



The Friendly Circle

397 Hershberger Rd. • Roanoke, VA 24012 • (540) 265-2255

Resident Services

Director of Independent Living

Lucy Klein

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Assistant Director of Independent Living

Ken Mowbray

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Administrative Assistant at Residents' Center

Kasey Campbell

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Activity Coordinator

Pat Walters

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Wellness Program Coordinator

Chelsea Wright

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Campus Switchboard & Security (avail 24hrs)

265-2100

Friendship Maintenance

265-2190

Friendship Housekeeping

265-2133

Club Friendship Restaurant

265-2056

Residents' Center Beauty Salon

265-2033

Friendship Pharmacy/Emporium

265-2152

Friendship Home Care

265-2194

Friendship Outpatient Therapy

265-2199

Friendship Health Information Line

265-2101

July 2021



George & Constance "Cookie" Olney

A Cool Car Always Gets the Girl!!

The above pic is from George and Cookie Olney's wedding day on July 27, 1962, in Augusta, Georgia.

The Olneys came to Friendship in 2018. Cookie is now at Friendship Health & Rehab, and George resides in our Regency building.

The couple met at a Drive-In (George was in a '57 Chevy convertible) and have been married 59 years. They have 3 children and 6 grandchildren.

"A happy marriage is the union of two, good forgivers." –Robert Quillen

Happy Birthday



7/2	Vance Thompson
7/2	Paige Wheeler
7/3	Cynthia Word
7/4	Maruma Warren
7/5	Ron Howerton
7/10	Bill Brazier
7/10	Lawrence Donald
7/10	Diana Fisher
7/10	Helen Pallante
7/10	Lee Spicer
7/11	Trudy Montgomery
7/12	Claude Grandy
7/14	Lorraine Eisner
7/14	Ted Nagel
7/15	Debra Hofmann
7/15	Don Robinson
7/16	Georgene Elmore
7/16	Ellen Reed
7/19	Stan Schieber
7/20	Edward Burton
7/21	Lois Hanmer
7/21	Roger Wilson
7/22	Thomas Parks
7/22	Louis Via
7/23	Shirley Cahoon
7/23	Bill Hartman
7/23	Ethel Wilhelm
7/25	Sally Steffen
7/28	Becky Lavinder
7/29	Mary Simpson
7/31	Nancy Moore
7/31	Wilma Payne



Club Friendship's Friday Night Dinner Is a Cookout at the Pavillion

As always, advance reservations (265.2056) are required for your meal, or you can just come enjoy the music starting at 4:30pm; reserve your seat at 777.4612.

As our musical entertainment, we welcome Last Chance Duo of Bob and Libbie Colia.

Their Patriots Show represents the definition of what America is to each of us living on this planet today.

Our forefathers fought as new immigrants coming to this country, to protect our liberty, freedom and justice.

We celebrate the sacrifices of those Patriots who paved the way, and made America the great country we live in today.



Lunch & Listen With Ana Morales

Bring your lunch to enjoy during this talk in your Community Room on Thurs., 7/15, at 12noon.

Ana Morales is a local artist and graphic designer. She was diagnosed with type 1 diabetes at age 3, and has spent the last 10+ years using her art to talk about her experience and raise awareness.

One of her most exciting and recent projects is a children's book about diabetes that's in the process of getting published!

Ana will share more about her upcoming book, as well as her experience using art as a method of coping with a chronic illness and the challenges of everyday life. You won't want to miss this!

Contact Pat to reserve your seat at 540.777.4612.





July's Armchair Travel Features SOUTH KOREA

This East Asian nation on the southern half of the Korean Peninsula will be featured **Tues., 7/27, @2pm**, with Korean snacks! It's known for its green, hilly countryside dotted with cherry trees and centuries-old Buddhist temples, plus its coastal fishing villages, sub-tropical islands and high-tech cities such as Seoul, the capital. Reserve at 777.4612.



Whistle for the Wienermobile

It's a happy sight rolling down the street: a giant hot dog on wheels! Bringing "miles of smiles" has been the Oscar Mayer Wienermobile's mission since its 1936 debut.

Carl Mayer, nephew of the food company's founder and namesake, came up with the idea of a hot dog-shaped vehicle that could advertise their product on the streets of

Va. Senior Medicare Patrol

A Volunteer with *Virginia Senior Medicare Patrol* will deliver a presentation on Medicare Fraud & Abuse on **July 22nd, at 1pm**, in the Community Room.

The losses from Medicare fraud result in higher Medicare premiums, and can cause Medicare beneficiaries to be victims of Medical Identity Theft which can impact the health insurance and health of beneficiaries.

In this presentation, you will learn the different types of Medicare fraud, and how to protect yourself. Reserve at 777.4612.

Chicago, as well as bring joy to Americans in the midst of the Great Depression. The first Wienermobile was 13 feet long and driven by Carl himself, who would poke his head out of the roof to wave and hand out samples.

World War II gas rationing prompted a hiatus, but in the '50s, five new Wienermobiles began a cross-country tour. That decade, Oscar Mayer also created the Wiener Whistle, a tiny plastic whistle shaped like the Wienermobile, which was included in hot dog packages and handed out by the drivers, known as Hotdoggers.

Today's frankfurter fleet consists of six Wienermobiles.

Wit & Wisdom

"I really think a champion is defined not by their wins, but by how they can recover when they fall."
—Serena Williams

"Champions are made from something they have deep inside them—a desire, a dream, a vision."
—Muhammad Ali

"Hard days are the best because that's where champions are made, so if you push through ... you can get through anything."
—Gabby Douglas

"To be a champion you must act like one."
—Lou Ferrigno

"True champions aren't always the ones that win, but those with the most guts."
—Mia Hamm

"Champions keep playing until they get it right."
—Billie Jean King

"The great champions have all come back from defeat."
—Sam Snead

"What does it take to be a champion? Desire, dedication, determination, concentration and the will to win."
—Patty Berg

WELCOME to Friendship!

If you are a new resident, or if you are new to participation in our activities programs—we need you!

Please review the enclosed calendar listing of what is available to enjoy in the coming month! You will find descriptions of what is offered on the back, and are encouraged to call **Pat in Activities** at 540.777.4612, or **Chelsea in Wellness** at 540.777.1459, with any questions.

Call the activities line at 540.777.4612 and *leave a message* with your name, phone # and the dates and names of the activities you wish to participate in.

Remember—most events have limited seating, so reserve your spot to attend in advance! Social distancing and masks are *required* for all activities.

Transportation is available, and should be requested when you reserve. You will receive a confirmation call following your sign-ups, and a reminder call the day of the event.



Come enjoy your Community Room at the Residents' Center where Club Friendship is located!

"This Month In History" JULY

1929: The first hotel built at a U.S. airport opens in Oakland, Calif.

1933: Major League Baseball holds its first All-Star Game at Chicago's Comiskey Park.

1964: President Lyndon B. Johnson signs the Civil Rights Act into law.

1970: "American Top 40" debuts on seven radio stations. Created and hosted by Casey Kasem,

the countdown of the most popular songs in the U.S. is now heard all over the world.

1986: The 100th anniversary of the Statue of Liberty is commemorated with a four-day celebration in New York City.

1994: Crayola introduces a scented version of its crayons, called Magic Scents.

2000: At age 24, Tiger Woods wins the British Open and becomes the youngest golfer to complete a career grand slam in the sport.

2019: Marvel Studios' superhero blockbuster "Avengers: Endgame" overtakes the 2009 sci-fi epic "Avatar" as the world's highest-grossing movie of all time. "Avatar" reclaimed the spot in 2021 after it was rereleased in China.