



MAINS

MAC & CHEEZE 7.00

MACARONI PASTA IN A THICK CHEEZE SAUCE, LOADED WITH MELTED MOZZARELLA CHEEZE, PICKLES, GREEN ONION AND CRISPY FRIED ONIONS

AZTEC 8.00 GF AVAILABLE

BOWL OF SMOKY BLACK QUINOA, SPICED BLACK BEANS, FRESH SALSA, GUACAMOLE, SWEET CORN, SHREDDED LETTUCE, JALAPENOS, PICKLED RED CABBAGE, FRIED TOFU, PINK ONIONS AND LIME
ADD FRIED SEITAN STRIPS 3.00

DEATH BY DONER 9.00

A WARM FLATBREAD LOADED WITH FRESH SALAD, SEITAN DONER, GARLIC & CORIANDER MAYO, HOT CHILLI SAUCE, PINK ONION AND PICKLED CHILLIS

TACOS

FISH'ISH TACOS 6.50

THREE AUTHENTIC CORN TORTILLAS WITH BEER BATTERED TOFU & NORI, FRESH SALSA, PICKLED RED CABBAGE, SLICED AVOCADO, GARLIC & CORIANDER MAYO AND PINK ONIONS

CLASSIC TACOS 6.50 GF AVAILABLE

THREE AUTHENTIC CORN TORTILLAS WITH SEASONED TACO MEAT, SHREDDED LETTUCE, HABANERO SALSA, GRATED CHEEZE, GUACAMOLE, JALAPENOS AND CORIANDER



BURGERS

SERVED ON TOASTED BRIOCHE STYLE BUNS

DR. GREENTHUMB 8.00

GF AVAILABLE

GREEN HEMP BURGER WITH GUACAMOLE, FRESH SALSA, GREEN ONION, LETTUCE AND GARLIC AND CORIANDER MAYO

BEET IT, CREEP 8.00

GF AVAILABLE

BEET BURGER WITH MOZZARELLA CHEEZE, BAKON (AVOCADO ON GF OPTION), RED ONION, JALAPENOS, PICKLES, LETTUCE, TOMATO AND SRIRACHA MAYO

HOLY SMOKE 8.50

SOUTHERN FRIED SEITAN BURGER, WITH A RICH BBQ GLAZE, SMOKED GOUDA CHEEZE, SMOKED BAKON, RED ONION, PICKLES, PICKLED RED CABBAGE AND CHIPOTLE MAYO

DEVIL'S AVOCADO 8.50

SOUTHERN FRIED SEITAN BURGER WITH CHEDDAR STYLE CHEEZE, GUACAMOLE, HABANERO SALSA, CRUSHED TORTILLA CHIPS, JALAPENOS, LETTUCE, CHIPOTLE MAYO AND NACHO CHEEZE

