



DISCUSSION GUIDE

ICE BREAKERS

This Sunday Pastor Scott shared with us one of his greatest fears. What is one of your greatest fears?

QUESTIONS

LOOK BACK - Discussion about last week's message.

1. Each week we want to give everyone a chance to share about their week. What are some praises from the week? What are some challenges from this past week?
2. Last week at the end of the group, each of us shared how we were going to apply the truths of the message to our lives. Would you be willing share how it went this week?

LOOK UP - Discussion about this week's message.

Start by having a few people give a quick summary / review of this week's message about how distractions often are what hold us back from becoming who we were created to be.

3. What caught your attention or what did you like most from this message?
4. What challenged or inspired you most from this week's message?

READ & DISCUSS - Key Scriptures

Ephesians 5:15-20 / Galatians 5:16-24 / Daniel 6:10-14

5. Summarize:
Have a few people share the key truths from the Scripture passages you just read.
6. Discovering Truths from these Scripture passages:
 - Did anything stand out to you from these passages? Why?
 - What do we learn about God from these passages?
 - What do we learn about people (ourselves)?
 - Is there a promise or word of encouragement for us?
 - Is there an example for us to follow?
 - Is there an action to take or something we should to avoid? (call to obedience or a warning)

ACTION

What are some practical ways that we can apply some of the truths from this week's message in our daily lives? Give specific examples.

LOOK FORWARD: What are you going to think or do differently this week?

- Reflection and Prayer: Take a minute or two of silent prayer and reflection as a group. The goal is to invite God to speak to our hearts and ask Him to reveal us what He is calling us to do this week.
- Take time to let everyone share what they sense God speaking to their hearts today:
 - o What way(s) is God calling you to greater obedience this week?
 - o What will you do this week in response? Share this by using an I will statement.
- "This week I WILL _____."