

01 How do I download the app?

Task: Download the app from the Google Play store for Android

Step 1

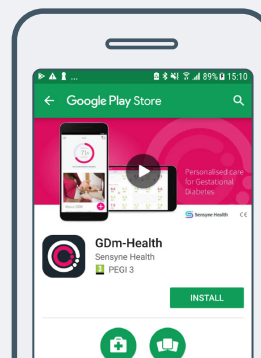
If you have an Android phone, then you can obtain the app from the Play Store for free.

Step 2

Go to the Play Store on your phone and search for **GDM-Health** and select the GDM-Health app.

Step 3

Download and install the app.



Step 4

Once you have downloaded the app you will be able to see the approved content about diabetes in pregnancy.

This can be read before you activate the app.

Task: Download the app from the Apple App store for iPhone

Step 1

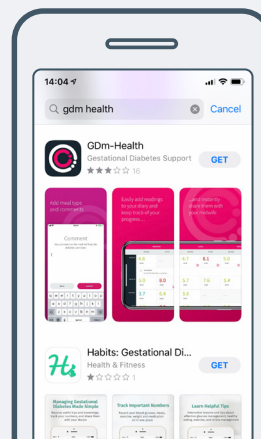
If you have an iPhone then you can obtain the app from the App Store for free.

Step 2

Go to the App Store on your phone and search for **GDM-Health**.

Step 3

Select and download the app.



Step 4

Once you have downloaded the app you will be able to see the approved content about diabetes in pregnancy.

This can be read before you activate the app.