



October 2020



Monday	Tuesday	Wednesday	Thursday	Friday
			1 International Coffee Day	2 World Smile Day/ SHINE BRIGHT DAY
Daily Schedule: 9:00 am- 10:00 am Group and Individual Activities 10:00 am-10:30 am Morning Snack 10:30 am-12:00 pm Group Activities 12:00 pm-1:00 pm Lunch / Rest and Relax 1:00 pm-2:30 pm Group Activities 2:30 pm-3:00 pm Afternoon Snack 3:00 pm -5:00 pm Group and Individual Activities	THEME DRESS UP FRIDAY: 10/02: SHINE BRIGHT DAY: WEAR BRIGHT NEON COLORS OR ANY COLOR OF THE RAINBOW 10/09: TWIN DAY: FIND ANOTHER PARTICIPANT OR STAFF PERSON TO DRESS ALIKE 10/16: SUPERHERO DAY: DRESS LIKE YOUR FAVORITE SUPERHERO	10/23: COUNTRY WESTERN DAY: WEAR YOUR BEST COUNTRY WESTERN ATTIRE AND GIDDY ON UP INTO THE FEINOUR CENTER 10/30: HALLOWEEN COSTUME PARTY: BE SOMETHING SCARY, SOMEONE FAMOUS OR YOUR FAVORITE ANIMAL!	AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Music Bingo 10:00 Good Morning Chat & Snack 10:30 Yoga 11:00 Coffee Trivia 11:30 Beach Ball Bowling PM Activities: 12:30 Rest and Relax 1:00 Jumbo Memory 1:30 Coffee Filter Craft 2:00 Name That Tune 2:30 Afternoon Snack: Frappe 3:00 Floor is Lava Balloon Race 4:00 Board Games 4:30 Viewer's Choice	AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Friday Chair Fitness 10:00 Good Morning Chat & Snack 10:30 Would You Rather? 11:00 Move to the Music 11:30 Service Project PM Activities: 12:30 Rest and Relax 1:00 Shooting Star Race 1:30 Stomp Fitness 2:00 Smile & Shine Mining 2:30 Afternoon Snack 3:00 Noodle Ball 4:00 Card Sharks 4:30 Viewer's Choice
5	6	7	8	9 World Egg Day/ TWIN DAY
AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Monday Meditation & Stretch 10:00 Good Morning Chat & Snack 10:30 Word Unscramble 11:00 Karaoke 11:30 No Sew Quilt PM Activities: 12:30 Rest and Relax 1:00 Mad Lib Madness 1:30 Giant Tic Tac Toe 2:00 Move to the Music 2:30 Afternoon Snack 3:00 Basketball 4:00 Word Puzzles 4:30 Viewer's Choice	AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Bingo 10:00 Good Morning Chat & Snack 10:30 Tai Chi 11:00 Wacky Wordies 11:30 Pool Noodle Launch PM Activities: 12:30 Rest and Relax 1:00 Manicures 1:30 Zumba 2:00 Target Shoot 2:30 Afternoon Snack 3:00 Salt Dough Pumpkins 4:00 Ring Toss 4:30 Viewer's Choice	AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Wednesday Walk Club 10:00 Good Morning Chat & Snack 10:30 Musical Chairs 11:00 Roll & Respond 11:30 Scavenger Hunt PM Activities: 12:30 Rest and Relax 1:00 Popsicle Scarecrow/Pumpkin Craft 2:00 Charades 2:30 Afternoon Snack 3:00 Junk Drawer Detective 4:00 Adult Color 4:30 Viewer's Choice	AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Smingo 10:00 Good Morning Chat & Snack 10:30 Yoga 11:00 Strength Exercises 11:30 Walker Ball Launch PM Activities: 12:30 Rest and Relax 1:00 Pumpkin Painting 2:00 Dance Freeze 2:30 Afternoon Snack 3:00 Balloon Tennis 4:00 Card Sharks 4:30 Viewer's Choice	AM Activities: 9:00 Coffee, Coloring & Conversations 9:30 Friday Chair Fitness 10:00 Good Morning Chat & Snack 10:30 Egggtastic Trivia 11:00 Buzz Word 11:30 Service Project PM Activities: 12:30 Rest and Relax 1:00 Twin Matching Game 1:30 Egg Shootout 2:00 Finish the Lyric 2:30 Afternoon Snack: Deviled Eggs 3:00 Drum Fitness 4:00 Board Games 4:30 Viewer's Choice



