


# January 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>
<p><b>Daily Schedule:</b>  <u>9:00 am- 10:00 am</u>                      Group and Individual Activities  <u>10:00 am-10:30 am</u>                      Morning Snack  <u>10:30 am-12:00 pm</u>                      Group Activities  <u>12:00 pm-1:00 pm</u>                      Lunch / Rest and Relax  <u>1:00 pm-2:30 pm</u>                      Group Activities  <u>2:30 pm-3:00 pm</u>                      Afternoon Snack  <u>3:00 pm -5:00 pm</u>                      Group and Individual Activities</p>				<p style="font-size: 1.2em;"><b><u>Center is</u></b>  <b><u>CLOSED for</u></b>  <b><u>New Year's Day</u></b></p> 
<b>4 Trivia Day</b>	<b>5 National Bird Day</b>	<b>6</b>	<b>7</b>	<b>8</b>
<p><b><u>AM Activities:</u></b>                      9:00 Coffee, Coloring &amp; Conversations                      9:30 Monday Meditation &amp; Stretch                      10:00 Good Morning Chat &amp; Snack                      10:30 Trivia Mining                      11:00 January Trivia                      11:30 Trivia Brain Games</p> <p><b><u>PM Activities:</u></b>                      12:30 Rest and Relax                      1:00 Cranium Crunches                      1:30 Floor is Lava Balloon Race                      2:30 Afternoon Snack                      3:00 Tie Dye Face Masks!                      4:00 Snowman Slam                      4:30 Viewer's Choice</p>	<p><b><u>AM Activities:</u></b>                      9:00 Coffee, Coloring &amp; Conversations                      9:30 Bird Bingo                      10:00 Good Morning Chat &amp; Snack                      10:30 Yoga                      11:00 Bird's the Word Game                      11:30 Shuffle Board</p> <p><b><u>PM Activities:</u></b>                      12:30 Rest and Relax                      1:00 Bird Categories                      1:30 Junk Drawer Detective                      2:00 Bird Race                      2:30 Afternoon Snack                      3:00 Homemade Bird Feeders                      4:00 Ring Toss                      4:30 Viewer's Choice</p>	<p><b><u>AM Activities:</u></b>                      9:00 Coffee, Coloring &amp; Conversations                      9:30 Wednesday Walk Club                      10:00 Good Morning Chat &amp; Snack                      10:30 Snow Shovel Race                      11:00 Word Hive                      11:30 Free Paint</p> <p><b><u>PM Activities:</u></b>                      12:30 Rest and Relax                      1:00 Winter Tree Painting                      1:30 Bean Bag Target                      2:00 Musical Chairs                      2:30 Afternoon Snack                      3:00 Snowball Bounce                      4:00 Adult Color                      4:30 Viewer's Choice</p>	<p><b><u>AM Activities:</u></b>                      9:00 Coffee, Coloring &amp; Conversations                      9:30 Smingo                      10:00 Good Morning Chat &amp; Snack                      10:30 Tai Chi                      11:00 Make a Snowman                      Paper Chain</p> <p><b><u>PM Activities:</u></b>                      12:30 Rest and Relax                      1:00 Jewelry Making                      1:30 Would You Rather?                      2:00 Putt Putt                      2:30 Afternoon Snack                      3:00 Snowball Juggle                      4:00 Card Sharks                      4:30 Viewer's Choice</p>	<p><b><u>AM Activities:</u></b>                      9:00 Coffee, Coloring &amp; Conversations                      9:30 Friday Chair Fitness                      10:00 Good Morning Chat &amp; Snack                      10:30 Something Old, Something New                      11:00 Snowball Balance                      11:30 Service Project</p> <p><b><u>PM Activities:</u></b>                      12:30 Rest and Relax                      1:00 Manicures                      1:30 3D Snowman Craft                      2:30 Afternoon Snack                      3:00 Charades                      4:00 Board Games                      4:30 Viewer's Choice</p>

