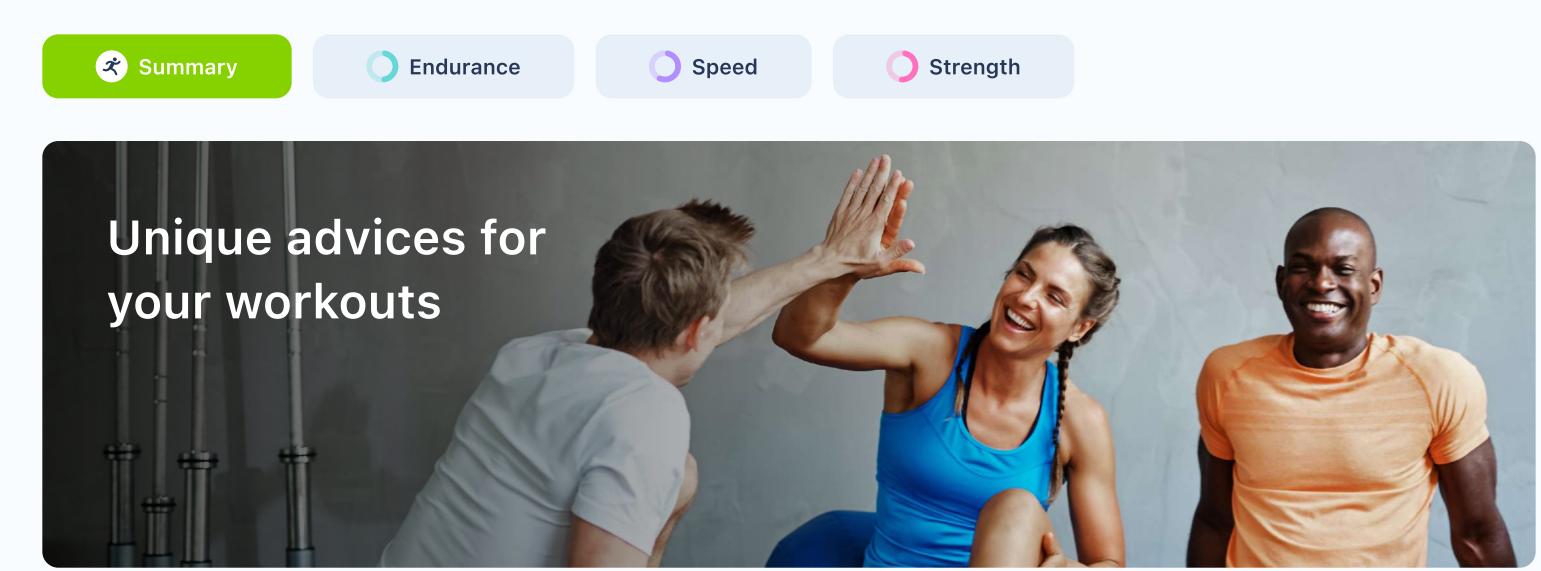
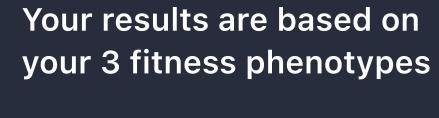
Fitness Advice







How are the results formed based on my DNA? Why are the results not always accurate?