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Monday	Tuesday	Wednesday	Thursday	Friday
12 Columbus Day	13	14 National Dessert Day	15	16 Bosses Day/SUPERHERO DAY
<u>AM Activities:</u> 9:00 Coffee, Coloring & Conversations 9:30 Monday Meditation & Stretch 10:00 Good Morning Chat & Snack 10:30 Columbus Day Trivia 11:00 DIY Boat 11:30 Boat Race <u>PM Activities:</u> 12:30 Rest and Relax 1:00 Move to the Music 1:30 Family Feud 2:00 4 Corners 2:30 Afternoon Snack 3:00 Free Paint 4:00 Ring Toss 4:30 Viewer's Choice	<u>AM Activities:</u> 9:00 Coffee, Coloring & Conversations 9:30 Bingo 10:00 Good Morning Chat & Snack 10:30 Tai Chi 11:00 Window Clings 11:30 Odd Word Out <u>PM Activities:</u> 12:30 Rest and Relax 1:00 Bean Bag Target 1:30 Spin Art 2:00 Name that Tune 2:30 Afternoon Snack 3:00 Spider Web Mod Podge 4:00 Word Puzzles 4:30 Viewer's Choice	<u>AM Activities:</u> 9:00 Coffee, Coloring & Conversations 9:30 Wednesday Walk Club 10:00 Good Morning Chat & Snack 10:30 Famous Faces Birthday 11:00 Birthday & Dessert Mining 11:30 Dessert Trivia <u>PM Activities:</u> 12:30 Rest and Relax 1:00 Manicures 1:30 Musical Act it Out 2:00 This and That 2:30 Birthday Celebrations 3:00 Karaoke 4:00 Music Requests 4:30 Viewer's Choice	<u>AM Activities:</u> 9:00 Coffee, Coloring & Conversations 9:30 Music Bingo 10:00 Good Morning Chat & Snack 10:30 Yoga 11:00 Would You Rather? 11:30 Concentration Puzzles <u>PM Activities:</u> 12:30 Rest and Relax 1:00 Dance Exercising 1:30 Giant Tic Tac Toe 2:00 Fly Swatter Painting 2:30 Afternoon Snack 3:00 Stomp Fitness 4:00 Adult Color 4:30 Viewer's Choice	<u>AM Activities:</u> 9:00 Coffee, Coloring & Conversations 9:30 Friday Chair Fitness 10:00 Good Morning Chat & Snack 10:30 Superhero Trivia 11:00 Famous Superhero Clips 11:30 Service Project <u>PM Activities:</u> 12:30 Rest and Relax 1:00 Analogies 1:30 Superhero Categories 2:00 Make Your Own Superhero 2:30 Afternoon Snack 3:00 Floor is Lava Balloon Race 4:00 Card Sharks 4:30 Viewer's Choice
19	20	21 Pumpkin Cheesecake Day	22	23 COUNTRY WESTERN DAY
<u>AM Activities:</u> 9:00 Coffee, Coloring & Conversations 9:30 Monday Mediate & Stretch 10:00 Good Morning Chat & Snack 10:30 DIY Bat Decorations 11:00 Basketball 11:30 Fill in the Vowel <u>PM Activities:</u> 12:30 Rest and Relax 1:00 Ziploc Bag Water Experiment 2:00 Survival Scenarios 2:30 Afternoon Snack 3:00 DIY Candy Corn Door Hanger 4:00 Board Games 4:30 Viewer's Choice	<u>AM Activities:</u> 9:00 Coffee, Coloring & Conversations 9:30 Bingo 10:00 Good Morning Chat & Snack 10:30 Tai Chi 11:00 Tee Off 11:30 Bean Bag Toss <u>PM Activities:</u> 12:30 Rest and Relax 1:00 Odd Couples 1:30 Wheel of Fortune 2:00 Target Shoot 2:30 Afternoon Snack 3:00 Jewelry Making 4:00 Ring Toss 4:30 Viewer's Choice	<u>AM Activities:</u> 9:00 Coffee, Coloring & Conversations 9:30 Make Pumpkin Cheesecake 10:00 Good Morning Chat & Snack 10:30 Wednesday Walk Club 11:00 Junk Drawer Detective 11:30 Change Just One Letter <u>PM Activities:</u> 12:30 Rest and Relax 1:00 Pumpkin Moon Sand 2:00 Blow Painting 2:30 Afternoon Snack: Pumpkin Cheesecake 3:00 Drum Fitness 4:00 Word Puzzles 4:30 Viewer's Choice	<u>AM Activities:</u> 9:00 Coffee, Coloring & Conversations 9:30 Smingo 10:00 Good Morning Chat & Snack 10:30 Yoga 11:00 Coffee Filter Bat Craft 11:30 Hula Hoop Dance Off <u>PM Activities:</u> 12:30 Rest and Relax 1:00 Manicures 1:30 Jumbo Pumpkin Memory 2:00 'Owling with Laughter 2:30 Afternoon Snack 3:00 Talent Show 4:00 Music Requests 4:30 Viewer's Choice	<u>AM Activities:</u> 9:00 Coffee, Coloring & Conversations 9:30 Friday Chair Fitness 10:00 Good Morning Chat & Snack 10:30 Line Dance Off 11:30 Service Project <u>PM Activities:</u> 12:30 Rest and Relax 1:00 Hat Toss 1:30 Horse Race 2:00 DIY Halloween Muddy Buddies 2:30 Welcome Party 3:00 Karaoke 4:00 Adult Color 4:30 Viewer's Choice