# January 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<b>11</b>	<b>12 National Hot Tea Day</b>	<b>13</b>	<b>14</b>	<b>15 National Hat Day</b>
<p><b>AM Activities:</b>            9:00 Coffee, Coloring &amp; Conversations            9:30 Monday Meditation &amp; Stretch            10:00 Good Morning Chat &amp; Snack            10:30 Name That Tune            11:00 Comedy Hour            11:30 Family Feud</p> <p><b>PM Activities:</b>            12:30 Rest and Relax            1:00 Zumba            1:30 Mad Lib Madness            2:30 Afternoon Snack            3:00 Fluffy Snow Slime            4:00 Word Puzzles            4:30 Viewer's Choice</p>	<p><b>AM Activities:</b>            9:00 Coffee, Coloring &amp; Conversations            9:30 Tea Bingo            10:00 Good Morning Chat &amp; Snack            10:30 Yoga            11:00 Tea Time Word Unscramble            11:30 Karaoke</p> <p><b>PM Activities:</b>            12:30 Rest and Relax            1:00 Corn Hole            1:30 Tea Jumbo Memory            2:00 Conversation Starters            2:30 Afternoon Snack &amp; Hot Tea Sipping            3:00 Penguin Walk            4:00 Snowman Slam            4:30 Viewer's Choice</p>	<p><b>AM Activities:</b>            9:00 Coffee, Coloring &amp; Conversations            9:30 Wednesday Walk Club            10:00 Good Morning Chat &amp; Snack            10:30 Famous Faces Birthday            11:00 Daily Chronicles            11:30 Basketball</p> <p><b>PM Activities:</b>            12:30 Rest and Relax            1:00 Darts            1:30 Musical Act It Out            2:00 Broadway Sing Along  <b>2:30 Birthday Celebration</b>            3:00 Snowball Knockout            4:00 Ring Toss            4:30 Viewer's Choice</p>	<p><b>AM Activities:</b>            9:00 Coffee, Coloring &amp; Conversations            9:30 Smingo            10:00 Good Morning Chat &amp; Snack            10:30 Tai Chi            11:00 Junk Drawer Detective            11:30 Snowball Toss</p> <p><b>PM Activities:</b>            12:30 Rest and Relax            1:00 Men's Club            1:30 Stomp Fitness            2:00 Roll &amp; Respond            2:30 Afternoon Snack            3:00 Water Science: Make Snowflake Crystals            4:00 Adult Color            4:30 Viewer's Choice</p>	<p><b>AM Activities:</b>            9:00 Coffee, Coloring &amp; Conversations            9:30 Friday Chair Fitness            10:00 Good Morning Chat &amp; Snack            10:30 Snowman Wrap            11:00 Hat Matching Game            11:30 Service Project</p> <p><b>PM Activities:</b>            12:30 Rest and Relax            1:00 Manicures            1:30 Decorate Your Own Hat            2:00 Finish the Lyrics            2:30 Afternoon Snack            3:00 Free Paint            4:00 Card Sharks            4:30 Viewer's Choice</p>
<b>18 Martin Luther King Jr. Day</b>	<b>19 National Popcorn Day</b>	<b>20</b>	<b>21 Squirrel Appreciation Day</b>	<b>22 Blonde Brownie Day</b>
<p><b>AM Activities:</b>            9:00 Coffee, Coloring &amp; Conversations            9:30 Monday Meditation &amp; Stretch            10:00 Good Morning Chat &amp; Snack            10:30 MLK Write Word Game            11:00 MLK Word Unscramble            11:30 MLK Videos &amp; Clips</p> <p><b>PM Activities:</b>            12:30 Rest and Relax            1:00 King Categories            1:30 Freeze Dance            2:30 Afternoon Snack            3:00 Sharpie Water Color Craft            4:00 Board Games            4:30 Viewer's Choice</p>	<p><b>AM Activities:</b>            9:00 Coffee, Coloring &amp; Conversations            9:30 Popcorn Bingo            10:00 Good Morning Chat &amp; Snack            10:30 Yoga            11:00 Would You Rather?            