



G.R.O.W. in Gimli Program

Evaluation Process

To ensure the G.R.O.W. in Gimli Program is meeting the needs of participants and caregivers, an evaluation process is completed each summer. All participants and caregivers have the opportunity to meet with a G.R.O.W. representative to identify 3-4 **life skills goals** that they would like to work on during their two week session in Gimli. To assess participants' progress, the *Canadian Occupational Performance Measure* is used. Participants and caregivers have the opportunity to rate the goals they choose on performance and satisfaction before and after the program to determine outcomes.

Post program, participants and caregivers will receive a written report on the participant's progress with their life skills goals including helpful suggestions and recommendations to continue to work on the goals at home. Participants and caregivers are also asked to participate in an interview to assess their perception of the program and provide an opportunity to make any recommendations or suggestions they feel will be helpful for the program. In addition, all caregivers will receive a follow-up phone call to answer any questions regarding the report or provide any other concerns or comments you may have.

The process is as follows:

Pre Program

- ∅ Meet with a G.R.O.W. representative to identify 3-4 **life skills goals** to work on while out in Gimli. Please come to the meeting with ideas of goals you would like to work on.
- ∅ Rate the life skills goals on performance and satisfaction using the *Canadian Occupational Performance Measure*.

Post Program

- ∅ Receive a written report on the participant's progress with their life skills goals.
- ∅ Meet with a G.R.O.W. representative to re-assess the life skills goals using *the Canadian Occupational Performance Measure* and complete an interview.
- ∅ Receive a follow-up phone call.