



Annual Narrative Report

1 April 2018 - 31 March 2019

1. Section A: Basic details about the Organisation:

1.1 Organisation name: The Issy Geshen Lamont Home for the Aged

1.2 NPO Number: 002-277

1.3 The twelve-month period this Report covers: 1 April 2018 - 31 March 2019

1.4 Contact persons (Two office bearers nominated by the Organisation):

Name & Surname	Position	Contact No	Email
Guy Peter Levene	Chairperson	082 446 5890	guy@apgroup.co.za
Doris Hlubi	Deputy Chairperson	082 485 3415	thembekile@muthande.org.za

1.5 Organisation's physical address: 2342 Ndlwana Road Lamontville KZN 4027

1.6 Organisation's postal address: PO Box 32180 Mobeni KZN 4060

1.7 Organisation's Office Bearers:

Name & Surname	Position	Gender	Race	Contact No	Email
Guy Levene	Chairperson	Male	White	082 446 5890	guy@apgroup.co.za
Doris Hlubi	Deputy Chairperson	Female	Black	082 485 3415	thembekile@muthande.org.za
Thoko Molefe	Secretary	Female	Black	073 219 3941	tcmol@mweb.co.za
Gary Welsh	Treasurer	Male	White	083 779 8827	gary@welshfinancial.co.za
Shiela Tsalong	Member	Female	Black	082 857 7747	sheilatsar@gmail.com
Winston Dladla	Member	Male	Black	082 957 4882	phumlanidladla@gmail.com
Gugu Ngobese	Member	Female	Black	084 446 6919	none
Ntombilezi Mlita	Member	Female	Black	083 618 5041	mrsmilita@gmail.com
Zandile Khambule	Member	Female	Black	083 243 3533	zandilek@telkomsa.net
Sabina Marumo	Residents' Rep	Male	Black	031 469 0247	none

1.8 Attorney's: JH Nicholson, Stiller & Geshen

1.9 Auditors: Harold Levin & Associates Inc.

1.10 Meetings Held:

AGM: 1 (20th September 2018)

Board meetings: 4 scheduled, 4 unscheduled

Manco: 12

Senior staff: Weekly meetings

Other: 12 Stakeholder meetings

6 NPO Forums (DSD)

4 SAAHA meetings

10 Senior Citizens Forum

6 Operation Sukuma Sakhe (War Room)

1 Family Consultative Forum

1.11 Staff:

No.	Initials & surname	Designation
1.	P S Cele	General Assistant
2.	T P Cele	Nursing Assistant
3.	N P Cele	Nursing Assistant
4.	N Chiliza	OTA
5.	D H Dladla	Driver
6.	S Dlamini	Nursing Assistant
7.	M J Fundamu	Professional Nurse
8.	V Z Gumede	Nursing Assistant
9.	N H N Hlubi	Administrative Assistant
10	D P Houston	Fundraiser

11.	E N Khaba	Cook
12.	T Khomo	Cook
13.	S Maduna	Enrolled nurse
14.	Z Mapholoba	Care giver
15.	B N Mbelu	Supervisor cleaner
16.	R P Mbelu	Chef
17.	T H Mdletshe	Enrolled Nurse
18.	N Mkhungo	Nursing Assistant
19.	L F Mngoma	Cook
20.	N G Mpisane	Nursing Assistant
21.	N D Msomi	General worker
22.	V Msimbithi	Handyman
23.	D G Mtembu	Security Guard
24.	NR Mtshali	Enrolled nurse
25.	B I Ndelu	Professional nurse
26.	M S P Ngidi	Administrator
27.	N L Ngcobo	Social Worker
28.	J W Nxaba	Nursing Assistant
29.	A L Sehlako	Nursing Assistant
30.	M C L Shabalala	Nursing Assistant
31.	T H Tshanyana	Cook
32.	D N Zulu	Laundry Attendant
33.	P Zulu	Groundsman
34.	G N F Zindela	Enrolled nurse

The Homes relies on the services of volunteers as reliefs to full-time staff when they are on annual, sick or compassionate leave. Volunteers are paid a transport stipend.

	Name & Surname
1.	Nonkululeko Vazi
2.	Lillian Tseko
3.	Zithulele Goodenough Myeza
4.	Bongekile Shandu
5.	Thembelihle Hope
6.	Happiness Sbhongile Khuzwayo
7.	Sellina Mosala
8.	Nonhlanhla Theodora Majola
9.	Catherine Nonkazimulo Nontshe
10.	Thobile Khoza
11.	Babhekile Ngwazi
12.	Nomusa Francisca Msomi
13.	Nomthandazo Precious Zuma

