

# **BREAKFAST** **AVAILABLE** **9.30 - 11.30**

## **AVO TOAST 5**

**TWO SOURDOUGH SLICES LOADED WITH SMASHED AVOCADO, A SQUEEZE OF FRESH LIME, HIMALAYAN PINK SALT, BLACK PEPPER AND A SPRINKLE OF CHIPOTLE CHILLI**

## **TOFU SCRAMBLE 6.5**

**LIGHTLY SPICED TOFU SCRAMBLE WITH ONION AND GARLIC, SERVED WITH SOURDOUGH TOAST, SAUSAGES, AVOCADO, SPRING ONION, SEED MIX, AND A SPLASH OF SRIRACHA**

## **BREAKFAST BURRITO 6.5**

**LARGE WHEAT TORTILLA LOADED WITH HOMEFRIES, REFRIED BLACK BEANS, TOFU SCRAMBLE, FRESH SALSA, SLICED AVOCADO, CHIPOTLE MAYO AND HOT SAUCE**

***CHOOSE EITHER OPEN OR WRAPPED***

## **BLUEBERRY PANCAKES 6.5**

**THREE THICK AMERICAN STYLE PANCAKES PACKED FULL OF BLUEBERRIES WITH A POT OF MAPLE SYRUP ON THE SIDE**

***ADD BANANA 0.50***

## **BREAKFAST COB 3.5**

**SAUSAGE COB WITH YOUR CHOICE OF SAUCE**

***TAKEAWAY WITH A REGULAR TEA OR COFFEE 4***

# **GOOD TO KNOW!**

**OUR *ENTIRE* BREAKFAST MENU CAN BE MADE *GLUTEN FREE!* ALTHOUGH EVERY CARE IS TAKEN, DUE TO HAVING SUCH A SMALL KITCHEN, WE USUALLY HAVE TO COOK GF ITEMS ALONGSIDE NON GF ITEMS.**

**PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE ANY OTHER ALLERGY OR INTOLERANCE AND WE WILL DO EVERYTHING WE CAN TO ACCOMODATE YOU.**

**ALL PRICES ARE INCLUSIVE OF 5% VAT.**

**ALL MENU ITEMS ARE SUBJECT TO AVAILABILITY.**

***THANK YOU FOR CHOOSING PRICKLY PEAR!***

# BURGERS

## DR. GREENTHUMB 10

GF AVAILABLE

GREEN HEMP BURGER LOADED WITH FRESH GUACAMOLE, CORIANDER, SPRING ONION, LETTUCE, TOMATO AND GARLIC MAYO

## NO FRIKIN' CHICK'N 10

SOUTHERN FRIED SEITAN BURGER WITH SMOKED GOUDA STYLE CHEEZE, DELI STYLE BACON, PICKLES, RED ONION, STICKY BBQ SAUCE, CHIPOTLE CHILLI FLAKES, CHIPOTLE MAYO AND PURPLE SLAW

## DEVIL'S AVOCADO 10

SOUTHERN FRIED SEITAN BURGER WITH CHEDDAR STYLE CHEEZE, FRESH SALSA, GUACAMOLE, CHIPOTLE MAYO, HABANERO HOT SAUCE, CRISPY ONIONS, LETTUCE, TOMATO AND MAYO

## SAY NO TO RODEO 10

GF AVAILABLE

HAMBURGER STYLE PRICKLY PATTY WITH SMOKED GOUDA STYLE CHEEZE, DELI STYLE BACON, RANCH, RED ONION, PICKLES, JALAPENOS, LETTUCE, TOMATO AND MAYO

## DON'T BE A JERK 10

GF AVAILABLE

HAMBURGER STYLE PRICKLY PATTY WITH PEPPERJACK STYLE CHEEZE, SLOWCOOKED JERK JACKFRUIT, PINEAPPLE SALSA, BBQ SAUCE, JERK MAYO AND PURPLE SLAW