Learn more



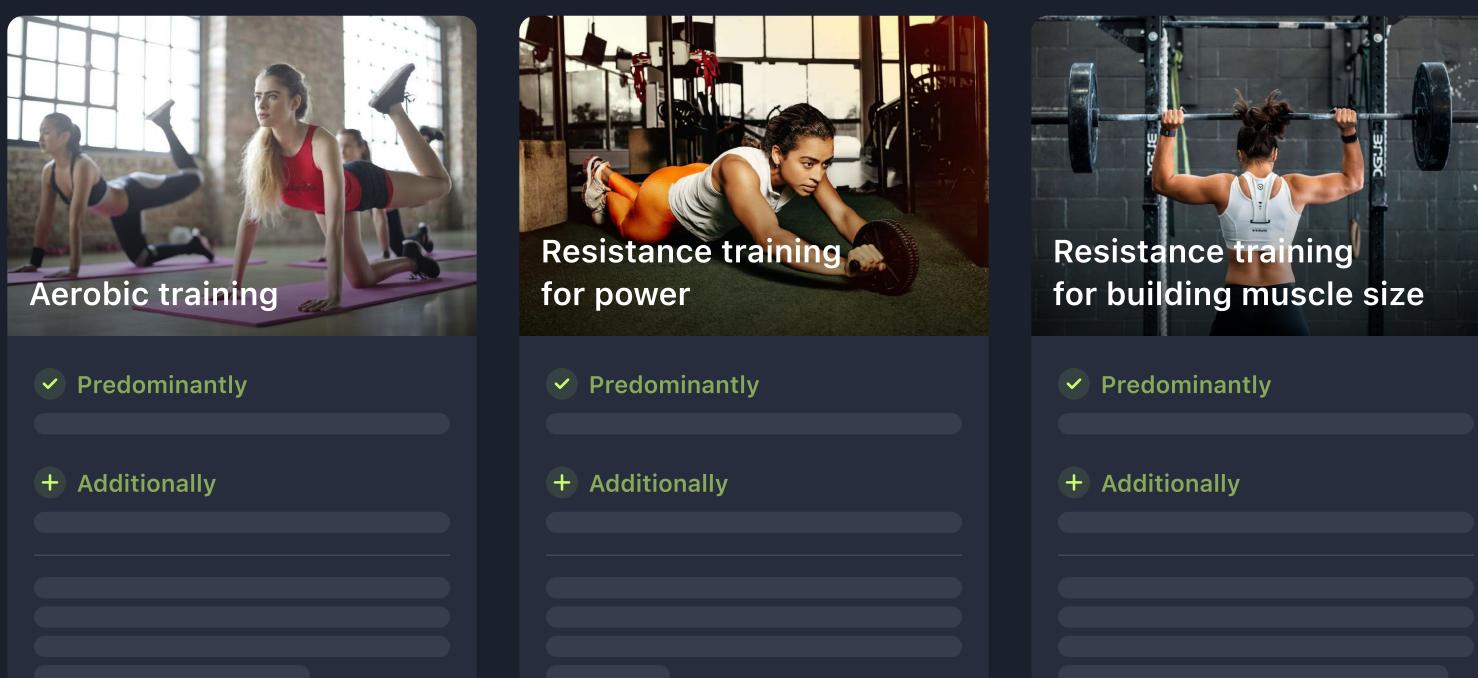
Check details

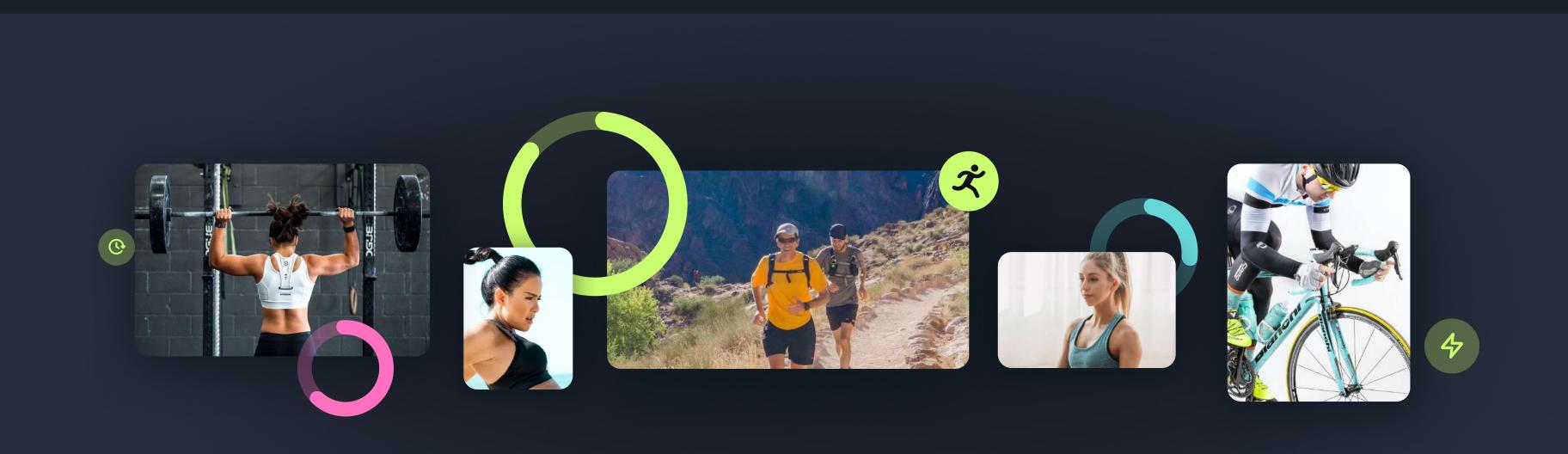
Speed

Check details



Personal fitness recommendations





Unique genetic trait analysis

performance.



