

SEEK! COACHING PACKAGE

This package is designed for individuals who would like to work on one or two issues such as gaining clarity about direction or a decision, reducing worry and stress or getting moving on a project or goal.

This is also an excellent option aligned with our maximizer program for solopreneurs and freelance professionals.

INCLUDES

- ✓ Four (4) coaching sessions spaced over about a 2-month period; each coaching session is 45-minutes in length.
- ✓ A recording of the coaching session along with an individualized summary of the key 'aha' moments, goals, associated timelines and accountability partnerships established by the client.
- ✓ Three (3) *On-Demand* coaching calls (20-minutes in length) to resolve a clearly defined one-off issue or challenge.
- ✓ *Pay it Forward Refer a Friend* (20% discount for client and friend if the referred individual purchases two coaching sessions. For client – 20% is deducted from future coaching sessions not yet transacted).

BELIEVE! COACHING PACKAGE

This, our most popular package, is designed to be enough time to explore whatever comes up at a deeper level.

INCLUDES

- ✓ Six (6) coaching sessions spaced over about a 3-month period; each coaching session is 45-minutes in length.
- ✓ Two assessments with corresponding debrief. The assessment results will serve as the basis for active and effective engagement in the coaching experience to maximize your personal and professional productivity and achieve extraordinary results. One of the assessments, valued at over \$100.00, will be included in package cost.
- ✓ A recording of the coaching session along with an individualized summary of the key 'aha' moments, goals, associated timelines and accountability partnerships established by the client.
- ✓ Three (3) *On-Demand* coaching calls (20-minutes in length) to resolve a clearly defined one-off issue or challenge.
- ✓ *Pay it Forward Refer a Friend* (20% discount for client and friend if the referred individual purchases two coaching sessions. For client – 20% is deducted from future coaching sessions not yet transacted).

LIVE! COACHING PACKAGE

This package offers a significant savings for clients who would like a longer-term coaching relationship, to continue the personal and professional growth journey with ongoing support.

INCLUDES

- ✓ Twelve (12) coaching sessions spaced over about a 6-month period; each coaching session is 45-minutes in length.
- ✓ Two assessments with corresponding debrief. The assessment results will serve as the basis for active and effective engagement in the coaching experience to maximize your personal and professional productivity and achieve extraordinary results. Both assessments, valued at over \$200.00, are included in package cost.
- ✓ Personalized Life Plan designed to support your go-forward vision aligned with values, guiding principles and relevant goals.
- ✓ A recording of the coaching session along with an individualized summary of the key 'aha' moments, goals, associated timelines and accountability partnerships established by the client.
- ✓ Three (3) *On-Demand* coaching calls (20-minutes in length) to resolve a clearly defined one-off issue or challenge.
- ✓ *Pay it Forward Refer a Friend* (20% discount for client and friend if the referred individual purchases two coaching sessions. For client – 20% is deducted from future coaching sessions not yet transacted).

1:1 SINGLE COACHING SESSION

1:1 coaching session(s) are best for focusing on one issue or area. If the client upgrades to one of the packages (e.g., *Seek!*, *Believe!* or *Live!*), the price of the 1:1 coaching session is deducted and this counts as the first session.

ONGOING MONTHLY COACHING SESSION

Ongoing monthly coaching available after completing *Seek!*, *Believe!* or *Live!* Coaching Package. Ongoing monthly coaching includes 2 hours of coaching per month; 1 or 2-hour blocks at a reduced investment/fee.

Don't Wait Another Moment! Schedule Your Discovery! Consultation Today.

The Time Is Now