ALL OF OUR BURGERS ARE SERVED ON A TOASTED BUN WITH HANDCUT CHIPS OR SALAD

# MAINS

## DEATH BY DONER 9

A LARGE GARLIC & CORIANDER NAAN LOADED WITH FRESH SALAD, SEITAN DONER, GARLIC MAYO, HOT CHILLI SAUCE AND PICKLED GREEN CHILLIS, PINK ONIONS AND CORIANDER

## AZTEC 7.5

GF AVAILABLE

A BOWL OF SMOKY BLACK QUINOA, SPICED BLACK BEANS, FRIED TOFU, FRESH GUACAMOLE, SHREDDED LETTUCE, PICKLED RED CABBAGE, FRESH SALSA, PINK ONIONS, JALAPENOS, SWEETCORN & PEPPER MIX AND A LIME DRESSING

ADD FRIED SEITAN STRIPS 3.00

## BASIC MAC 7.5

MACARONI PASTA IN A THICK CHEEZE SAUCE TOPPED WITH MELTED MOZZARELLA STYLE CHEEZE, SPRING ONION, PICKLES AND CRISPY ONIONS

## JERK MAC 9

MAC & CHEEZE LOADED WITH MELTED CHEEZE, SLOW COOKED JERK JACKFRUIT, SWEETCORN & PEPPER MIX, SMOKY BBQ SAUCE, JERK MAYO AND CRISPY ONIONS

# SANDWICHES

## GRILLED CHEEZE (N) 5

GF AVAILABLE

GRILLED CHEEZE WITH SMOKED GOUDA, CHEDDAR AND MOZZARELLA STYLE CHEEZES ON SOURDOUGH

## TOFU & PESTO (N) 5

GF AVAILABLE

TOFU, AVOCADO, SPINACH, FRESH SALSA AND GREEN PESTO ON TOASTED SOURDOUGH

OUR WHOLE MENU IS HOMEMADE AND

# PLANT BASED

# TACOS

## FISHISH TACOS 7

THREE SOFT CORN TORTILLAS FILLED WITH BEER BATTERED TOFU AND NORI, PICKLED RED CABBAGE, FRESH SALSA, CHIPOTLE MAYO, SLICED AVOCADO AND CORIANDER

## BLACK BEAN TACOS 7

GF AVAILABLE

THREE SOFT CORN TORTILLAS FILLED WITH SPICED BLACK BEANS, SHREDDED LETTUCE, FRESH SALSA, GUACAMOLE, SWEETCORN & PEPPERS, CORIANDER AND A NACHO CHEEZE DIP

## CLASSIC TACOS 7

THREE SOFT CORN TORTILLAS FILLED WITH GROUND BEEF STYLE SEITAN, GUACAMOLE, SALSA, JALAPENOS, SHREDDED, LETTUCE, HABANERO HOT SAUCE, CORIANDER AND A NACHO CHEEZE DIP

# SIDES

## CHIPS & DONER 4.5

HANDCUT CHIPS LOADED WITH SEITAN DONER, FRESH SALAD, HOT CHILLI SAUCE, GARLIC MAYO AND PICKLED GREEN CHILLIS

## JERK CHIPS 4

HANDCUT CHIPS TOSSED IN JERK SEASONING, MELTED CHEEZE, SPRING ONIONS, PINK ONIONS, BBQ SAUCE AND JERK MAYO

## MINI MAC & CHEEZE 3.5

## HANDCUT CHIPS GF 2

## SIDE SALAD GF 2

# KIDS

## TORTILLA PIZZA 4

WHEAT TORTILLA WITH TOMATO SAUCE AND CHEEZE

## BABY BEAN BURGER 4

GF AVAILABLE

KIDNEY BEAN AND QUINOA BURGER  
ADD CHEEZE 0.5

## MINI MAC & CHEEZE 3.5

## PESTO PASTA (N) 3.5

ADD VEGGIES 0.5

## KIDS ICE CREAM 1

# GOOD TO KNOW

**THE DEVIL'S HERB** - ONE HALF OF US LOVES CORIANDER, THE OTHER HATES IT. WE PUT IT ON A LOT OF DISHES SO PLEASE SPEAK UP IF YOU AREN'T A FAN!

