

Exercise: See yourself as others see you

We often have a hard time seeing aspects of ourselves that come naturally. If you're having a tough time getting clear on your primary Thinking Style, it can be helpful to turn to your colleagues for their perspectives.

Ask a few colleagues which Thinking Style they think best describes you, and why. Remember that it may or may not be a style that seems directly related to your role. You can use their response as a springboard for discussion about your respective Thinking Styles, and how they resonate or complement each other.

Colleague	Comments