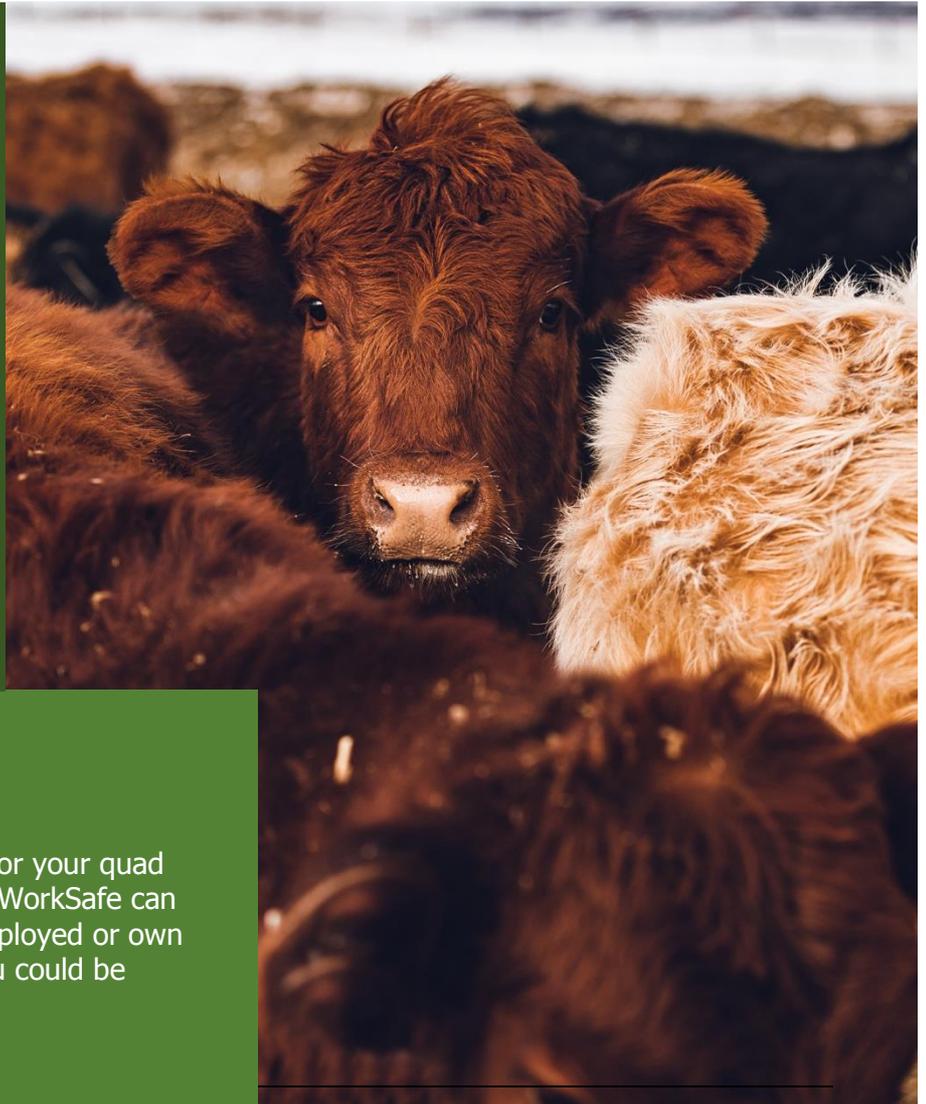


ACCELERATE

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OUR NEWSLETTER FOR GROWING BUSINESSES

Averting hazards is a year-round concern for farmers, but winter weather can add a whole new dimension with darker, colder mornings and rougher terrain. Whether it's quad bikes, stock, or machinery, now is the time to remind staff about safety on the land. Halfway through the year is also a practical time to plan out the next six months. Any staff training, wellbeing management, or business growth on the cards? We showcase some powerful people (and tools) who can help you with that.



Avoid harm on the farm

Been thinking about crush protection devices for your quad bikes but the cost is putting you off? ACC and WorkSafe can help ease the financial strain. If you're self-employed or own a small-to-medium-sized farming business, you could be eligible for a cash back offer.

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Cash back on quad bikes

Each year, quad bikes are a major cause of death and serious injury in New Zealand - but installing crush protection devices could help lessen the impact.

Log in to [MyACC for Business](#) online to find out if you're eligible for the \$180 (+GST) crush protection device cash back. It applies to up to two Quadbar, Quadbar Flexi, and ATV Lifeguard crush protection devices, which start from \$595 (+GST). They can be bought at [Farm Source](#), [Quadbar NZ](#), [LifeGuard](#), and [Trax Equipment](#).

West Coast farmer Colin van der Geest can vouch for the importance of roll bars following an incident where one of his workers was driving a quad bike and herding a cow out of a paddock and into a lane.

"It's a flat site and at the end of the land there is a narrow 1.5m gap between a strainer post and a drain," says Colin. "The crafty cow decided to go through there and our guy tried to cut her off with the bike. The cow made it through, but my man rolled the bike into the drain. He escaped with bumps and bruises, but if it had not been for the roll bar, the bike would have fallen on top of him in the drain."

Leptospirosis - it only takes a splash!

While coming into contact with animal waste is all in a day's work for farmers, it's not something to be taken lightly, especially during winter. A small amount of contaminated urine can cause leptospirosis, an infectious disease with a potentially high risk to people and animals.

Who's at risk? Anyone working close enough to farm animals to be splashed or sprayed with urine or urine-contaminated water. Cuts, sores, and skin grazes increase the risk of infection, as does licking your lips and eating or smoking before washing and drying your hands.

