









Dec	<div>January 2024</div> <div>The Feinour Center</div>					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>31</div> <div>NEW YEAR'S EVE</div>  	<div>1</div> <div>NEW YEAR'S DAY</div> <div>THE CENTER IS CLOSED FOR NEW YEAR'S DAY</div> 	<div>2</div> <div>AM Activities:</div> <div>9:00 Coffee, Coloring & Conversations</div> <div>9:30 Bingo</div> <div>10:00 Good Morning Chat & Snack</div> <div>10:30 Yoga</div> <div>11:00 Hangman</div> <div>11:30 Roll & Respond</div> <div>PM Activities:</div> <div>12:30 Rest and Relax</div> <div>1:30 Word Searches</div> <div>2:00 Dominoes</div> <div>2:30 Afternoon Snack</div> <div>3:00 Watercolor Painting</div> <div>4:00 Puzzles</div> <div>4:30 Viewer's Choice</div>	<div>3</div> <div>AM Activities:</div> <div>9:00 Coffee, Coloring & Conversations</div> <div>9:30 Wednesday Walk Club</div> <div>10:00 Good Morning Chat & Snack</div> <div>10:30 Word Unscramble</div> <div>11:00 Chair Zumba with Louann</div> <div>11:30 Horse Races</div> <div>PM Activities:</div> <div>12:30 Rest and Relax</div> <div>1:30 UNO</div> <div>2:00 Devotionals</div> <div>2:30 Afternoon Snack</div> <div>3:00 Afternoon Bingo</div> <div>4:00 Card Games</div> <div>4:30 Viewer's Choice</div>	<div>4</div> <div>TRIVIA DAY</div> <div>AM Activities:</div> <div>9:00 Coffee, Coloring & Conversations</div> <div>9:30 FROGS</div> <div>10:00 Good Morning Chat & Snack</div> <div>10:30 50's Trivia</div> <div>11:00 Trivia Categories</div> <div>PM Activities:</div> <div>12:30 Rest and Relax</div> <div>1:00 America's Funniest Home Videos</div> <div>2:00 Piano with Ruby Iris</div> <div>2:30 Afternoon Snack</div> <div>3:00 Classic TV Trivia</div> <div>4:00 Adult Color</div> <div>4:30 Viewer's Choice</div>	<div>5</div> <div>AM Activities:</div> <div>9:00 Coffee, Coloring & Conversations</div> <div>9:30 Friday Chair Fitness</div> <div>10:00 Good Morning Chat & Snack</div> <div>10:30 Wheel of Fortune</div> <div>11:00 Kickball</div> <div>11:30 Karaoke with Paige</div> <div>PM Activities:</div> <div>12:30 Rest and Relax</div> <div>1:30 Manicures</div> <div>2:30 Afternoon Snack</div> <div>3:00 Friday Film Festival</div> <div>3:30 Color Creations</div> <div>4:00 Game Group</div> <div>4:30 Viewer's Choice</div>	<div>6</div> <div>BEAN DAY</div>  




