

CASE STUDY

# Swift Adoption of Screening & Fall Mitigation Programs Drive Efficiency and Revenue

Alinea's intuitive tools allow Rehab Providers to measurably improve resident care, reduce fall risk, and increase conversion to caseload upward of 30% within 90 days.

Symbria partnered with Alinea to implement a Screening Program that drives results, **without increasing the workload of therapists.**

With Alinea, Symbria Rehab teams efficiently keep their finger on the pulse of resident populations, provide care at first sign of need, and consistently prove their value proposition to Senior Communities with ease!

## OVERVIEW

### Efficiently Improve Resident Care

Occupational, Physical, and Speech Therapies are vital to improving and maintaining the health and independence of residents within Senior Communities. **But Therapy Providers are challenged to consistently screen large populations of Senior Community residents while already managing a busy workday.**

While Screening Programs hold promise as an industry ideal, cost/benefit analyses historically keep practical implementation across full resident censuses out of reach. No longer! Alinea innovation directly solves that problem!



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*“Over my 20+ years in the long term care space, the industry has been lacking a fully integrated solution for tracking screens and results. As health care providers, it is imperative we identify areas where residents may optimize their independence.”*

- Mark Candiotti, Director of Revenue Management

Motivated to facilitate best practices for Screening across their organization, **Symbria - a contracted rehabilitation provider serving more than 100 Senior Communities - partnered with Alinea to flip the script.** The goal is simple - provide the best care possible at the first sign of need; maintain a strong caseload; and demonstrate measurable and quantifiable value back to the Senior Communities.

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## HOW IT WORKS

92%

AVERAGE FACILITY  
CENSUS COVERAGE  
MONTH OVER MONTH

**Alinea's Screening and Fall Mitigation Tool** makes it possible for therapy teams to keep their finger on the pulse of full census of residents - customized to organizational objectives (i.e., 100% of SNF residents, with lower but meaningful coverage in ALs and ILs).

In collaboration with Alinea, Symbria deployed the Screening and Fall Mitigation Tool to all 100+ facilities in combination with their new organization-wide screening policy.

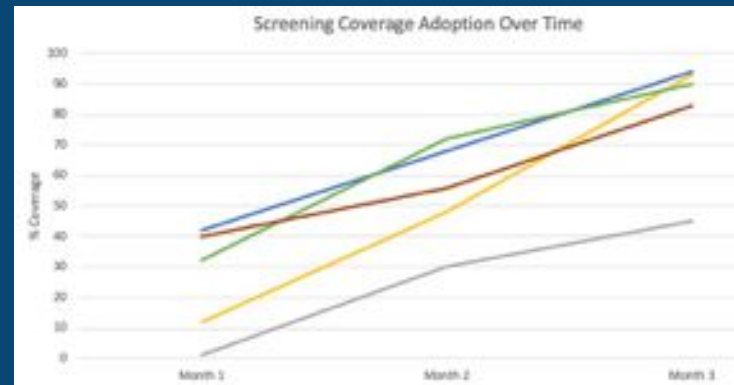
Screens are swiftly documented in real time, enabling therapists to proactively and efficiently monitor the full census of residents month-over-month. "Alinea gives us a great way to visually track therapy responsiveness" said Maureen Infante, a Symbria Program Manager with over 35 years experience. "Their Screening and Fall Mitigation tool is very easy to use, with a smooth workflow!"

## THE RESULTS

Within the first 90 days of full rollout, Symbria completed > 16,700 Screens. This proactive patient monitoring identified patients with a therapy need and optimized conversion to therapy.

Alinea Screening and Falls Mitigation Program also helped therapy teams monitor and mitigate fall risk, ensure prompt post-fall follow-up, and share timely resolution of referrals.

Alinea even streamlined communication between therapy disciplines, management, and facility staff.