What's the best way to manage it?

Leptospirosis is hard to get rid of so minimisation is best. Make sure you're on top of antibiotic treatment, vaccination programmes, making staff aware, supplying protective gear, and promoting hygiene practices. For more advice, visit [Work Safe](#).

What are the symptoms?

If you're affected by leptospirosis, you might not feel any different or it could feel like a bad case of the flu. Severe cases can result in permanent complications with some people unable to return to farming.

Think you've been splashed?

- dry off urine splash immediately then wash the area
- wash your hands and face well with soap and water, taking special care with facial hair, then dry well
- flush out your mouth and eyes, and any exposed skin with lots of running water
- wash out fresh or old cuts and grazes with water and disinfectant, and dry well
- tell a supervisor, and if you think you've been exposed, call your doctor. Tell them leptospirosis may be the cause of your illness because some doctors might not be familiar with the symptoms.





Women in the know who can help you grow

Want to take your farming business online? Finding it hard to stay fit and healthy? Seek help from three 2020 NZI Rural Women NZ Business Award winners.

Go digital with agri-experts

"We know how to drive a tractor and a successful marketing campaign," says Grass Roots Media owner Chelsea Miller, who manages social media communications and campaigns for the food and fibre sector across New Zealand. Based in Manawatu, but operating in the digital world, the Grass Roots team of four won the Emerging Business Award. They have helped rural businesses such as NZ Young Farmers, Hurricane Agriculture, MealTime Stock Feed, and Kuhn get ahead using online communications.



Design your farming future

Combining her farming heritage and creative talent, Becks Tosswill helps bring agribusiness brands to life through design and strategic thinking. Her company Farmers Daughter Design Studio, which operates from a 650-hectare hill country farm in the Wairarapa, won the Creative Arts Award.

"We help businesses big and small make their mark on the primary sector in New Zealand with visible, competitive, and compelling branding and design," says Becks. "Working from the ground up, we provide insightful, inspiring creative that opens up business possibilities and perspectives. We identify your strengths and ambitions and target the people your brand speaks to."



Get fit on the farm

Looking to get fit but too far from the gym? Kate Ivey, who lives on a High Country Station adjacent to Aoraki Mount Cook, feels your pain. Kate runs DediKate, an online health and fitness community and app for busy New Zealand women. The community has over 1,500 members and Kate's workouts are streamed from her home (and her other trainers' homes all around the country) directly to yours.

"Around 45% of my members live rurally, like me!" says Kate, who won the Rural Health and Wellbeing Excellence Award. "I love being able to help busy women make exercise a consistent part of their lives. We have weight training, HIIT, cardio, boxing, yoga, Pilates, pregnancy and postpartum workouts, rehab, meditation, and more." You can sign up for Kate's free two-week trial [here](#).



Upskill your staff with T

If you're keen to teach your staff new tricks on the farm but struggling to find the time to do it, take a look at [Farm 4 Life HUB](#). Founded by local personality Tangaroa Walker (known as T), the HUB has close to 1,000 videos with dairy farming education available 24/7.

Your staff can learn all about feeding, calf rearing, machinery, cow shed repairs, maintenance, and more, from the comfort of their own home. Delivered by the hilarious T and industry leaders, it's the easiest way to give your team the experience they need before they need it. You can create a custom plan for each person or team to match their roles and responsibilities on the farm. There's even a free seven-day trial so you can see if it's for you before committing.

Founder T is a true community and industry leader running a successful 500-cow dairy farm, reaching millions as the much-loved face of Farm4Life, and [authoring a book](#) about how farming turned his life around.

Income equalisation scheme

To ease financial pressure post-COVID-19 or in the wake of other extreme events, it might be worth considering the income equalisation scheme available for farmers and growers. Income equalisation, including the environmental restoration scheme, can even out fluctuations in your income by spreading gross income from year to year. To find out if you're eligible, head to [myIR](#), where you can:

- register for income equalisation in real-time, or
- register for environmental restoration (if this is applicable) by sending a web message and attaching the required documents
- keep track of your reserve scheme information under the account types EQU (income equalisation) and ERA (environmental restoration)
- manage all your deposits and withdrawals.

Please contact us to discuss this if you think this might work for you.

Be KYND and stay healthy

After spending more than 30 years working in the emergency department, Dr. Tom Mulholland (a former forestry worker) decided he wanted to help people manage their health to avoid ending up in ED with preventable illnesses. So, he launched [KYND](#), an app that measures physical, mental, and social health to help ensure staff are performing as efficiently and safely as they can.

Thousands of people use the app to monitor and manage their health, plus Tom and his team are using corporate reports and workplace testing to support employee health at companies such as Fonterra Dairy for Life, PGG Wrightson, 2degrees, and BNZ.

KEY TAX DATES – JUNE 2021

Date	Category	Description
7 June	PAYE	Large employers' payment due. File employment information within two working days after payday.
21 June	PAYE	Small and large employers' payment due. File employment information within two working days after payday.
21 June	RWT	RWT return and payment due for deductions from dividends and deductions of \$500 or more from interest paid during May.
28 June	NRWT / Approved Issuer Levy	Payment and return for May.
28 June	GST	Payment and return for May.
28 June	GST	Instalment due.

Note:

The provisional tax due dates apply to those clients who have a May balance date. Different dates will apply to those clients who have different balance dates.

***Disclaimer:** This publication has been carefully prepared, but it has been written in general terms only. The publication should not be relied upon to provide specific information without also obtaining appropriate professional advice after detailed examination of your particular situation.*