



- Call [when you receive your calendar](#) at (540.777.4612) & leave one message with all the things you wish to participate in that require a sign up. Only those **highlighted in yellow** need a reservation. Transport is available as buses circle campus 30 mins prior to each on campus activity. Off campus bus trip pick up times are listed on the calendar. Call if you're unsure about pick up locations.
- **CANCEL "reserved" activities at the number above.** Please allow those on the waiting list the chance to go if you are not able to attend. Prompt cancellation allows us time to call those on list. Abbreviations for activity locations: All in the single story building labeled **Residents Center**  
**CH** = Chapel 1<sup>st</sup> hallway on right after entering **CF** = Club Friendship to left after entering front door  
**Lby** = Library where fireplace is along with puzzle tables, etc.  
**CRoom** = Community Room (from entrance take hallway to right past hair salon)
- **Armchair Travel** – monthly travel videos and snacks from a different country each month.
- **Bag Brigade** – Most months we will decorate lunch bags for the Rescue Mission clients.
- **Bible Study** – Sarah Stephens hosts a twice monthly bible study in Club Fship – all are welcome!
- **Bingo** – played most Mondays (see calendar). Bring \$1 for winner's pot. Prizes for winners!
- **Buffet Luncheon** – complimentary monthly meal by reservation only, bring a dessert to share.
- **Chaplain Gary Kingery will do an 11am Sunday service for us the 17<sup>th</sup> of March in Chapel**
- **Civil War & WWII Roundtables** – monthly & open to all in the evenings (see calendar)
- **Coffee's on Me** – a twice monthly gathering of neighbors in Club Friendship to sip & talk.
- **Color Me Calm** – a Friday morning gathering to relax and color, and there's coffee & music.
- **Craft with Cheryl** – Each month make seasonal crafts. Supplies provided, advance sign up needed.
- **Communion** – a monthly service provided by St. Andrews Catholic Church in Residents Ctr Chapel.
- **FAR Meetings** – Friendship Association of Residents meets quarterly to discuss resident matters.
- **Farkle Dice** – a twice monthly dice game to enjoy with neighbors. Come watch, learn & participate!
- **Fiber Friends** – a twice monthly needlework group to enjoy, learn and see each other's projects
- **Friendship Singers** – practice twice monthly. Now preparing Spring concert music, join us!
- **Games Galore** – a new addition at resident's request to play board & card games in CF each Wed.
- **Happy Hour** – Held monthly with lite snax, beer, wine & cider provided. Live music (see calendar)
- **Lunch & Learn (Bus to LOA)** – each 3<sup>rd</sup> Friday to LOA Offices for lunch & speaker on senior matters
- **Mobile Farmers Market** – on ea 4<sup>th</sup> Wednesday from 3-4pm (see calendar)
- **Pastor Talk** – Chaplain Gary provides a twice monthly message check your calendar for date/time.
- **Professionally Speaking** – held quarterly, a gathering where a resident tells us about their employment adventures and how they came to be with us here at Friendship.
- **Senior Trivia** – held monthly, we play in teams to answer questions and test our memories. Prizes!
- **Shopping bus** – the first & third Tuesday of each month a shopping bus alternates destination. See calendar for those. Seating is limited so save your large grocery run for Friday morning buses.
- **Shopping bus** – each Friday Friendship buses circle campus for riders that want to do grocery shopping at the store listed for that day. Buses pick up those in the Wellington, North Hampton and Regency buildings at **9am** and those in West Wood & Villages at **10am**. No sign up is required
- **Speakers** – various topics, info on calendar, call activities office or check newsletter for more info!
- **Spelling Bee** – held quarterly, we play in teams for prizes and to test our spelling skills.
- **Timeless Treasures** – held quarterly, bring treasures and share their story.
- **Triad Safety Meetings** – each 1<sup>st</sup> Thursday, Rke Co Sheriff's Dept provides speakers on senior safety
- **Veterans Box Lunch** – monthly (see calendar), if you have not attended before, call (540.777.4612)
- **Volunteer Bus** – alternating months visit to Rescue Mission, clothes sorting & kitchen work

***NEW IN March -- 3/1 Craft Sale in CF, Friday mornings enjoy Color Me Calm in CF, 3/11 Senior Trivia has returned to Monday, 3/14 Spelling Bee, 3/15 Tom our "Singing Bus Driver" performs, 3/18 a Neurologist speaks on Dementia, 3/22 Mill Mtn Music Showcase, 3/27 bus to theatre for Margaritaville musical!***

**Pat Walters, Activities Coordinator 540.777.4612**