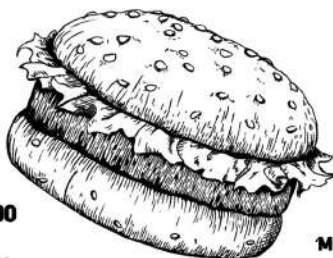


SANDWICHES

GRILLED CHEEZE 5.00

GF AVAILABLE

SOUDOUGH WITH MELTED MOZZARELLA, SMOKED GOUDA AND CHEDDAR STYLE CHEEZES
ADD AVOCADO AND BAKON 2.00



SIDES

NACHOS 5.50

GF AVAILABLE

TORTILLA CHIPS LOADED WITH MELTED MOZZARELLA CHEEZE, TACO MEAT, HABANERO SALSA, GUACAMOLE AND JALAPENOS

MINI MAC & CHEEZE 3.50

CHIPOTLE FRIES 4.00

CHIPOTLE SPICED FRIES WITH CHIPOTLE MAYO, CRISPY ONIONS

JERK FRIES 4.00

GF AVAILABLE

JERK SPICED FRIES WITH BBQ SAUCE, JERK MAYO, PINK AND GREEN ONIONS

GARLIC FRIES 4.00

GF AVAILABLE

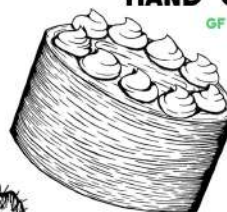
GARLIC SEASONED FRIES WITH GARLIC MAYO AND GREEN ONIONS

REGULAR FRIES 2.50

GF AVAILABLE

HAND CUT CHIPS 3.00

GF AVAILABLE



KIDS

BABY BEAN BURGER 4.00

GF AVAILABLE

KIDNEY BEAN AND QUINOA BURGER WITH MOZZARELLA CHEEZE

TINY TACOS 3.50

GF AVAILABLE

TWO CORN TORTILLAS WITH LETTUCE, TOMATO, TACO MEAT AND GRATED CHEEZE

MINI MAC & CHEEZE 3.50

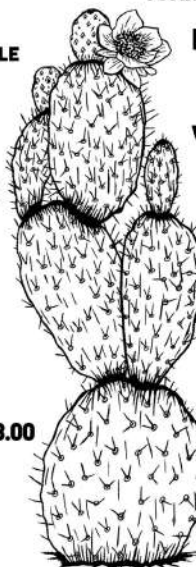
KIDS FRIES 1.00

VANILLA ICE CREAM 1.00

DESSERTS

CHECK THE **BOARD** OR ASK YOUR **SERVER** FOR TODAY'S DESSERTS!

INCLUDING THOSE FROM **BEE VEGAN BAKERY!**



GOOD TO KNOW

OUR WHOLE MENU IS **100% PLANT BASED**, BUT WE HOPE YOU KNEW THAT ALREADY!

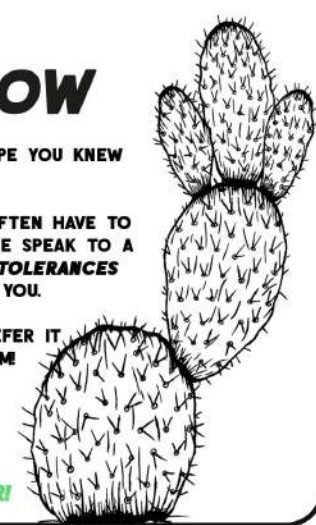
WE HAVE A VERY SMALL, OPEN PLAN KITCHEN AND SO WE OFTEN HAVE TO COOK **GF ITEMS ALONGSIDE NON GF ITEMS**. PLEASE SPEAK TO A MEMBER OF THE TEAM REGARDING **ANY ALLERGIES OR INTOLERANCES** AND WE WILL DO WHAT WE CAN TO ACCOMODATE YOU.

IF YOU SEE THE  ON ANY MENU ITEM AND YOU'D PREFER IT **WITHOUT THE HEAT**, JUST ASK! IT'S NO PROBLEM!

ALL ITEMS ARE SUBJECT TO AVAILABILITY.

ALL ITEMS ARE INCLUSIVE OF 5% VAT.

THANK YOU FOR CHOOSING **PRICKLY PEAR!**



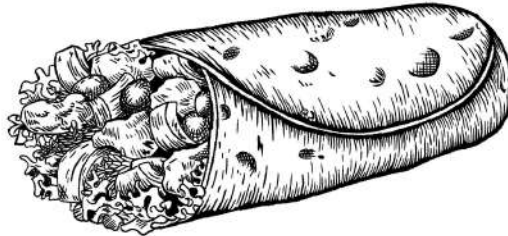
BREAKFAST

SERVED 9.30 - 11.00

AVO TOAST 5.00

GF AVAILABLE

TWO SLICES OF SOURDOUGH TOAST LOADED WITH SMASHED AVOCADO AND A SPRINKLE OF HIMALAYAN PINK SALT, CRACKED BLACK PEPPER AND CHIPOTLE CHILLI



TOFU SCRAMBLE 6.50

GF AVAILABLE

LIGHTLY SEASONED TOFU SCRAMBLE WITH ONION AND GARLIC, TWO SAUSAGES AND SLICED AVOCADO, SERVED WITH SOURDOUGH TOAST AND A SPLASH OF SRIRACHA

