




June 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 8:30 One on Ones (1:1) 10:00 Calendar Distribution (A) 2:00 Lemonade in The Shade (CY)	2 National Donut Day 8:30 One on Ones (1:1) 10:00 Mens Club (B) 10:00 Ladies Group (A) 2:00 Smores Social (A)	3 10:00 Fruit Cups (1:1) 2:00 Bingo w/ Cheyenne (A)
4 10:00 Cotton swab Lilac Paintings (A) 2:00 Church with Cheyenne (A)	5 8:30 One on Ones (1:1) 10:00 Nerf Games (A) 11:00 Manicures 2:00 Bingo (A)	6 8:30 One on Ones (1:1) 10:30 Lunch Outing to Olive Garden (O) [must sign up by 06/02] 1:20 Movie Matinee (A)	7 National Chocolate Ice Cream Day 8:30 One on Ones (1:1) 10:00 Ice Cream Truck 2:00 Bingo (A)	8 8:30 One on Ones (1:1) 11:00 Resident Council 2:00 Bible study with Marvin (A)	9 8:30 One on Ones (1:1) 10:00 Coffee & Donuts 2:00 Music & Lemonade (CY)	10 10:00 Activity To Be Announced (A) 2:00 Bingo with Maggie (A)
11 10:00 Painting (A) 2:00 Covenant Church (A)	12 8:30 One on Ones (1:1) 10:00 Cardio Drumming (A) 11:00 Manicures (A) 2:00 Bingo (A)	13 8:30 One on Ones (1:1) 10:30 Walmart Shopping (O) [must sign up by 06/09]	14 National Strawberry Short Cake Day 8:30 One on Ones (1:1) 10:00 Ball Toss 2:00 Bingo (A) 3:00 Strawberry Shortcake Social (A)	15 Start of CNA Week! 8:30 One on Ones (1:1) 10:00 Balloon Volleyball (A) 11:00 Pet Rock Painting (A) 2:00 2:00 Book Club (A)	16 10:00 Men's Club (B) 10:00 Ladies Group (A) 11:00 Father's Day Pizza Party (B) 2:00 Marc Baskind (A)	17 10:00 Summer Paintings (A) 2:00 Bingo w/ Cheyenne (A)
18 Fathers Day! 10:00 Fruit & Veggie Cart 2:00 Church with Cheyenne (A)	19 Juneteeth 8:30 One on Ones (1:1) 10:00 Cardio Drumming (A) 11:00 Group Sessions With Renee (BR) 2:00 Bingo (A)	20 8:30 One on Ones (1:1) 10:30 Bowling (O) [Must sign up by 06 /16]	21 First Day of Summer! 8:30 One on Ones (1:1) 10:00 Ice Cream Truck 11:00 Lets Stretch (A) 2:00 Water Balloons (CYA)	22 8:30 One on Ones (1:1) 10:00 Cornhole (A) 2:00 Bible study with Marvin (A)	23 8:30 One on Ones (1:1) 10:00 Coaster Craft (A) 2:00 Cooking Show with Josh (A)	24 10:00 Activity to be announced (A) 2:00 Bingo with Maggie (A)
25 10:00 Craft with Maggie 2:00 Activity to be announced (A)	26 8:30 One on Ones (1:1) 10:00 Manicures (B) 10:00 Card Games (A) 2:00 Bingo (A)	27 8:30 One on Ones (1:1) 10:30 Countryside Park & Cook out (O) [Must Sign up by 06/23]	28 8:30 One on Ones (1:1) 10:00 6 Feet Apart Band 11:00 Adult coloring (A) 2:00 June Birthday Party (A)	29 8:30 One on Ones (1:1) 10:00 Canvas Painting (A) 11:00 Memory Jogging (A) 2:00 Movie and Popcorn (A)	30 8:30 One on Ones (1:1) 10:00 Gardening & Iced Tea (CY) 2:00 Singing with Renee (A)	
KEY: 1-Wing 1 Dayroom 2-Wing 2 Dayroom A-Dining Room A B- Dining Room B	KEY: 3-Wing 4 Dayroom 4-Wing 3 Dayroom CYA—Court yard A CYB—Court yard B	KEY: BR- Boardroom NS- Nurses Station O—Outing 1 1—Resident Room L-Lobby		Recreation Leaders: Melissa Fisher Cheyenne Bower Director: Spencer Linkous 540- 777-8475	Contact Activities staff with Activity suggestions for future months at any time! Contact Spencer with Volunteer interests!	Puzzles, Books and Games are available in Dayroom 4 at all times. Activities will last 30-60 minutes unless otherwise noted. Activities are subject to change Posted on each wing's display calendar. for any changes.