07 How do I submit a blood glucose reading?

GDm-Health™

Task: Submit a blood glucose reading manually

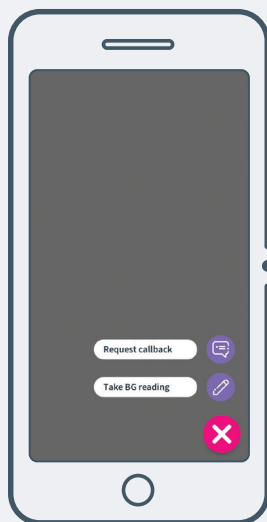**Previous actions taken:** Set up own meter

Step 1

Take a blood glucose reading as shown by your clinician with your meter.

Step 2

Open the app, tap on the **+** button on the hub page.
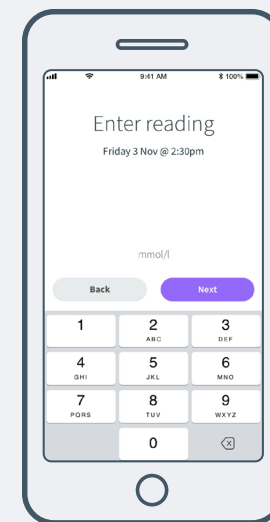
Tap on **Take BG reading**.

Step 3

Press the input reading button.

Step 4

Enter the blood glucose value which is displayed on your blood glucose meter.
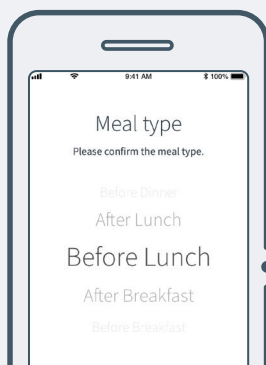
Then tap **Next**.

Step 5

Select the meal type associated with the reading. If a reading is before a meal, you may be asked about the medication you have taken.

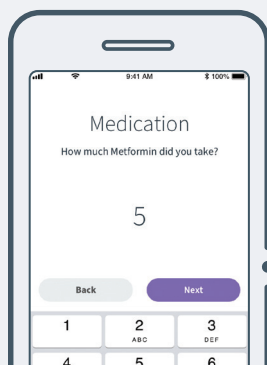Type in the dose of the medication and tap **Next**.

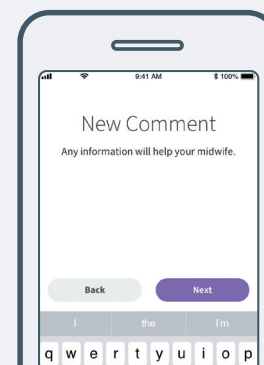**NOTE:** If you are not on medication, please proceed to **Step 7**.

Step 6

If you have not inputted a dose for a medication you will get an **Input required** warning.

Please review your dose and type in a number. If you have not taken your medication then please enter **0**.

Step 7

If you want to tell your diabetes care team something about your reading then please type this information into the **New comment** screen and then submit.

Step 8

Your reading will then appear on your diary and graph screens

NOTE: If you started to enter a new reading unintentionally, tap the **Cancel** button.