BREAKFAST BURRITO 7.50

TOFU SCRAMBLE, SPICED BLACK BEANS, SLICED AVOCADO, FRESH SALSA, PICKLED CHILLIS AND HOME FRIES, SERVED IN A LARGE WHEAT TORTILLA WITH CHIPOTLE MAYO AND SRIRACHA

BLUEBERRY PANCAKES 6.50

GF AVAILABLE

THREE FLUFFY STYLE AMERICAN PANCAKES LOADED WITH BLUEBERRIES AND SERVED WITH A POT OF MAPLE SYRUP
ADD BANANA 0.50

BIG BREAKFAST 8.50

GF AVAILABLE

TOFU SCRAMBLE, SPICED BLACK BEANS, SMASHED AVOCADO, SAUSAGES, FRESH SALSA AND HOME FRIES, SERVED WITH SOURDOUGH TOAST AND A POT OF CHIPOTLE MAYO

BREAKFAST COB 3.50

4.00 WITH REGULAR HOT DRINK, TAKEAWAY ONLY
TWO SAUSAGES ON A SOFT WHITE COB WITH YOUR CHOICE OF SAUCE

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DRINKS

HOT DRINKS

LATTE 2.80
CAPPUCCINO 2.80
FLAT WHITE 2.70
LONG BLACK 2.60
AMERICANO 2.60
ESPRESSO 1.90
MATCHA LATTE 3.00
MOCHA 3.00
HOT CHOCOLATE 2.80
BABYCCINO 0.90
BREAKFAST/GREEN TEA 1.90
ASK ABOUT OUR SELECTION OF LOOSE LEAF TEAS
OAT, COCONUT & SOY AVAILABLE



MILKSHAKES 3.90

ALL SHAKES ARE MADE WITH VANILLA ICE CREAM AND SOY MILK WITH VEGAN CREAM

BISCOFF & HOBNOB CHOCOLATE & PEANUT BUTTER BANANA & SALTED CARAMEL VANILLA ESPRESSO

ADD 25ML RUM, BOURBON OR AMARETTO 2.00

SMOOTHIES 3.90

MATCHA PINEAPPLE, SPINACH, LIME, MATCHA, COCONUT MILK

GOOD MORNING BANANA, OATS, DATES, PEANUT BUTTER, SOY MILK

BERRIES BANANA, MIXED BERRIES, SOY MILK

SUNSHINE ORANGE, PINEAPPLE, MANGO

SOFT DRINKS

FRITZ KOLA 2.80
FRITZ LIMO 2.80
FENTIMANS SPARKLING RASPBERRY 2.70
FENTIMANS GINGER BEER 2.70
FENTIMANS DANDELION & BURDOCK 2.70
FROBISHERS APPLE JUICE 2.50
FROBISHERS ORANGE JUICE 2.50
COASTAL SPRINGS SPARKLING WATER 1.50
COASTAL SPRINGS STILL WATER 1.50



BEERS & CIDERS

SOL MEXICAN LAGER 4.00
4.4% 330ML
BEAVERTOWN GAMMA RAY 5.00
5.4% 330ML
TINY REBEL CLUB TROPICANA 5.00
5.5% 330ML
ASPALL SUFFOLK CYDER 5.50
5.5% 500ML

WINES

AVAILABLE BY THE BOTTLE ONLY

BELLA MODELLA PINOT GRIGIO 14.00 ITALY

WHALE POINT SAUVIGNON BLANC 15.00 SOUTH AFRICA

SEA CHANGE NEGROMARO 14.00 ITALY

MADE IN MENDOZA MALBEC 15.00 ARGENTINA

ARCAHO PINOT GRIGIO ROSE 14.00 ITALY

BELLA MODELLA PROSECCO 16.00 ITALY

CHECK THE BOARD

OR ASK YOUR SERVER FOR TODAY'S **GUEST BEERS & CIDERS**