**HEAT LEVELS** - NEARLY ALL DISHES CONTAINING THE CHILLI SYMBOL CAN BE MADE WITHOUT THE SPICE, IF YOU FANCY SOMETHING SPECIFIC BUT DON'T WANT THE HEAT, JUST LET US KNOW!

**GLUTEN FREE** - ALTHOUGH EVERY CARE IS TAKEN, WE HAVE A VERY SMALL KITCHEN AND OUR GF ITEMS ARE OFTEN COOKED ALONGSIDE NON GF ITEMS.

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE ANY OTHER FOOD ALLERGY OR INTOLERANCE.

ALL PRICES ARE INCLUSIVE OF 5% VAT.

ALL MENU ITEMS ARE SUBJECT TO AVAILABILITY.

THANK YOU FOR CHOOSING PRICKLY PEAR!



## SOFT DRINKS

FRITZ-KOLA 330ML 2.8  
FRITZ-LIMO LEMONADE 330ML 2.8  
FENTIMANS GINGER BEER 275ML 2.7  
FENTIMANS SPARKLING RASPBERRY 257ML 2.7  
COASTAL SPRINGS STILL WATER 330ML 1.5  
COASTAL SPRINGS SPARKLING WATER 330ML 1.5  
CORDIAL BLACK, ORANGE OR LIME 0.5  
FROBISHERS ORANGE JUICE 250ML 2.5  
FROBISHERS APPLE JUICE 250ML 2.5

## HOT DRINKS

LATTE 2.9  
CAPPUCCINO 2.9  
FLAT WHITE 2.8  
LONG BLACK 2.6  
AMERICANO 2.7  
ESPRESSO 1.9  
CORTADO 2  
ICED COFFEE 3  
MOCHA 3  
HOT CHOCOLATE 2.8  
BABYCHINO 0.9  
BREAKFAST TEA 1.9  
GREEN TEA 1.9  
PLANT MILKS AVAILABLE - OAT, COCONUT & SOY  
ASK FOR TODAY'S LOOSE LEAF TEA SELECTION

## ICE CREAM MILKSHAKES 3.9

OREO  
BISCOFF  
CHOCOLATE PEANUT BUTTER  
VANILLA ESPRESSO

## SMOOTHIES 3.9

BANANA BERRY BANANA, MIXED BERRIES, SOY MILK, YOGHURT  
PINEAPPLE & LIME PINEAPPLE, FRESH LIME, SOY MILK, YOGHURT  
GOOD MORNING BANANA, OATS, PEANUT BUTTER, DATES, SOY MILK, YOGHURT

## BEERS & CIDERS

ABK  
HELL LAGER 5% 330ML 4  
BROOKLYN BREWERY  
LAGER 5.2% 330ML 4.5  
HENRY WESTONS  
VINTAGE CIDER 8.2% 500ML 6  
BEAVERTOWN  
GAMMA RAY 5.4% 330ML 5  
ASK FOR TODAY'S *GUEST BEERS & CIDERS!*

## WINES

AVAILABLE BY THE *BOTTLE ONLY*  
BELLA MODELLA  
PINOT GRIGIO (ITALY) 15  
WHALE POINT  
SAUVIGNON BLANC (SOUTH AFRICA) 16  
CONCHA Y TORO  
MERLOT (CHILE) 15  
MADE IN MENDOZA  
MALBEC (ARGENTINA) 17  
ARCANO  
PINOT GRIGIO ROSE (ITALY) 16  
CASA DEFRA  
PROSECCO (ITALY) 19

## DESSERTS

CHECK OUR SPECIALS BOARD FOR TODAY'S *HOMEMADE* DESSERTS  
INCLUDING THOSE FROM *BEE VEGAN BAKERY*

# DRINKS