October 2020



Monday	Tuesday	Wednesday	Thursday	Friday
26	27 Black Cat Day	28	29	30 HALLOWEEN COSTUME PARTY
<u>AM Activities:</u> 9:00 Coffee, Coloring & Conversations 9:30 Monday Meditation & Stretch 10:00 Good Morning Chat & Snack 10:30 Bubble Painting 11:00 Darts 11:30 Noodle Ball <u>PM Activities:</u> 12:30 Rest and Relax 1:00 Manicures 1:30 Candy Corn Ring Toss 2:00 Make Halloween Oreo Pops 2:30 Afternoon Snack: Halloween Oreo Pops 3:00 Bowling 4:00 Card Sharks 4:30 Viewer's Choice	<u>AM Activities:</u> 9:00 Coffee, Coloring & Conversations 9:30 Halloween Bingo 10:00 Good Morning Chat & Snack 10:30 Tai Chi 11:00 Roll & Respond 11:30 Skee Ball <u>PM Activities:</u> 12:30 Rest and Relax 1:00 Black Cat Trivia & Facts 1:30 Free Paint 2:30 Afternoon Snack: Graveyard Pudding Cups 3:00 Zumba 4:00 Board Games 4:30 Viewer's Choice	<u>AM Activities:</u> 9:00 Coffee, Coloring & Conversations 9:30 Wednesday Walk Club 10:00 Good Morning Chat & Snack 10:30 No Sew Quilt 11:00 Strength Exercises 11:30 Putt Putt <u>PM Activities:</u> 12:30 Rest and Relax 1:00 Haunted Scavenger Hunt 1:30 Word Unscramble 2:00 Make Pumpkin Rice Krispies 2:30 Afternoon Snack: Pumpkin Rice Krispies 3:00 Glue & Salt Spider Web Craft 4:00 Ring Toss 4:30 Viewer's Choice	<u>AM Activities:</u> 9:00 Coffee, Coloring & Conversations 9:30 Music Bingo 10:00 Good Morning Chat & Snack 10:30 Yoga 11:00 Giant Halloween Word Search 11:30 Cornhole <u>PM Activities:</u> 12:30 Rest and Relax 1:00 Halloween Hang Man 1:30 Bat Puppet Scene 2:00 DIY Pumpkin Bites 2:30 Afternoon Snack: No bake Peanut Butter Pumpkin Bites 3:00 Monster Mash Dance Off 4:00 Word Puzzles 4:30 Viewer's Choice	<u>AM Activities:</u> 9:00 Coffee, Coloring & Conversations 9:30 Friday Chair Fitness 10:00 Good Morning Chat & Snack 10:30 Witches Brew Experiment 11:00 Halloween ISpy 11:30 Service Project <u>PM Activities:</u> 12:30 Rest and Relax 1:00 Poke a Pumpkin Game 1:30 Halloween Charades 2:00 Pin the Head on the Skeleton 2:30 HALLOWEEN COSTUME PARTY