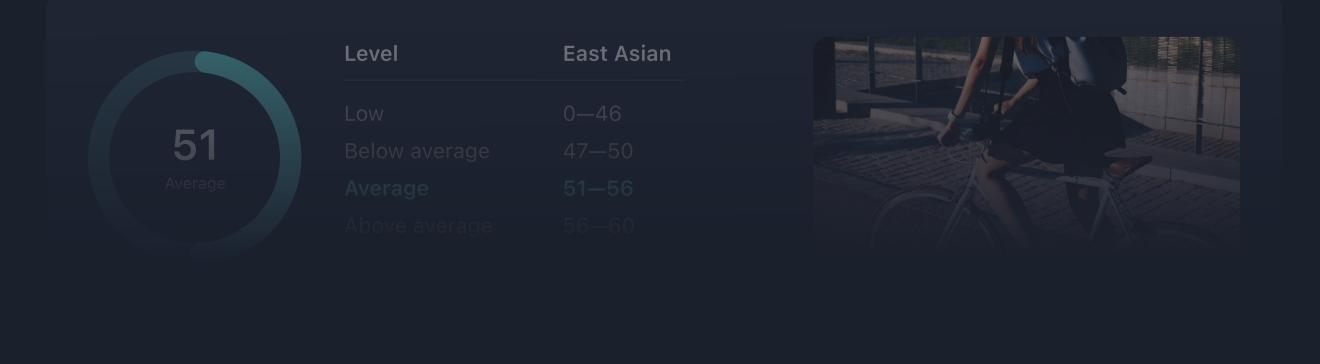
Recommendation

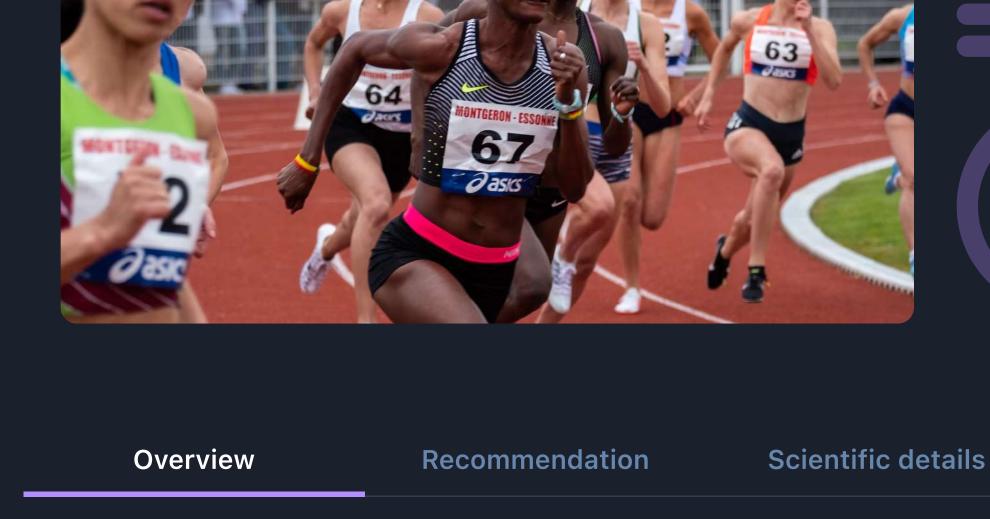
Endurance



Overview Your result Your result of endurance performance refers to your capacity to sustain prolonged cognitive tasks without degradation in

Scientific details





Speed

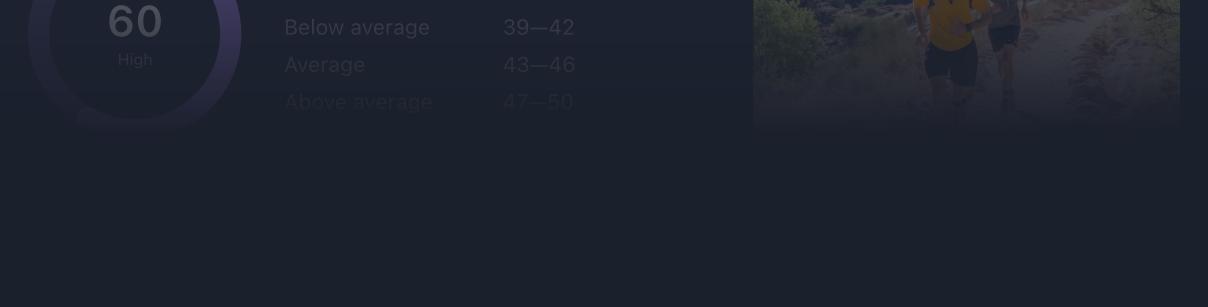


physical activities.

Your result

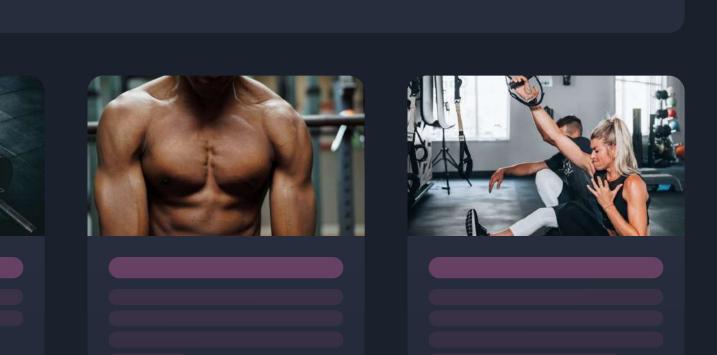
East Asian Level

Your result of speed performance refers to the measured outcome of your ability to move quickly and efficiently during





Recommendation



Your result

Overview

Lorem ipsum dolor sit amet consectetur. At augue nulla pellentesque volutpat sapien aliquet. Aliquet tellus leo scelerisque nunc sem etiam adipiscing a amet. Tincidunt a sed libero est non senectus. Magna pharetra aliquet commodo sit rutrum.

Scientific details