1.12 Update

The Home accommodated 70 residents during the reporting period	
Services	Update
1. To provide 24/7 physical & medical care and support for residents	<ul style="list-style-type: none"> a. Resident morbidity: hypertension, diabetes, dementia, arthritis, asthma & stroke b. All residents received the flu vaccine to minimize infection & outbreak c. Monthly pest control measures remain in place to ensure a pest-free environment d. We have the services of a private medical practitioner (two in-house visits p/month) e. In-service education programme for staff: dementia, strokes, the Eden Alternative; hoist demonstration, mouth care, wound dressing, eye instillation. f. Hospital referrals for residents needing hospitalisation g. Nursing staff attended upskilling workshops/seminars: Diabetes - healthy lifestyle, care-giver upgrading h. Presentations: Strokes & Dementia, dispensing medicines i. Care-givers attended a Health & Safety as well as dementia & Alzheimer's Workshop
2. To provide social work counselling of both residents and families	<ul style="list-style-type: none"> a. Social Worker and Professional Nurse conduct home assessments of prospective residents, with the view to ensure suitability for admission. b. The social worker & social work student provided individual care & group work c. The focus of group work for the year was "Harmonious living", with the focus being tolerant to each other and the different needs they have. d. The social worker attended an assortment of stakeholder meetings, including those of the NGO sector as well as DSD: developments/challenges within the aged sector & networking. Challenges: <ul style="list-style-type: none"> ➤ Shortage of space continues to be a great challenge for the Home, due to increased need for frail elder care (especially dementia care) ➤ Families seek our assistance when their loved ones are often too sick and very frail. ➤ The community/families often do not have plans for their loved ones funerals, expecting the Home to bury them, as the elderly have been living with us! ➤ Some family members fail to communicate effectively with their loved ones about moving into the Home, which leads to us having to care for elders who are depressed, non-responsive and refusing to comply or participate in any activities in the Home ➤ Due to busy life styles of the children/family of the residents, visits are few and far apart, which contributes to residents' feelings of abandonment and, occasionally, depression
3. To provide awareness programmes and promote care for elderly people	<ul style="list-style-type: none"> a. An Elder Abuse awareness campaign was conducted at the Lamontville CHC, the emphasis being on the importance of caring for the elderly at home b. Our Residents visited a childrens' home to hand out soft toys and tell stories to them. It was also special because it was a way for the elderly to give back to other people who were less fortunate. Challenges: <ul style="list-style-type: none"> ➤ Our residents are getting more and more frail and find it more challenging to walk the short distance to the CHC. We are very grateful to the Lamontville SAPS for their assistance in transporting some residents back home
4. To provide rehabilitation and paramedical services for residents	<ul style="list-style-type: none"> a. Referral centres & partnerships: Lamontville CHC, Clairwood, Wentworth, Prince Mshiyeni, King Edward, St Aiden's, Addington hospitals, DUT, UKZN & various nursing colleges b. 8 residents attend the St Giles Rehabilitation Gym twice a week c. Wheelchairs and walkers were provided to those who needed them. Wheelchairs were also provided to community elders Challenges: <ul style="list-style-type: none"> ➤ no Occupational Therapy or physiotherapy student clinical practical placements this past year
5. To provide social and recreational	<ul style="list-style-type: none"> a. Outings/activities: visits to the nearby swimming pool, beachfront and Ushaka Marine World, carpet bowling, visit to the Botanic Gardens, Mothers' & Fathers' Day celebrations,

<p>programmes for residents</p>	<p>Heritage day celebration, Christmas Party, Valentine’s day event, Pampering day, Water awareness speech day, Stage play by the Municipality, Talent show, World elder abuse session, Alzheimer’s awareness day, visits by Masakhane crèche, Interhome Choir Festival, Movie week, Housebound library storytelling competition,</p> <ul style="list-style-type: none"> b. Bi-monthly library visits were conducted by the mobile library and a story telling competition was organised c. Daily devotions were held every morning & a religious service every week d. Observance of significant days e. The residents’ committee holds monthly meetings to provide a safe and free environment to express their views and suggestions to the Home f. Sport: regular exercise sessions for all, some elders participated in the Golden Games g. Awareness talks: linked with Heart and Stroke Foundation, Diabetes SA, Alzheimers KZN to provide health awareness talks and testing for elders and staff <p>Challenges:</p> <ul style="list-style-type: none"> ➤ Transport is sometimes an issue
<p>h. To extend our services and expertise to the community</p>	<ul style="list-style-type: none"> a. The annual Interhome choir festival was held at the Muthande Hall - 6 choirs participated. Lamontville community elders attended. Issy Geshen choir came second in the festival b. 1 social auxilliary work student was placed for practical experience c. 1 Psychology volunteer who worked with the elderly and assisting in OT activities. Being male, the volunteer was able to involve our male residents, who are often non-active d. 10 wheelchair assessments & 8 provided e. 20 blankets & 15 scarves were knitted for the 67 blankets for Nelson Mandela Day Campaign f. Pretty Things for Little Things Competition: 15 articles were made and one resident won a Shoprite/Checkers award for her clothing items g. Nelson Mandela day - our ladies spent their 67 minutes handing over soft toys made at Issy Geshen to children at a Durban Child Welfare Care Centre and to babies at The Baby House Westville <p>Challenges:</p> <ul style="list-style-type: none"> ➤ Limited funds to purchase materials for arts & crafts ➤ The UNISA social work department is restructuring its curriculum, therefore they are not taking in any new students. This is where the bulk of our students came from ➤ Most social workers and students are young people and find working with the elderly a challenge, as they are less active