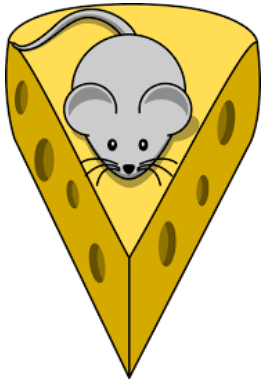
January 2024

The Feinour Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>7</p> 	<p>8</p> <p>AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Monday Meditation & Stretch 10:00 Good Morning Chat & Snack 10:30 Buzzword 11:00 Hangman</p> <p>PM Activities: 12:30 Rest and Relax 1:30 Name that Tune 2:00 Puzzles with Mallie 2:30 Afternoon Snack 3:00 Afternoon Bingo 4:00 Card Sharks 4:30 Viewer's Choice</p>	<p>9</p> <p>AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Bingo 10:00 Good Morning Chat & Snack 10:30 Yoga with Barbara 11:30 Music Requests</p> <p>PM Activities: 12:30 Rest and Relax 1:30 Table Ping Pong 2:30 Afternoon Snack 3:00 The Price is Right 4:00 Adult Color 4:30 Viewer's Choice</p>	<p>10</p> <p>BITTERSWEET CHOCOLATE DAY</p> <p>AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Wednesday Walk Club 10:00 Good Morning Chat & Snack 10:30 Chocolate Matching 11:00 Things that are Chocolate 11:30 Pet Visit with Sassy</p> <p>PM Activities: 12:30 Rest and Relax 1:30 Kickball 2:00 Devotionals 2:30 Afternoon Snack 3:00 Afternoon Bingo 4:00 Card Games 4:30 Viewer's</p>	<p>11</p> <p>AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 FROGS 10:00 Good Morning Chat & Snack 10:00 Pet Visit with Roanoke Valley SPCA 11:00 Family Feud 11:30 Ball Toss</p> <p>PM Activities: 12:30 Rest and Relax 2:00 Piano with Ruby Iris 2:30 Afternoon Snack 3:00 UNO 4:00 Adult Color 4:30 Viewer's Choice</p>	<p>12</p> <p>HAPPY BIRTHDAY MALEKA!</p> <p>NATIONAL HOT TEA DAY</p> <p>AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Friday Chair Fitness 10:00 Good Morning Chat & Snack 10:30 Guess Who? 11:30 Karaoke with Paige</p> <p>PM Activities: 12:30 Rest and Relax 1:30 Manicures 2:30 Afternoon Snack 3:00 Friday Film Festival 3:30 Color Creations 4:00 Game Group 4:30 Viewer's Choice</p>	<p>13</p> <p>NATIONAL RUBBER DUCKY DAY</p>  




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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>14</p>  	<p>15</p> <p>MARTIN LUTHER KING DAY</p> <p><u>AM Activities:</u> 9:00 Coffee, Coloring & Conversations 9:30 Monday Meditation & Stretch 10:00 Good Morning Chat & Snack 10:30 On this day in history... 11:00 MLK Speech Video 11:30 Hangman <u>PM Activities:</u> 12:30 Rest and Relax 1:30 Crosswords 2:00 Puzzles with Mallie 2:30 Afternoon Snack 3:00 Afternoon Bingo 4:00 Card Sharks 4:30 Viewer's Choice</p>	<p>16</p> <p><u>AM Activities:</u> 9:00 Coffee, Coloring & Conversations 9:30 Bingo 10:00 Good Morning Chat & Snack 10:30 Yoga 11:00 Comedy Hour 11:30 Name that Song</p> <p><u>PM Activities:</u> 12:30 Rest and Relax 1:30 Board Games 2:30 Afternoon Snack 3:00 Word Unscramble 4:00 Dominoes 4:30 Viewer's Choice</p>	<p>17</p> <p><u>AM Activities:</u> 9:00 Coffee, Coloring & Conversations 9:30 Wednesday Walk Club 10:00 Good Morning Chat & Snack 10:30 Target Practice 11:00 Pictionary 11:30 Music Requests</p> <p><u>PM Activities:</u> 12:30 Rest and Relax 1:30 UNO 2:00 Devotionals 2:30 Afternoon Snacktivity with Robin 3:00 Afternoon Bingo 4:00 Card Games 4:30 Viewer's Choice</p>	<p>18</p> <p>HAPPY 80TH BIRTHDAY WILLIE!</p> <p><u>AM Activities:</u> 9:00 Coffee, Coloring & Conversations 9:30 FROGS 10:00 Good Morning Chat & Snack 10:30 Chair Dancing 11:00 Charades 11:30 Celebrity Birthdays</p> <p><u>PM Activities:</u> 12:30 Rest and Relax 1:00 Dominoes 2:00 Piano with Ruby Iris 2:30 Afternoon Snack 3:00 Kickball 4:00 Adult Color 4:30 Viewer's Choice</p>	<p>19</p> <p>NATIONAL POPCORN DAY</p> <p><u>AM Activities:</u> 9:00 Coffee, Coloring & Conversations 9:30 Friday Chair Fitness 10:00 Good Morning Chat & Snack 10:30 Popcorn Categories 11:30 Karaoke with Paige</p> <p><u>PM Activities:</u> 12:30 Rest and Relax 1:30 Manicures 2:30 Afternoon Snack 3:00 Friday Film Festival 3:30 Color Creations 4:00 Game Group 4:30 Viewer's Choice</p>	<p>20</p> <p>NATIONAL CHEESE LOVER DAY</p>  

