

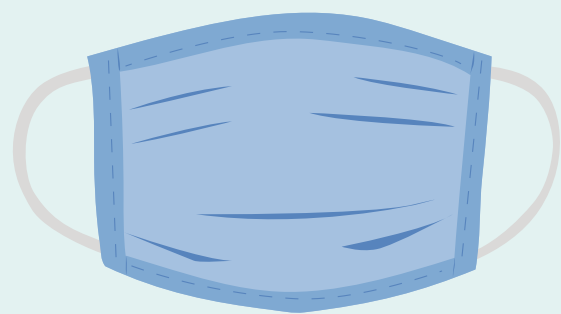
SIMPLE STEPS TO HELP STOP THE SPREAD



Let's keep our workspace safe!

Wear a mask

It is required to wear a mask at all times when possible, especially in common areas within the space.



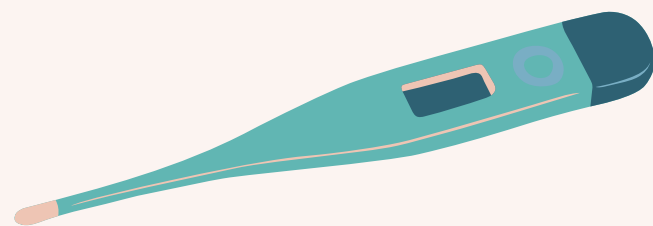
Wash your hands.

Practice good hand hygiene by washing your hands with soap and water or using alcohol or hand sanitizer.



Check your temperature.

Check your temperature on a regular basis.



Stay home if you're feeling unwell.

If you're not feeling well or suspect yourself to be sick, it's best to stay home and seek medical attention if needed.



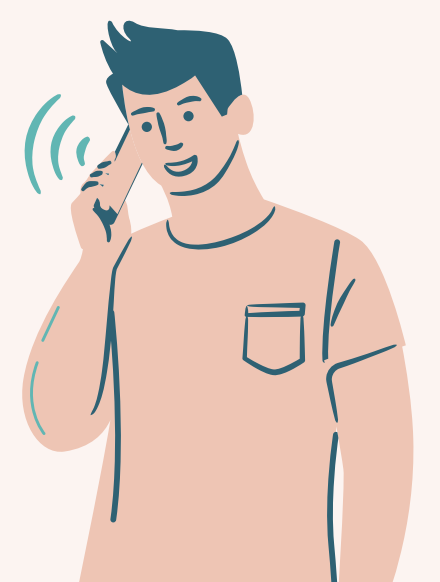
Watch for other symptoms.

Aside from fever, Covid-19 symptoms include cough, difficulty breathing, and fatigue.



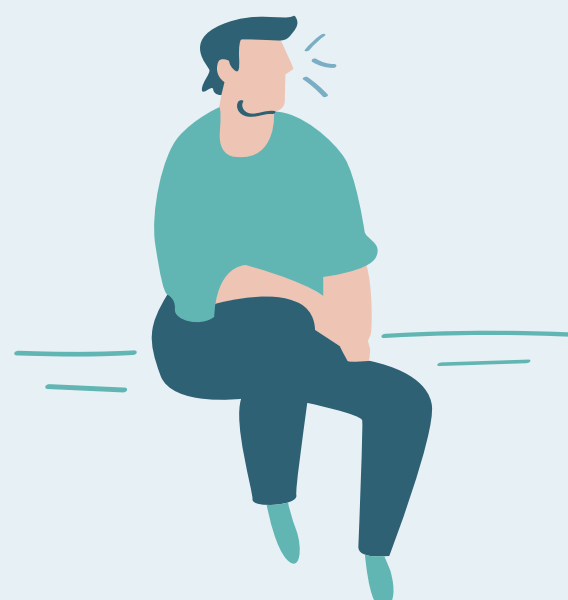
Avoid in-person meetings

Use phone or online calls when possible.



Practice social distancing.

Avoid more than 5 people per group. Maintain at least 1 meters distance from others.



Cough and sneeze into your elbow.

Use tissues and dispose in closed bins.