11:30 Snowball Balance</p> <p><b>PM Activities:</b>            12:30 Rest and Relax            1:00 Popcorn Categories            1:30 Putt Putt            2:00 Popcorn Balloon Game            2:30 Afternoon Snack: Popcorn            3:00 Afternoon Matinee            4:00 Word Puzzles            4:30 Viewer's Choice</p>	<p><b>AM Activities:</b>            9:00 Coffee, Coloring &amp; Conversations            9:30 Wednesday Walk Club            10:00 Good Morning Chat &amp; Snack            10:30 Bean Bag Target            11:00 DIY Sugar Scrub</p> <p><b>PM Activities:</b>            12:30 Rest and Relax            1:00 Skee Ball            1:30 Jokes &amp; Funnies            2:00 Spin Art            2:30 Afternoon Snack            3:00 Snowball Juggle            4:00 Snowman Slam            4:30 Viewer's Choice</p>	<p><b>AM Activities:</b>            9:00 Coffee, Coloring &amp; Conversations            9:30 Smingo            10:00 Good Morning Chat &amp; Snack            10:30 Tai Chi            11:00 Jewelry Making            11:30 Squirrel Facts &amp; Figures</p> <p><b>PM Activities:</b>            12:30 Rest and Relax            1:00 Squirrel Mining            1:30 Salt Dough Squirrels            2:00 Squirrel Race            2:30 Afternoon Snack            3:00 Make Squirrel Feeders            4:00 Ring Toss            4:30 Viewer's Choice</p>	<p><b>AM Activities:</b>            9:00 Coffee, Coloring &amp; Conversations            9:30 Friday Chair Fitness            10:00 Good Morning Chat &amp; Snack            10:30 Blonde Brownie Mining            11:00 Shuffle Board            11:30 Service Project</p> <p><b>PM Activities:</b>            12:30 Rest and Relax            1:00 Manicures            1:30 Blonde Brownie Making!            2:00 Charades            2:30 Afternoon Snack: Blonde Brownies!            3:00 Brownie Memory            4:00 Adult Color            4:30 Viewer's Choice</p>

# January 2021

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>25</b>	<b>26</b>	<b>27 Chocolate Cake Day</b>	<b>28</b>	<b>29 National Puzzle Day</b>
<p><b><u>AM Activities:</u></b>            9:00 Coffee, Coloring &amp; Conversations            9:30 Monday Meditation &amp; Stretch            10:00 Good Morning Chat &amp; Snack            10:30 Stomp Fitness            11:00 Snowball Toss            11:30 Travelogue: Chicago</p> <p><b><u>PM Activities:</u></b>            12:30 Rest and Relax            1:00 Women's Club            1:30 Musical Chairs            2:30 Afternoon Snack            3:00 Free Paint            4:00 Card Sharks            4:30 Viewer's Choice</p>	<p><b><u>AM Activities:</u></b>            9:00 Coffee, Coloring &amp; Conversations            9:30 Winter Bingo            10:00 Good Morning Chat &amp; Snack            10:30 Yoga            11:00 Name That Tune            11:30 Penguin Walk</p> <p><b><u>PM Activities:</u></b>            12:30 Rest and Relax            1:00 Corn Hole            1:30 Floor is Lava Balloon Race            2:00 Mad Lib Madness            2:30 Afternoon Snack            3:00 Bowling            4:00 Board Games            4:30 Viewer's Choice</p>	<p><b><u>AM Activities:</u></b>            9:00 Coffee, Coloring &amp; Conversations            9:30 Wednesday Walk Club            10:00 Good Morning Chat &amp; Snack            10:30 Snowman Wrap            11:00 Family Feud            11:30 Make Chocolate Cake</p> <p><b><u>PM Activities:</u></b>            12:30 Rest and Relax            1:00 Basketball            1:30 Darts            2:00 Chocolate Cake Memory            2:30 Afternoon Snack: Chocolate Cake            3:00 Snowball Knockout            4:00 Word Puzzles            4:30 Viewer's Choice</p>	<p><b><u>AM Activities:</u></b>            9:00 Coffee, Coloring &amp; Conversations            9:30 Smingo            10:00 Good Morning Chat &amp; Snack            10:30 Tai Chi            11:00 Junk Drawer Detective            11:30 Snowball Bounce</p> <p><b><u>PM Activities:</u></b>            12:30 Rest and Relax            1:00 Zumba            1:30 Karaoke            2:00 Finish the Lyrics            2:30 Afternoon Snack            3:00 Water Science: Instant Freeze            4:00 Snowman Slam            4:30 Viewer's Choice</p>	<p><b><u>AM Activities:</u></b>            9:00 Coffee, Coloring &amp; Conversations            9:30 Friday Chair Fitness            10:00 Good Morning Chat &amp; Snack            10:30 Junk Drawer Detective            11:00 Jumbo Word Search            11:30 Service Project</p> <p><b><u>PM Activities:</u></b>            12:30 Rest and Relax            1:00 Manicures            1:30 Puzzle Piece Snowflakes            2:00 Popsicle Stick Puzzles  <b>2:30 Welcome Party</b>            3:00 Sing Along with Susie Q            4:00 Ring Toss            4:30 Viewer's Choice</p>