

MAINS

SEITAN RIBS 9.50

RIB STYLE SEITAN STRIPS SMOTHERED IN BBQ SAUCE AND SRIRACHA MAYO SERVED WITH FRIED PICKLES, SMOKY PURPLE SLAW AND HANDCUT CHIPS

BASIC MAC 7.00

MACARONI PASTA IN A THICK CHEESE SAUCE TOPPED WITH BREADCRUMBS, MELTED CHEESE, SRIRACHA AND CRISPY ONIONS

LOADED MAC 8.50

(1.00 PER ADDITIONAL TOPPING)

LOAD IT UP WITH A CHOICE OF BBQ JACKFRUIT, TEMPEH BACON, TENDERSTEM BROCCOLI OR CHORIZO

BUDDHA 7.50 GF AVAILABLE (N)

A BOWL OF SMOKED QUINOA, SPICED BLACK BEANS, FRIED TOFU, TENDERSTEM BROCCOLI, SLICED AVOCADO, GRATED CARROT, SPINACH, RED CABBAGE, FRESH SALSA, CASHEW NUTS, SUNFLOWER SEEDS, SESAME SEEDS, CHIA SEEDS, HOMEMADE HOUMOUS AND A LEMON AND HERB DRESSING

AZTEC 7.50 GF AVAILABLE

A BOWL WITH GUACAMOLE, LIGHTLY SPICED TEMPEH, FRESH SALSA, FRIED KALE, REFRIED BLACK BEANS, SWEETCORN, PINK ONIONS, FRESH LIME AND JALAPENOS, SERVED WITH SALSA VERDE AND TWO CORN TORTILLAS

DEATH BY DONER 7.50

A LARGE NAAN LOADED WITH FRESH SALAD, SEITAN DONER, GARLIC MAYO, HOT CHILLI SAUCE AND GREEN CHILLIS

BURGERS

DR. GREENTHUMB 9.50 GF AVAILABLE

GREEN HEMP BURGER LOADED WITH FRESH GUACAMOLE, SPINACH, CORIANDER AND GARLIC MAYO, SERVED ON A TOASTED BUN WITH HANDCUT CHIPS

NO FRIKIN' CHICK'N 9.50

SOUTHERN FRIED SEITAN BURGER WITH SMOKY PURPLE SLAW, SMOKED GOUDA, STICKY BBQ SAUCE, CHIPOTLE CHILLI FLAKES, RED ONION AND A SRIRACHA MAYO DIP SERVED ON A TOASTED BUN WITH HANDCUT CHIPS

DEVIL'S AVOCADO 10.00

SOUTHERN FRIED SEITAN BURGER WITH FRESH SALSA, GUACAMOLE, CHEDDAR CHEESE, CHIPOTLE MAYO, HABANERO HOT SAUCE AND CRISPY ONIONS, SERVED ON A TOASTED BUN WITH HANDCUT CHIPS

SAY NO TO RODEO 9.50 GF AVAILABLE

HAMBURGER STYLE PATTY WITH SMOKED GOUDA, TEMPEH BACON, RANCH SAUCE, RED ONION, PICKLES, JALAPENOS, SPINACH, TOMATO AND MAYO, SERVED ON A TOASTED BUN WITH HANDCUT CHIPS

BARBECUTIE 10.00 GF AVAILABLE

HAMBURGER STYLE PATTY WITH CHEDDAR CHEESE, TEMPEH BACON, SLOWCOOKED BBQ JACKFRUIT, BBQ SAUCE, CRISPY FRIED ONIONS, SPINACH, TOMATO AND MAYO SERVED ON A TOASTED BUN WITH A NACHO CHEESE DIP AND HANDCUT CHIPS

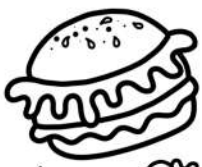
LOAD IT!

SWAP YOUR HANDCUT CHIPS FOR ANY LOADED FRIES FOR 2.00! (SEE SIDES)

EXTRAS

TEMPEH BACON 1.50
GUACAMOLE 1.50
MAC & CHEESE 1.50
BBQ JACKFRUIT 1.50

OUR WHOLE MENU IS



100% PLANT BASED



VEGAN & HOMEMADE

TACOS & BURRITOS

THURSDAYS - A FIVER FOR TACOS AND
A NEW SPECIAL EACH WEEK

FISHISH TACOS 6.50

THREE SOFT CORN TORTILLAS FILLED
WITH BEER BATTERED TOFU AND NORI,
SMOKY PURPLE SLAW, FRESH SALSA,
LIME DRESSING AND PINK ONIONS

JERK TACOS 6.50 *DD* GF AVAILABLE

THREE SOFT CORN TORTILLAS FILLED
WITH SLOWCOOKED JERK JACKFRUIT,
FRESH SALSA, GUACAMOLE, SWEETCORN,
SPRING ONION AND A NACHO
CHEESE DIP

OPEN BURRITO 7.50 *DDD*

LARGE FLOUR TORTILLA FILLED WITH
FRIED PEPPERS AND ONIONS, LIME RICE,
REFRIED BLACK BEANS, SHREDDED
CABBAGE, SALSA VERDE, FRESH
GUACAMOLE, CHOPPED RED CHILLI,
CORIANDER, CHIPOTLE MAYO AND
HABANERO CHILLI HOT SAUCE

