



Metropolitan Behavioral Services

"Helping you to live in your reality"

4741 Atlantic Blvd. Ste. C Jacksonville, Florida 32207

Phone: 904-562-1391 Fax: 904-374-3057

MEDICATION CONSENT

***Always Take Your Medication As Prescribed:**

Medication should only be taken under the supervision of an adult. Follow the descriptions given to you by your doctor regarding the right medication, at the right time and at the right dosage.

***Do Not Stop Taking Your Medication Just Because You Feel Better:**

You feel better because the medication you have been taking is working! Do not discontinue the medication because the symptoms go away. Your symptoms will return and could be even more difficult to treat if you discontinue your medications. Do not change anything about your medication without your doctor's permission: (time of day meds are taken, amount/dosage taken, or other medication changes) but we will: **NEVER, EVER TAKE ANOTHER PERSON'S MEDICATION OR ALLOW THEM TO TAKE YOURS!!!!**

***If Your Medication Makes You Feel Worse, Call Your Doctor For Help:**

Your doctor can tell you if medication needs more time to work, if the dosage needs adjusting, or if he/she wants to change your medication. Never try to make these medically based decisions on your own or based on information you've received from a friend, family member, the internet or a book. Be sure your doctor knows if you are combining other over the counter medications and/or alcohol with the medications that he/she has prescribed to you. It could potentially save your life since combinations of certain medications, alcohol and other substances can interact with each other and have lethal results.

***Do Not Forget To Request More Medication When You Are Low On Your Prescription:**

Running out of medication (even for a few days) can have unfavorable results and can cause your treatment to regress. You should always call your pharmacy to ask for a refill **at least one week before** you run out of your medication. This allows ample time for the pharmacy to fax your doctor a medication refill request, the doctor to address the request, time for the doctor to call in the prescription (if no refills are remaining), and to have the office staff schedule you a follow up appointment (if needed). **DO NOT WANT WAIT UNTIL THE LAST MINUTE!**

***Use Common Sense When Storing Your Medication:**

Keep all medicine in a dark, dry, secure location, away from heat and out of the reach of children. Store all medications in their original containers so they do not get mixed up with look-alike medications.

***Be Informed and Ask If You Do Not Know:**

If you don't understand your doctor's instructions on anything: medication, dosage, time of day to take the medication, reactions to expect, or timing of medicines and meals, ask your doctor to clarify each issue. It is very important for you to do your part correctly- ask if you don't know or understand. Be safe, be sure and be knowledgeable!

***I have read the above and agree to comply with this consent.**

Patient Signature: _____ Date: _____