

 **October 2021** 

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Daily Schedule: 9:00 am- 10:00 am Group and Individual Activities 10:00 am-10:30 am Morning Snack 10:30 am-12:00 pm Group Activities 12:00 pm-1:00 pm Lunch / Rest and Relax 1:00 pm-2:30 pm Group Activities 2:30 pm-3:00 pm Afternoon Snack 3:00 pm -5:00 pm Group and Individual Activities</p>	<p>THEME DRESS UP FRIDAY:</p> <p>10/01: SHINE BRIGHT DAY: WEAR BRIGHT NEON COLORS OR ANY COLOR OF THE RAINBOW</p> <p>10/08: TIE DYE DAY: DRESS IN YOUR BEST TIE DYE AND BRING SOMETHING TO DYE AS WELL</p> <p>10/15: HERO VS VILLAIN DAY: DRESS UP AS YOUR FAVORITE CHARACTERS REGARDLESS IF THEY'RE THE HERO OR THE VILLAIN!</p>	<p>10/22: SPORTS JERSEY DAY: REP YOUR FAVORITE TEAM BY COMING IN YOUR JERSEYS OR GEAR TO SUPPORT YOUR FAVORITE TEAM</p> <p>10/29: HALLOWEEN COSTUME PARTY: BE SOMETHING SCARY, SOMEONE FAMOUS OR YOUR FAVORITE ANIMAL!</p>	<p>1 SHINE BRIGHT DAY</p> <p>AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Friday Chair Fitness 10:00 Good Morning Chat & Snack 10:30 Spin Art 11:00 Pet Visits with Sassy 11:30 Service Project</p> <p>PM Activities: 12:30 Rest and Relax 1:00 Manicures 1:30 Shooting Star Race 2:00 Smile & Shine Mining 2:30 Afternoon Snack 3:00 Friday Film Festival 3:30 Color Creations 4:00 Game Group 4:30 Viewer's Choice</p>	
4 NATIONAL GOLF DAY	5 DO SOMETHING NICE DAY	6	7	8 TIE DYE DAY
<p>AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Monday Meditation & Stretch 10:00 Good Morning Chat & Snack 10:30 Golf Word Unscramble 11:00 Putt Putt</p> <p>PM Activities: 12:30 Rest and Relax 1:00 Mad Lib Madness 1:30 Golf Facts & Trivia 2:00 Move to the Music 2:30 Afternoon Snack 3:00 Karaoke 4:00 Word Puzzles 4:30 Viewer's Choice</p>	<p>AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Bingo 10:00 Good Morning Chat & Snack 10:30 Yoga 11:00 Wacky Wordies 11:30 Positive Affirmations</p> <p>PM Activities: 12:30 Rest and Relax 1:00 Random Acts of Kindness 1:30 Zumba 2:00 Target Shoot 2:30 Afternoon Snack 3:00 Salt Dough Pumpkins 4:00 Ring Toss 4:30 Viewer's Choice</p>	<p>AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Wednesday Walk Club 10:00 Good Morning Chat & Snack 10:30 Chair Zumba with Louann 11:00 Name that Logo 11:30 Scavenger Hunt</p> <p>PM Activities: 12:30 Rest and Relax 1:00 Popsicle Scarecrow/Pumpkin Craft 2:00 Charades 2:30 Afternoon Snack 3:00 Junk Drawer Detective 4:00 Adult Color 4:30 Viewer's Choice</p>	<p>AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Friday Chair Fitness 10:00 Good Morning Chat & Snack 10:30 Tie Dye Matching 11:00 Buzz Word 11:30 Service Project</p> <p>PM Activities: 12:30 Rest and Relax 1:00 Manicures 1:30 DIY TIE DYE 2:30 Afternoon Snack 3:00 Friday Film Festival 3:30 Color Creations 4:00 Game Group 4:30 Viewer's Choice</p>	