SANDWICHES

WEEKDAYS 12-4 GRAB A SANDWICH AND
A SOFT DRINK OR COFFEE FOR 6.00

JACK N GRILLED 5.00 GF AVAILABLE

GRILLED CHEESE WITH SLOW COOKED
BBQ JACKFRUIT, BBQ SAUCE AND SPINACH
ON GRANARY BREAD

BREAD N BUDDHA 5.50 GF AVAILABLE

TOFU, TENDERSTEM BROCCOLI, CARROT,
AVOCADO, RED CABBAGE, FRESH SALSA,
HOMEMADE HOUMOUS, CHIA SEEDS
AND SESAME SEEDS ON GRANARY BREAD

FISHISH BUTTY 6.00

BEER BATTERED TOFU AND NORI, SPINACH
AND TARTAR SAUCE ON GRANARY BREAD

RIBWICH 6.00

RIB STYLE SEITAN STRIPS WITH SMOKY
PURPLE SLAW, PICKLES, BBQ SAUCE AND
CHIPOTLE MAYO ON TOASTED SOURDOUGH
BREAD

ADD CHIPS 2.00

ADD SIDE SALAD 2.00

SIDES

JACKFRUIT FRIES 4.50 GF AVAILABLE

FRIES LOADED WITH SLOW COOKED
BBQ JACKFRUIT, MELTED CHEESE, BBQ
SAUCE, CHIPOTLE MAYO AND CHIVES

KEBAB FRIES 4.50 *DD*

PAPRIKA SPICED FRIES LOADED WITH
SEITAN DONER, FRESH SALAD, CHILLI
SAUCE, GARLIC MAYO AND GREEN CHILLIS

JERK FRIES 4.00 *DDD* GF AVAILABLE

JERK SPICED FRIES LOADED WITH
MELTED CHEESE, SCOTCH BONNET HOT
SAUCE, BBQ SAUCE AND SPRING ONION

SPICY FRIED CAULI 3.50 *DD*

WITH SRIRACHA DRIZZLE AND A NACHO
CHEESE DIP

FRIED PICKLES 3.50 WITH CHIPOTLE MAYO DIP

MINI MAC & CHEESE 3.50

HANDCUT CHIPS GF 2.00

KIDS

MINI TORTILLA PIZZA 1.50 GF AVAILABLE

CORN TORTILLA WITH TOMATO SAUCE
AND CHEESE

BABY BEAN BURGER 3.00 GF AVAILABLE

KIDNEY BEAN AND QUINOA BURGER
ADD CHEESE 0.50

MINI MAC & CHEESE 3.50

MINI TOMATO PASTA 3.00 ADD CHEESE 0.50

KIDS FRIES GF 1.00

KIDS ICECREAM 1.00

PLEASE SPEAK TO A MEMBER OF STAFF IF
YOU HAVE A FOOD ALLERGY OR INTOLERANCE.
OUR KITCHEN IS OPEN PLAN BUT WE WILL
DO EVERYTHING WE CAN TO ACCOMMODATE
YOU AND MEET YOUR REQUIREMENTS.
ALL PRICES ARE INCLUSIVE OF 20% VAT.
ALL MENU ITEMS ARE SUBJECT TO AVAILABILITY.
THANK YOU FOR CHOOSING PRICKLY PEAR!

BREAKFAST

MADE FROM PLANTS

SERVED 9-11.30 MON-SAT

AVO TOAST 5.00 GF AVAILABLE
TWO SOURDOUGH SLICES LOADED WITH SMASHED AVOCADO, A SQUEEZE OF FRESH LIME, HIMALAYAN PINK SALT, BLACK PEPPER AND A SPRINKLE OF CHIPOTLE CHILLI

TOFU SCRAMBLE 6.50 GF AVAILABLE
LIGHTLY SPICED TOFU SCRAMBLE WITH ONION AND GARLIC, SERVED WITH SOURDOUGH TOAST, SAUSAGES, AVOCADO, SUNFLOWER SEEDS AND A SPLASH OF SRIRACHA

HASH BROWNS & CHORIZO 6.50 GF AVAILABLE
GRATED POTATO AND CARROT HASH BROWNS WITH SPINACH, ONION AND GARLIC LIGHTLY FLOURED AND FRIED, SERVED WITH TWO CHORIZO CHIPOLATAS AND SOURDOUGH TOAST

BIG BREAKFAST 8.00 GF AVAILABLE
SAUSAGE, TEMPEH BACON, BAKED BEANS, HOMEMADE HASH BROWN, TOFU SCRAMBLE, TOMATOES, AVOCADO, SOURDOUGH TOAST AND SUNFLOWER SEEDS, WITH TEA OR COFFEE

BREAKFAST COB 3.50
TEMPEH BACON AND SAUSAGE OR HOMEMADE HASH BROWN AND CHORIZO, BOTH WITH YOUR CHOICE OF SAUCE
TAKEAWAY WITH A REGULAR TEA OR COFFEE 4.00

OPEN BREAKFAST BURRITO 6.50
LARGE WHEAT TORTILLA LOADED WITH HOMEFRIES, REFRIED BLACK BEANS, TOFU SCRAMBLE, TOMATO, SLICED AVOCADO AND CHIPOTLE HOT SAUCE

BLUEBERRY PANCAKES 6.50
THREE THICK AMERICAN STYLE PANCAKES PACKED FULL OF BLUEBERRIES WITH A BIG GLUG OF MAPLE SYRUP ON TOP
ADD BANANA 0.50 / ADD TEMPEH BACON 1.50