## At a Glance...Residential Programs

<table>
<thead>
<tr>
<th>PROGRAM</th>
<th>GENDER</th>
<th>PROGRAM DESCRIPTIONS</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elk Hill Farm</td>
<td>Males 13-17</td>
<td>Elk Hill Farm is a 16 bed facility serving young men ages 13 – 17 located on a beautiful rural 350 acre campus in Goochland County. Youth attend the on-campus, year round, fully accredited Harambee Day School or Goochland Public Schools. If they attend Harambee Day school, youth are offered Education for Employment (EFE). Through a focus on our program's Core Values, of Responsibility, Respect, Hard Work, Lifelong Learning, and Courage, Elk Hill Farm is able to address the effects of trauma, mental illness, poor family dynamics, and ongoing stress through a very structured environment. Elk Hill offers such services as Individual, Family, and Group Therapy, and Psycho-educational groups. Through our Building Bridges component (BBI), youth are able to take advantage of more family time together and staff can help educate families while in the home. Elk Hill Farm staff are able to redirect the troubled lives of youth. Planning for successful reintegration into the family and community is a focus from the day of admission.</td>
<td>Goochland</td>
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<tr>
<td>Elk Hill Charlottesville</td>
<td>Males 14-17</td>
<td>The Elk Hill Charlottesville program, serving males age 14-17, is 5 minutes outside the Charlottesville city limits in Albemarle County making it a great location for employment, vocational, and recreational opportunities. High school aged residents have access to Albemarle County Public Schools, Private Day Schools, including the Elk Hill Charlottesville Day School, and other educational services. Opportunities are also available to enroll in local Community Colleges, Secondary Education Programs, or vocational training programs. Elk Hill Charlottesville is known for its focus on independent living skills training.</td>
<td>Charlottesville</td>
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<tr>
<td>Elk Hill Spring Garden</td>
<td>Females 14-17</td>
<td>Elk Hill Spring Garden empowers female youth, ages 14-17, to regain their balance or sense of emotional equilibrium. The effects of trauma, anxiety, low body image and/or self-esteem, poor family dynamics, and ongoing stress can cause an emotional imbalance. Elk Hill Spring Garden is an historic home located in Fluvanna County. Elk Hill Spring Garden offers two tracks: 1) group home track; and 2) independent living track. Each youth will be assessed and as to which track would be best suited for them. All youth have access to Fluvanna County Public Schools as well as the Elk Hill Charlottesville Day School, or the Harambee Day School at Elk Hill Farm.</td>
<td>Fluvanna</td>
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<tr>
<td>Elk Hill Amani</td>
<td>Males 14-17</td>
<td>Elk Hill Amani serves males ages 14 -17 in a natural home environment conveniently located in Central Chesterfield County. This location provides access to many community resources, including public transportation, numerous employment opportunities, and drivers’ education. High school aged residents have access to the Chesterfield County Public School system, Private Day Schools, such as the Harambee Day School, or other educational services. Opportunities are also available to enroll in local Community Colleges, Secondary Education Programs, or vocational training programs.</td>
<td>Chesterfield</td>
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Elk Hill Farm

Elk Hill Charlottesville

804.457.4866 • 1975 Elk Hill Road • Goochland, VA 23063

434.923.0900 • 2258 Richmond Road • Charlottesville, VA 22911

ELK HILL SPECIALTIES:

- Elk Hill offers services to youth based on a continuum of need; from Residential and/or private day school to back within their own community and receiving in-home, mentoring, therapeutic day treatment within a public school setting.
- Elk Hill offers a GED component and Education for Employment program at all Elk Hill private day schools.
- Elk Hill works closely with the family offering family therapy as needed, family engagement activities, and ensures daily family contact as well which is a large component of the Building Bridges Initiative.
- Family-driven care and youth-guided residential
- Elk Hill embraces trauma informed care and each youth is on their own individualized treatment program.

Elk Hill Amani

Elk Hill Spring Garden

804.266.0135 • 9001 Celestial Lane • Chesterfield, VA 23832

434.842.1801 • 1426 Bremo Road • Bremo Bluff, VA 23022

Residential Services
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