED FISH 15.25 • MAHI-MAHI 16.25

POLLO LOCO

grilled chicken breast • sautéed spinach mushrooms • melted cheese • fresh veggies frijoles charros 15.95

SHRIMP-BACON BROCHETAS

grilled shrimp • jalapeño peppers • cheese bacon • spanish rice • frijoles charros 15.95

CARNITAS

carnitas • sautéed onions • cheese refried black beans • spanish rice • guacamole sour cream • pico de gallo • corn tortillas 14.95

ALAMBRES

steak • sautéed onions • cheese • refried black beans • spanish rice • guacamole sour cream • pico de gallo • corn tortillas 15.95 shrimp 16.95

CHEESEBURGER

avocado • tomato • lettuce • cheese fries 8.95

DESSERTS

churros • raspberry burritos
fried ice cream • sopapillas
house made flan • brownie with ice cream
4.95