

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2021

Friendship Independent Living ACTIVITIES!



May Day

<p>Enjoy your Sunday</p>	<p>2 10am Exercise 11am-12:30pm Bingo 1:30pm Exercise N.Hampton 2-3:30pm "Do Us a Favor" Craft making</p>	<p>3 8:45am Walk the Mall 11am Water Exercise 12n-1pm Bible Study 1pm Yarn Circle 1:30 Hamricks Shopping Bus 2:30pm Farkle Dice Game</p>	<p>4 11am Walk the Star Beltone by Apmt in Chapel call to schedule a time 1:30pm Exercise N.Hampton 2:15pm Exercise The Village <small>Cinco de Mayo</small></p>	<p>5 1-2pm Triad Seminar Discussion of Covid's effects on public safety policies and protocols.</p>	<p>6 11am Ice Cream for Lunch Talk by Tiffany at Health & Rehab regarding volunteering 1-3pm Classic Movie (over) 2-4pm Billiards Rm Open Mother's Day Dinner at CF</p>	<p>1 Friendship LIVING Happy Saturday 😊</p>
<p>Happy Mother's Day Enjoy your Sunday <small>Mother's Day</small></p>	<p>9 10am Exercise 11am-12:30pm Bingo 1:30pm Exercise N.Hampton 2-3pm Cornhole throwing game</p>	<p>10 No Water Exercise Today 1-2pm Rest of the Story 2-3pm Book Buzz</p>	<p>11 10am Exercise Comm Rm 11am Bus Trip to Arboretum 1:30pm Exercise N.Hampton 2:15pm Exercise The Village 6-10pm Red Sox Baseball ((see over for more info))</p>	<p>12 9:30am Walmart/Food Lion Shopping Bus circles campus 12:30pm Armchair Travel to SPAIN with delicious delights to try!</p>	<p>13 12:30-2pm Color A Smile 2-4pm Scrabble in Club Fship 2-4pm Billiards Rm Open</p>	<p>8 Happy Saturday 😊 <small>Armed Forces Day</small></p>
<p>Enjoy your Sunday <small>Shavuot Begins</small></p>	<p>16 10am Exercise Comm Room 11am-12:30pm Bingo 1:30pm Exercise N.Hampton 2-3:30pm "Do Us a Favor" Craft making</p>	<p>17 8:45am Walk the Mall 11am Water Exercise 1pm Yarn Circle in Library for Knitting & Crocheting 2:30pm Farkle Dice Game in the Library</p>	<p>18 10am Walk the Greenway Meet in Library at 9:30am 2pm Saxy Keys Live Music</p>	<p>19 11:15am Ladies Lunch at The Village Grille in Grandin Court. Visit Food Co-op after meal. Bring \$</p>	<p>20 11:30am Tai Chi 1-3pm Classic Movie (over) 2-4pm Billiards Rm Open</p>	<p>14 Happy Saturday 😊</p>
<p>Enjoy your Sunday</p>	<p>23 10am Exercise Comm Rm 11am-12:30pm Bingo 1:30pm Exercise N.Hampton 2-3pm Cornhole throwing game in Community Room <small>Victoria Day (Canada)</small></p>	<p>24 8:45am Walk the Mall 11am Water Exercise 2-3:30pm Exploring Humor with Kyle Edgell speaker</p>	<p>25 10am Exercise 12noon Veterans Only Box Lunch with Lois Fitz Speaker FREEDOM FARMS 1:30pm Exercise N.Hampton 2:15pm Exercise The Village</p>	<p>26 9:30am Hollins Kroger Shopping Bus circles campus 2-3pm Pastor's Talk Chapel by Donna Hornsby</p>	<p>27 11:30am Tai Chi 1-2:30pm Color A Smile 2-4pm Scrabble in Club Fship 3pm Swing Into SUMMER Party on the Rez Ctr Patio with Music & Ice Cream!</p>	<p>21 Happy Saturday 😊</p>
<p>Enjoy your Sunday</p>	<p>30 MEMORIAL DAY ACTIVITIES OFFICE CLOSED RESIDENTS' CENTER CLOSED <small>Memorial Day</small></p>	<p>31 May Dinner Specials Friday 5/7 – Mother's Day Dinner @\$13.00 Friday 5/14 – Spaghetti @\$11.00 Friday 5/21 – Baked Chicken w/Collards & Potatoes @\$11.00 Friday 5/28 – Prime Rib Dinner @\$15.00 Call CLUB FRIENDSHIP at 540.265.2056</p>				

Event descriptions on other side. Call & reserve a spot to attend, transport available. 777.4612 leave a message and you will receive a call back confirming.