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The Feinour Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 NATIONAL HUGGING DAY  	22 AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Monday Meditation & Stretch 10:00 Good Morning Chat & Snack 10:30 Noodle Ball 11:00 Hangman PM Activities: 12:30 Rest and Relax 1:30 Making Trail Mix 2:00 Puzzles with Mallie 2:30 Afternoon Snack 3:00 Afternoon Bingo 4:00 Card Sharks 4:30 Viewer's Choice	23 HAPPY 85TH BIRTHDAY BARBARA! AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Bingo 10:00 Good Morning Chat & Snack 10:30 Yoga 11:00 Parachute Play PM Activities: 12:30 Rest and Relax 1:30 Abstract Art 2:30 Afternoon Snack 3:00 Trivia Tic Tac Toe 4:30 Viewer's Choice	24 COMPLIMENT DAY AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Wednesday Walk Club 10:00 Good Morning Chat & Snack 10:30 Give a Compliment Card 11:00 Cello with Louann 11:30 Pet Visit with Roux PM Activities: 12:30 Rest and Relax 1:30 Adult Coloring 2:00 Devotionals 2:30 Afternoon Snack 3:00 Afternoon Bingo 4:00 Card Games 4:30 Viewer's Choice	25 OPPOSITE DAY AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 FROGS 10:00 Good Morning Chat & Snack 10:30 Opposite Words 11:00 Bowling with Josh 11:30 Music Requests PM Activities: 12:30 Rest and Relax 1:00 UNO 2:00 Piano with Ruby Iris 2:30 Afternoon Snack 3:00 Buzzword 4:00 Adult Color 4:30 Viewer's Choice	26 AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Friday Chair Fitness 10:00 Good Morning Chat & Snack 10:30 Finish the Lyrics 11:00 Kickball 11:30 Karaoke with Paige PM Activities: 12:30 Rest and Relax 1:30 Manicures 2:30 Afternoon Snack 3:00 Friday Film Festival 3:30 Color Creations 4:00 Game Group 4:30 Viewer's Choice	27 CHOCOLATE CAKE DAY 

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February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 NATIONAL KAZOO DAY  	29 NATIONAL PUZZLE DAY <u>AM Activities:</u> 9:00 Coffee, Coloring & Conversations 9:30 Monday Meditation & Stretch 10:00 Good Morning Chat & Snack 10:30 Deal or No Deal 11:00 Hangman 11:30 Sing a long Songs <u>PM Activities:</u> 12:30 Rest and Relax 1:30 Adult Color 2:00 Puzzles with Mallie 2:30 Afternoon Snack 3:00 Afternoon Bingo 4:00 Card Sharks 4:30 Viewer's	30 <u>AM Activities:</u> 9:00 Coffee, Coloring & Conversations 9:30 Bingo 10:00 Good Morning Chat & Snack 10:30 Yoga 11:00 Cotton Ball Scoop 11:30 Pictionary <u>PM Activities:</u> 12:30 Rest and Relax 1:30 Dominoes 2:30 Afternoon Snack 3:00 Winter Collage 4:00 Crosswords 4:30 Viewer's Choice	31 <u>AM Activities:</u> 9:00 Coffee, Coloring & Conversations 9:30 Wednesday Walk Club 10:00 Good Morning Chat & Snack 10:30 Random Categories 11:30 Short Stories <u>PM Activities:</u> 12:30 Rest and Relax 1:30 UNO 2:00 Devotionals 2:30 Afternoon Snack 3:00 Afternoon Bingo 4:00 Card Games 4:30 Viewer's Choice	1 <u>AM Activities:</u> 9:00 Coffee, Coloring & Conversations 9:30 FROGS 10:00 Good Morning Chat & Snack 10:30 February Mining 11:00 Famous Faces <u>PM Activities:</u> 12:30 Rest and Relax 1:30 Parachute Play 2:00 Piano with Ruby Iris 2:30 Afternoon Snack 3:00 Puzzle Piece Heart Craft 4:00 Adult Color 4:30 Viewer's Choice	2 GROUNDHOG DAY <u>AM Activities:</u> 9:00 Coffee, Coloring & Conversations 9:30 Friday Chair Fitness 10:00 Good Morning Chat & Snack 10:30 Groundhog Matching 11:30 Karaoke with Paige <u>PM Activities:</u> 12:30 Rest and Relax 1:30 Manicures 2:30 Afternoon Snack 3:00 Friday Film Festival 3:30 Color Creations 4:00 Game Group 4:30 Viewer's Choice	3 