Significant increase in program adoption and compliance in 3 months

## Easy Adoption Sparked Benefits in 90 Days:

- ✓ Immediate staff accountability with program compliance
- ✓ **Over 5,400** residents in screening program
- ✓ **Over 2,200** residents converging to therapy
- ✓ Upwards of **30% increase** in conversion to therapy

## BE PREPARED FOR AUDITS

Alinea also reduces burden of audits with immediate access to Screening and Falls History for each resident - right at your fingertips.

As Jen Evans, another Symbria Program Manager recounts, “During a recent visit from the health department, they inquired about a resident with recent multiple falls. [The auditor] wanted know how therapy was involved in the fall intervention and prevention process. I was able to share that we receive fall reports from the facility, and then track the falls and screen in Alinea, using the screening history to identify trends and provide patient specific interventions. **The surveyor was very satisfied with the obvious collaboration between nursing and therapy.**”

The screenshot displays a user interface titled "Patient screening and fall history available at your fingertips". Below the title, it shows "Screening History for Marybelle Strong" with a "Print History" button. The history is organized into three entries:

- 02/11/2021**: Screening List Completed by Natalie Moxon. Includes a "View" button.
- 02/10/2021** (27 days ago): Via (Routine) Quick screen: Success! Converge to therapy until 03/04/2021 by Natalie Moxon. Includes a "Delete" button.
- 02/10/2021** (Fall icon): Fell out of bed Entered by Natalie Moxon. Description: "Pt found on floor in front of bed - states she was trying to get something off the ground but nothing on the ground was found. C/o R knee pain, x-ray, negative. Bed was in low position." Includes a "Delete" button. A summary box below this entry lists: Timeframe: 6AM to Noon, Severity: Minor, Reason: Fell out of bed, Location: Bedroom, Resident: Inpatient.
- 02/08/2021** (29 days ago): Via (Routine) Quarterly: Add to snooze list until 03/04/2021 by Natalie Moxon. Includes a "Delete" button.

“Alinea has taken the screening process to the next level. This powerful tool streamlines all the hard work that goes into caring for our elders. It is easy to use, and creates a snapshot of fall and screening history.”

-- Program Manager, Symbria Rehab

## ACTIONABLE REPORTING INSIGHTS

Adoption and adherence to our highly effective Screening & Fall Mitigation Program would not be possible without Alinea’s robust and real-time reporting insights. As Anne Evans, a Symbrias Regional Director put it, “**Alinea’s reporting mechanism allows quick reference [for management] to ensure consistent compliance with the screening process. Alinea’s objective metrics confirm [we] are monitoring residents constantly to ensure that they are taken care of from a therapy perspective.**”

Alinea’s organization-wide transparency allows managers to monitor the screening coverage rates at each facility, ensuring staff are adhering to established screening protocol and achieving goals.

Alinea's CEO, Carol Vance, is delighted by Symbria's early success. **“At Alinea, we believe rehabilitation providers have unparalleled power to change lives. Our mission is to support their providing the best care possible – allowing therapists to prioritize patients over paperwork, while optimizing productivity and profitability.** As Symbria is a visionary provider, driven to do the best thing for their patients, they are an exceptional partner to work with. This case study proves that with the right tools and accurate information, Rehab Providers can measurably achieve desired results without compromising productivity.”

## ABOUT ALINEA

Alinea's digital transformation provides industry leading solutions for Rehabilitation Providers within Senior Communities. Alinea automates workflows and engages patient and their responsible parties to drive efficiency, expand capacity, and increase revenue and profitability. In addition to state of the art Screening and Fall Rate Mitigation, their suite of offerings include Digitized Intake to eliminate paper, Insurance Benefit and Restriction workflows to minimize uncollectible services, Family Link to keep families up to date with therapy progress, and more - all on one highly configurable platform.

To find out how Alinea's consultative approach and technical innovation can work for you, please visit our website at [www.alineawellness.com](http://www.alineawellness.com) or contact Carol Vance at [carol@alineawellness.com](mailto:carol@alineawellness.com)

**Do more with less.  
Let Alinea innovation work for you.**

