

ALYTH CLASSES

— Mondays —

10

Dru Yoga

For all ages and abilities. Get in tune with your body through postures, breathing, exercises, relaxation and meditation.

Bring a blanket, bottle water and wear loose clothing.

Tutor: Barbara Speed

Fee: £45

Alyth Town Hall

10 Classes from

21st October to 16th December

7.30pm - 9.00pm

— Thursdays —

11

Tai Chi

The classes are designed and taught by Ali Farquharson, a qualified Tai Chi Practitioner, for men and women who wish to 'dip into the world of Tai Chi' and experience the charm and intrigue of this art form. Likewise, the classes may also appeal to folks who would like to take the opportunity to brush up previous knowledge of Tai Chi or simply people who would like to start from the beginning with a different Tai Chi teacher. If Tai Chi appeals to your sense of curiosity and desire to improve your health & fitness why not give it a try? Come along and step on the pathway of these ancient art forms. All you need is to wear loose fitting clothes and soft gym type shoes or Tai Chi slippers, (preferably not trainers) and remember, folks who practise Tai Chi are said to smile and laugh a lot!

Tutor: Ali Farquharson

Fee: £45

Ogilvy Rooms - Alyth

10 classes from 3rd October

10.30am - 12.00pm

Are there any classes you would like to see The Blairgowrie & Alyth Adult Education Association provide?

If so, give Mrs Pam Drysdale a call on the number below or write down your thoughts and send them in.

FOR INFORMATION
REGARDING ALL CLASSES
CONTACT

PAM DRYSDALE

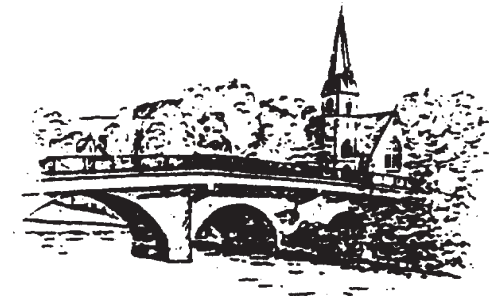
TELEPHONE 01250 873641

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**BLAIRGOWRIE & ALYTH
ADULT EDUCATION
ASSOCIATION**

Day/Evening Classes



**BLAIRGOWRIE & ALYTH
ADULT EDUCATION
ASSOCIATION**

AUTUMN 2019

Day/Evening Classes

During the Autumn the Associations are offering a range of classes at various venues in and around Blairgowrie and Alyth

ENROLMENT

**BY POST AS
EARLY AS POSSIBLE.**

A notice will appear in the press after enrolment which will list the courses going ahead for the Autumn Term .

THE INFORMATION PROVIDED BY YOU WILL BE USED SOLELY BY SECRETARY AND TUTOR TO ADMINISTER APPLICATIONS FOR THE BLAIRGOWRIE AND ALYTH ADULT EDUCATION ASSOCIATION PROGRAMME. WE WILL ENSURE THAT ALL PERSONAL INFORMATION SUPPLIED IS HELD SECURELY IN ACCORDANCE WITH THE GENERAL DATA PROTECTION REGULATION 2016/679



BLAIRGOWRIE & ALYTH ADULT EDUCATION ASSOCIATION

Enrolment Form Autumn Term - 2019

Name

Address

.....

.....

Post Code

Tel. No.

E.mail

Choice of Class

One form must be filled out for every course choice.

Enrol by post, forwarding the completed form to:

**Mrs PAM DRYSDALE,
Annandale, Parkhill Road,
BLAIRGOWRIE PH10 7DS**

enclosing a Cheque/PO or Bank Transfer to cover fee,
made payable to **B.A.E.A. to arrive as early as possible.**

Please enclose a stamped addressed envelope if a postal
receipt is required.

REFUNDS will only be made for courses which do not
run. No refunds will be made to course members wishing
to withdraw if courses are running. Materials for some
courses may be extra. Payment for these is made to the
tutor concerned.

Bank Transfer Info:

Royal Bank of Scotland - Ref: BAEA

A/C No: 00222599 Sort Code: 83-16-33

Name

Class No. Attending.....

CASH CHEQUE BANK TRANSFER

PLEASE NOTE

Each applicant should enrol on a separate form which
should be returned with payment. You will be contacted
only if a class is over subscribed or cancelled, otherwise
please attend first session. We also request that you
register for classes as early as possible in order that we
can determine whether or not we have sufficient people
to justify running class before start of term.

Mondays

01

Calligraphy

Interested in learning "Decorative Alphabet" to improve your
card writing project at home, this class could suit you.

Tutor: Mrs Davina Rutherford **Fee:** £50

Create at Nest, Reform Street, Blairgowrie

10 classes from 30th September to 2nd December 7pm - 9pm

02

Italian

This class is offered at intermediate level. More details available
if required.

Tutor: Alastair Nicolson **Fee:** £50

TBA

10 classes from

30th September to 2nd December 7.00pm - 9.00pm

Tuesdays

03

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health & fitness why not give it a try? Come along and step on
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loose fitting clothes and soft gym type shoes or Tai Chi slippers,
(preferably not trainers) and remember, folks who practise
Tai Chi are said to smile and laugh a lot!

Tutor: Ali Farquharson **Fee:** £45

Blairgowrie Town Hall

10 classes from

1st October to 20th November 10.30am - 12.00pm

Wednesdays Weaving

04

This workshop will take you through the basics of weaving;
you will set up the loom in a chosen design and throughout the
following weeks you will weave your own piece of cloth following
designs, patterns and colours. Allowing you to take your own
work away after the workshop has finished. You will learn the
basic of twill structure, clasped-weft-weave, plain-weave, and
various other design elements throughout. All instructions and
weaving materials are supplied, more luxurious fibres (*cashmeres
and/or silks*) or hand spun yarn must be supplied by yourselves.

Tutor: Ashleigh Slater

Fee: £100

"Nest", Reform Street, Blairgowrie

4 classes from 2nd October

12.00pm - 4.00pm

05/06 Making Friends with your Sewing Machine

Bring your own sewing machine, get to know how to set it
up and use the different stitch functions. Work on beginner
projects to build your confidence and basic sewing skills.
All materials included. Machines can be stored between classes
if required. **2 Courses to choose from.**

Tutor: Lorraine Welsh

Fee: £65

The Nest, Reform Street, Blairgowrie

05 - 8 Weeks from Wednesday 25th September 9.30am - 11.30am

06 - 8 Weeks from Thursday 26th September 7.00pm - 9.00pm

Thursdays

07 Crochet - Basics & Beyond

Learn the basics of Crochet or refresh your skills. Work at your
own pace, learning a range of stitches, shaping and finishing
and how to read basic patterns. Hook and starter wool provided.

Tutor: Tracie Dick

Fee: £48

The Nest, Reform Street, Blairgowrie

6 classes from 26th September

10.30am - 12.30pm

08/9 Dru Yoga & Meditation

A gentle form of yoga, suitable for a wide range of ages,
experience and fitness. An introduction to Meditation is
included in this class. Wear loose clothing, bring a blanket and
water. **2 Courses to choose from.**

Tutor: Aileen Brown

Fee: £35

St Catharines Centre, Blairgowrie

8 classes from 24th October to 12th December

Class 8 - 6.00pm - 7.30pm

Class 9 - 7.45pm - 9.15pm