

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2024

					<p>9:00 Packet Pass 1 9:15-10:15 Students from FSRV Visiting 11:00 Decorate the dayroom (crafts) 2:30 Balloon Swat 4:00 Rainbow Scratch Art</p>	<p>Activities with Michaela 2 9:00 - Leisure Cart (TCU) 10:30 - Coffee and Devotions (3M) 11:30 - Coffee and Devotions (4M) 2:30 - Bible Study with Michael Etue (2N)</p>
<p>Self-Directed Activities: 3 Puzzles, books, tabletop games, movies and music are available in the day rooms at all times. 2:00 - Church Service with Chaplain Volunteer Randy T (2N)</p>	<p>9:00 Packet Pass 4 10:00 Hangman 11:00 Collaborative Art 2:30 Bingo 4:00 Pictionary</p>	<p>10:00 Cool Beans Cafe 5 10:00 Bible Study w/ Chaplain Gary (TCU) 11:00 Bible Study w/ Chaplain Gary (2S) 2:30 Seated Stretches 4:00 Paint by numbers</p>	<p>9:00 Packet Pass 6 10:00 Comedy Hour 11:00 Target Practice 2:30 Movie Theater: National Treasure (2004) Deadline to sign up for Outing</p>	<p>10:00 Coffee & Reminiscing 7 11:00-2:00 Lunch outing: Smokey Bones 3:00 Feel it Out Game 4:00 Enjoy a Shirley Temple</p>	<p>9:00 Packet Pass 8 10:00 Morning Yoga 11:00 Lets Make: Paper Flowers 2:30 Bingo 4:00 Painting Wooden Crafts</p>	<p>Activities with Paula 9 9:00 - Leisure Cart (TCU) 10:30 - Coffee and Devotions (3M) 11:30 - Coffee and Devotions (4M) 2:00 - Maple St. Baptist Church Choir (2N) 2:30 - Church Service with Michael Herron (2N)</p>
<p>Self-Directed Activities: 10 Puzzles, books, tabletop games, movies and music are available in the day rooms at all times. Ramadan Begins Daylight Saving Time Begins</p>	<p>9:00 Packet Pass 11 10:00 Morning Mingle - Gardening 11:00 Pizza Party 2:30 Bingo 4:00 Shadow Art</p>	<p>10:00 Cool Beans Cafe 12 10:00 Bible Study w/ Chaplain Gary (TCU) 11:00 Bible Study w/ Chaplain Gary (2S) 2:30 Music with Marc (2N) 4:00</p>	<p>10:00 What is Ramadan? 13 11:00 Aromatherapy and Nails 12:30-1:45 FSRV Field Trip 2:30 Movie Theater: A League of the Own (1992) Deadline to sign up for Outing</p>	<p>10:00 Coffee & Reminiscing] 4 10:30-12:30 Scenic Drive (priority given to 3M &4M) 11:00 Green Eggs and Ham 2:30 Seasonal Trivia (St. Paddy's, Easter, Spring and Daylight Savings) 4:00 Color Me Calm</p>	<p>9:00 Packet Pass 15 10:30 - Goodview Ensemble (L) 2:00 Ceramic Club with: Celestial Ceramics (2S) 2:30 Lets Make: Strawberry Shortcake 4:00 Friday Fitness</p>	<p>Activities with Jennifer 16 9:00 - Leisure Cart (TCU) 10:30 - Coffee and Devotions (3M) 11:30 - Coffee and Devotions (4M) 2:30 - Bible Study with Michael Etue</p>
<p>Self-Directed Activities: 17 Puzzles, books, tabletop games, movies and music are available in the day rooms at all times. 2:00 - Church Service with Chaplain Volunteer Randy T (2N) St. Patrick's Day</p>	<p>9:00 Packet Pass 18 10:00 Morning Mingle - History of St. Patrick's Day 11:00 Bingo 2:00 St. Paddy's Day Party (TCU)</p>	<p>10:00 Cool Beans Cafe 19 10:00 Bible Study w/ Chaplain Gary (TCU) 11:00 Bible Study w/ Chaplain Gary (2S) 2:30 Painting Class with Jennifer C (Limit 10- 2S) 2:30 Spring Begins</p>	<p>9:00 Packet Pass 20 10:00 Color a Leprechaun 11:00 Resident Council 2:30 Movie Theater: Leap Year (2010) Deadline to sign up for Outing</p>	<p>10:30-1:30 Shopping outing: Walmart 2:30-4:30: Shopping outing: Ollies Leisure materials available in all dayrooms</p>	<p>9:00 Packet Pass 22 10:00 Morning mingle - Friday Fitness 11:00 Bingo 2:30 Bingo Buck Auction</p>	<p>Activities with Natalie 23 9:00 - Leisure Cart (TCU) 10:30 - Coffee and Devotions (3M) 11:30 - Coffee and Devotions (4M) 2:30 - Church Service with Minister Jones Purim Begins</p>
<p>Self-Directed Activities: 24 Puzzles, books, tabletop games, movies and music are available in the day rooms at all times. Palm Sunday</p>	<p>9:00 Packet Pass 25 10:00 Morning Mingle - Birds 11:00 Lets Make: Herbal Tea 2:30 Bingo 4:00 Meditative Art</p>	<p>10:00 Cool Beans Cafe 26 10:00 Bible Study w/ Chaplain Gary (TCU) 11:00 Bible Study w/ Chaplain Gary (2S) 2:30 Balloon Swat 4:00 Puzzle Party</p>	<p>9:00 Packet Pass 27 10:30 - Star City Cover Girls (TCU) 2:30 Movie Theater: Holes (2003) Deadline to sign up for Outing</p>	<p>10:00 Coffee & Reminiscing 28 11:00-2:00 Activity outing - Parakeet garden - Cost: \$8 3:00 Crafting For Others - Easter Treats for friends 4:00 Puzzle Party (pt.2)</p>	<p>9:00 Packet Pass 29 10:00 Morning Mingle - Good Friday 11:00 Spring Hangman 2:30 Decorating Easter Eggs 4:00 Grand Opening - Resident Store</p>	<p>Activities with Noah 30 9:00 - Leisure Cart (TCU) 10:30 - Coffee and Devotions (3M) 11:30 - Coffee and Devotions (4M) 2:30 - Bible Study with Michael Etue</p>
<p>Self-Directed Activities: 31 Puzzles, books, tabletop games, movies and music are available in the day rooms at all times. 2:00 - Easter Sunday Service with Chaplain Volunteer Randy T (2N) Easter Sunday</p>	<p style="text-align: center;">Friendship Health & Rehab North Any calendar changes will be posted on unit Bulletin Boards Groups last 30-60 minutes in length and are held in Dayrooms unless otherwise noted, please see location legend at bottom of calendar Please Sign up by 4pm on Wednesdays to be included in Outings, Cancel/Waitlist available Activities Staff: TCU - Michaela C, 2N - Jonathan "Noah" A, 2S - Natalie D, 3M - Jennifer L. 4M - Paula D Activities Director - Emily Findley (540) 265-2128 or efindley@friendship.us</p>					

Location Key: Transitional Care Unit (TCU) 2 North (2N), 2 South (2S), 3 Main (3M), 4 Main (4M), FHRC parking lot (P), Room visits (R), Garden (G), Activity Office (A), Bistro Field (B), Front Lobby (L)