



## G.R.O.W. in Gimli Program

### Assessment Evening

Applicants will be invited to attend an assessment evening (date and time TBA) where applicants will have the opportunity to participate in various activities in a group setting. G.R.O.W. staff and committee members will be in attendance. The assessment evening is mandatory for all applicants and will be approximately two hours in length.

#### **The evening consists of the following:**

Ice breaker activity

Working in groups to prepare dinner (e.g. pita pizzas or wraps)

Recreational activity in the gym (e.g. basketball)

Opportunity to socialize and get to know one another while enjoying the meal they have prepared

**Please arrive at the designated time as activities will start right away. The drop-off and pick-up location is the front entrance of the Asper Campus, 123 Doncaster Street, by the security desk.**

#### **Things to remember:**

Come hungry as a light dinner will be served

Bring your runners

Please note: this is not a test for the applicant, but rather an opportunity to assess suitability and groupings for the sessions.