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11 COLUMBUS DAY	12	13	14 NATIONAL DESSERT DAY	15 BOSSES DAY / HERO VS VILLAINS DAY
<p>AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Monday Meditation & Stretch 10:00 Good Morning Chat & Snack 10:30 Columbus Day Trivia 11:00 DIY Boat 11:30 Boat Race PM Activities: 12:30 Rest and Relax 1:00 Move to the Music 1:30 Family Feud 2:00 4 Corners 2:30 Afternoon Snack 3:00 Free Paint 4:00 Ring Toss 4:30 Viewer's Choice</p>	<p>AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Bingo 10:00 Good Morning Chat & Snack 10:30 Yoga 11:00 Monster Match 11:30 Odd Word Out PM Activities: 12:30 Rest and Relax 1:00 Bean Bag Target 1:30 Ghost Stories 2:00 Name that Tune 2:30 Afternoon Snack 3:00 Zombie Target 4:00 Word Puzzles 4:30 Viewer's Choice</p>	<p>AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Wednesday Walk Club 10:00 Good Morning Chat & Snack 10:30 SCENIC RIDE 11:00 Birthday Mining 11:30 Famous Faces Birthday PM Activities: 12:30 Rest and Relax 1:00 Music Requests 1:30 Musical Act it Out 2:00 This and That 2:30 Birthday Celebrations 3:00 Afternoon Bingo 4:00 Karaoke 4:30 Viewer's Choice</p>	<p>AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 FROGS 10:00 Good Morning Chat & Snack 10:30 Tai Chi 11:00 Dessert Matching 11:30 Dessert Categories PM Activities: 12:30 Rest and Relax 1:00 Dance Exercising 1:30 Giant Tic Tac Toe 2:00 DIY DESSERT 2:30 Afternoon Snack 3:00 Deal or No Deal 4:00 Adult Color 4:30 Viewer's Choice</p>	<p>AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Friday Chair Fitness 10:00 Good Morning Chat & Snack 10:30 Superhero Trivia 11:00 Pet Visits with Sassy 11:30 Service Project PM Activities: 12:30 Rest and Relax 1:00 Manicures 1:30 Superhero Categories 2:00 Make Your Own Superhero 2:30 Afternoon Snack 3:00 Friday Film Festival 3:30 Color Creations 4:00 Game Group 4:30 Viewer's Choice</p>
18	19	20	21 PUMPKIN CHEESECAKE DAY	22 SPORTS JERSEY DAY
<p>AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Monday Mediate & Stretch 10:00 Good Morning Chat & Snack 10:30 DIY Bat Decorations 11:00 The Price is Right PM Activities: 12:30 Rest and Relax 1:00 Ziploc Bag Water Experiment 2:00 Survival Scenarios 2:30 Afternoon Snack 3:00 DIY Halloween Door Hanger 4:00 Board Games 4:30 Viewer's Choice</p>	<p>AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Bingo 10:00 Good Morning Chat & Snack 10:30 Yoga 11:00 Tee Off 11:30 Bean Bag Toss PM Activities: 12:30 Rest and Relax 1:00 Odd Couples 1:30 Wheel of Fortune 2:00 Target Shoot 2:30 Afternoon Snack 3:00 Jewelry Making 4:00 Ring Toss 4:30 Viewer's Choice</p>	<p>AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Wednesday Walk Club 10:00 Good Morning Chat & Snack 10:30 Chair Zumba with Louann 11:00 Junk Drawer Detective 11:30 Change Just One Letter PM Activities: 12:30 Rest and Relax 1:00 Jeopardy 2:00 Blow Painting 2:30 Afternoon Snack 3:00 Afternoon Bingo 4:00 Word Puzzles 4:30 Viewer's Choice</p>	<p>AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Make Pumpkin Cheesecake 10:00 Good Morning Chat & Snack 10:30 FROGS 11:00 Coffee Filter Bat Craft 11:30 Tai Chi PM Activities: 12:30 Rest and Relax 1:30 Jumbo Pumpkin Memory 2:00 'Owling with Laughter 2:30 Afternoon Snack 3:00 Talent Show 4:00 Music Requests 4:30 Viewer's Choice</p>	<p>AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Friday Chair Fitness 10:00 Good Morning Chat & Snack 10:30 Sports Trivia 11:30 Service Project PM Activities: 12:30 Rest and Relax 1:00 Manicures 1:30 Famous Sports Clips 2:00 DIY Halloween Muddy Buddies 2:30 Welcome Party 3:00 Friday Film Festival 3:30 Color Creations 4:00 Game Group 4:30 Viewer's Choice</p>

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Monday	Tuesday	Wednesday	Thursday	Friday
25	26	27 BLACK CAT DAY	28	29 HALLOWEEN PARTY
<p>AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Monday Meditation & Stretch 10:00 Good Morning Chat & Snack 10:30 Bubble Painting 11:00 Darts 11:30 Noodle Ball</p> <p>PM Activities: 12:30 Rest and Relax 1:00 Spooky Puzzles 1:30 Candy Corn Ring Toss 2:00 Make Halloween Oreo Pops 2:30 Afternoon Snack: Halloween Oreo Pops 3:00 Bowling 4:00 Card Sharks 4:30 Viewer's Choice</p>	<p>AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Halloween Bingo 10:00 Good Morning Chat & Snack 10:30 Yoga 11:00 Roll & Respond 11:30 Skee Ball</p> <p>PM Activities: 12:30 Rest and Relax 1:00 Word Unscramble 1:30 Free Paint 2:30 Afternoon Snack: Graveyard Pudding Cups 3:00 Zumba 4:00 Board Games 4:30 Viewer's Choice</p>	<p>AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Wednesday Walk Club 10:00 Good Morning Chat & Snack 10:30 PUMPKIN PICKING 11:00 Strength Exercises 11:30 Putt Putt</p> <p>PM Activities: 12:30 Rest and Relax 1:00 Haunted Scavenger Hunt 1:30 Black Cat Trivia & Facts 2:00 Make Pumpkin Rice Krispies 2:30 Afternoon Snack: Pumpkin Rice Krispies 3:00 Black Cat Craft 4:00 Ring Toss 4:30 Viewer's Choice</p>	<p>AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 FROGS 10:00 Good Morning Chat & Snack 10:30 Cello with Louann 11:00 Giant Halloween Word Search 11:30 Tai Chi</p> <p>PM Activities: 12:30 Rest and Relax 1:00 Halloween Hang Man 1:30 Bat Puppet Scene 2:00 DIY Pumpkin Bites 2:30 Afternoon Snack: No bake Peanut Butter Pumpkin Bites 3:00 Monster Mash Dance Off 4:00 Word Puzzles 4:30 Viewer's Choice</p>	<p>AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Friday Chair Fitness 10:00 Good Morning Chat & Snack 10:30 Witches Brew Experiment 11:00 Halloween ISpy 11:30 Service Project</p> <p>PM Activities: 12:30 Rest and Relax 1:00 Manicures 1:30 HALLOWEEN PARTY STARTS 1:30 Poke a Pumpkin Game 2:00 Pin the Head on the Skeleton 2:30 Halloween Goodies/Afternoon Snack 3:00 Halloween Film Festival 3:30 Color Creations 4:00 Game Group 4:30 Viewer's Choice</p>