

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	BINGO 1 12noon in CF 1pm Line Dance in CF 2pm Cornhole in CR 3:30pm <u>Understanding your Baby Boomer children</u> by Harry Whiteside	10am Coffee in CF 2 1pm Fiber Friends Lby 1:30pm <u>Shopping Bus to Hamricks</u> 2:30pm Farkle Dice Game	<u>Woods Produce Sale</u> 3 on Patio 10am-12noon 11am Lunch Bunch Bus to <u>Red Palace Chinese</u> limited seating, call today	4 1pm Triad Mtg CH featuring Active Shooter RUN HIDE FIGHT	5 9am//10am Shopping Bus Hollins Food Lion (see over) 12:30pm Bible Study with Sara Stephens CH 3pm WACKO BINGO PARTY CF	 6 10am BUS TRIP TO CHICKEN SALAD CHICK & HOBBY LOBBY in Christiansburg
 7	BINGO 8 12noon in CF	11am WDBJ's Logan Sherill speaks on his adventures on <u>Hometown Eats</u> . 2pm Osteoporosis Workshop Part 1 by Friendship's Therapy Department	<u>Woods Produce Sale</u> 10 on Patio 10am-12noon Beltone Hearing Rep by appointment Call 777.4612 to schedule 11am Lunch Bunch Bus to <u>Green Goat on Wiley Dr</u> limited seating, call today	11 11am Tea & Fashion CF A lady's tea party with residents modeling their own fashion ensembles. 2pm Senior Trivia – come challenge the Champs! CF	12 9am//10am Shopping Bus CrossRoads Kroger (see over) 11am Art with Jane – come create with our favorite artist! 1pm Classic Movie – CH <u>Cat on a Hot Tin Roof</u> 1958 Elizabeth Taylor 1.hr 48mins	 13 10am BUS TRIP TO CHICKEN SALAD CHICK & HOBBY LOBBY in Christiansburg
 14	15 Activities Office Closed 11am Adult Coloring Lby 1pm Line Dance with Jim & Cheryl Skinner in CF 2pm Cornhole in CR	16 1pm Fiber Friends (knitting & crochet) In the Library 2:30pm Farkle Dice Game in the Library	<u>Woods Produce Sale</u> 17 on Patio 10am-12noon 10am Bus to Tour 911 Dispatch Center Cove Rd <u>Baseball Bunch (6pm)</u> 6pm Bus to Red Sox Game Tickets provided, reserve!	18 12noon Veterans Box Lunch (reserve your spot) 3pm Piano Sing A Long Concert CH by Thomas Adams	19 9am//10am Shopping Bus Hollins Food Lion (see over) 11am Armchair Travel to beautiful India 3pm Live Music with the <u>Saxy Keys</u> on Patio or Chapel depending on weather	 20
 21	22 BINGO 12noon in CF 2pm Timeless Treasures Show & Tell in CF	23 12n Brown Bag Biography bring lunch & view A&E biography - <u>Dale Carnegie</u> 2pm Osteoporosis Workshop Part 2 by Friendship's Therapy Department	<u>Woods Produce Sale</u> 24 on Patio 10am-12noon 11am Lunch Bunch Bus to <u>Joe Goodpies Pizza</u> in Vinton limited seating, call today	25 11am Pastor's Talk by <u>Edward Burton</u> CH featuring <u>Bright Aku's</u> guitar music 1:30pm Michael Bentley "Population Matters" CH 2-4pm Dunking Booth Fundraiser for American Heart Association on Patio	26 9am//10am Shopping Bus Hollins Kroger (over) 11am Art with Jane – come create with our favorite artist! 1pm Classic Movie – CH <u>Little Women</u> 1933 Kate Hepburn 1.hr 55mins	 27
28 <i>Be sure to flip this calendar over for more information on the activities featured. See the Wellness Calendar & Bistro menus as well as the Friendly Circle all enclosed for your review</i>	29 11:30am Calendar Prep small group to fold & stuff 2:30pm Delish Demo cooking program by our own Bistro Chefs!	30 10am Coffee in CF 11:30am Reading in CF from the Flower Letters 2pm Enhabit Home Health & Hospice with <u>Kim Holbrook</u> in CF	<u>Woods Produce Sale</u> 31 on Patio 10am-12noon 1pm Bus Trip to <u>Heritage Family Market</u> in Fincastle & stop at <u>Brewster's Ice Cream</u>	<h1>August 2022</h1> <h2>FRIENDSHIP INDEPENDENT LIVING ACTIVITIES</h2>		

Call 540.777.4612 to attend the above, and to arrange transport. You will receive a return confirmation call. Reserve Sunday church bus at 540.655.2026 by Friday at 4pm.