



Kindness is FREE sprinkle  
that stuff everywhere...

## LUNCH MENU SEPTEMBER 2021

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Meat Loaf, mashed potatoes, corn, fruit, and roll	2 Chicken Nuggets, mac & cheese, green beans, and fruit	3 Hamburgers, french fries, and fruit
6 <b>HOLIDAY</b>	7 Nacho Supreme, corn, salsa, and fruit	8 The Goods BBQ Pulled Pork Sandwich baked beans, and fruit	9 Chicken Nuggets, mashed potatoes, corn, and fruit	10 Chicken Wrap, tator tots, and fruit
13 Red Beans & Rice, mac & cheese, fruit and cornbread	14 Nacho Supreme, salsa & chips, and fruit	15 Chicken Sandwich, tator tots, and fruit	16 Chicken Strips, mashed potatoes & gravy, peas, and fruit	17 Hamburger, french fries, and fruit
20 Red Beans Rice & Sausage, Broccoli, fruit, and cornbread	21 Soft Tacos, Spanish rice, salsa & chips, and fruit	22 Roast & Gravy, rice, corn, fruit and roll	23 Chicken Nuggets, mashed potatoes, corn, and fruit	24 Chicken Sandwich, french fries, and fruit
27  Jambalaya, White Beans, salad, fruit, and cornbread	28  Taco Soup, grilled cheese sandwich, tortilla chips & salsa, and fruit	29  Meat Loaf, mashed potatoes, corn, fruit, and roll	30  Chicken Nuggets, mac & cheese, green beans, and fruit	<b>Other Options:</b> Pizza/Wings Ham & Cheese Sandwich Turkey & Cheese Sandwich PB & J    Baked Potato <b>Salads:</b> Chef, Grilled Chicken, or Chicken Salad

**Please send a lunchbox with student if their account is negative.**

**You may view your account online at [www.mypaymentsplus.com](http://www.mypaymentsplus.com)**

**Venmo @Quickway-Cafeteria**

**Questions or concerns email us at:**

**New lunchroom email: [quickwaycafeteria@gmail.com](mailto:quickwaycafeteria@gmail.com)**