

saLem terrace *at Harrogate*

Independent Living ♦ Assisted Living
Memory Care ♦ Respite Care

1851 Harrogate Drive • Salem, VA 24153 • (540) 444-0343

Administrator

Brent Poff
Bpoff@salemterrace.com

Director of Nursing

Laurie Cook, LPN
Lcook@salemterrace.com

Food Service Director

Elizabeth Jones, CDP
ejones@salemterrace.com

Program Director

Jenny Williams, CDP
jwilliams@salemterrace.com

Director of Marketing & Admissions

Susan Painter
spainter@salemterrace.com

Christmas Open House



DECEMBER 12, 2019 - 4-6PM

Come celebrate the holidays with us! Sit back and relax while listening to classical guitarist Kristopher Hale and enjoy some festive refreshments. Santa will be here to celebrate with us. Be sure to bring the children, grandchildren, and loved ones for plenty of photo opportunities.

December 2019



Celebrating 'Silent Night'

One of the most famous and beloved Christmas carols, "Silent Night" celebrates an anniversary this month. Austrian priest Josef Mohr wrote the lyrics as a poem and asked friend Franz Xaver Gruber, a schoolteacher and church organist, to set the words to music for a Christmas Eve service. The two performed the song for the first time on Dec. 24, 1818, in the village of Oberndorf, outside Salzburg. It has since been translated into over 300 languages.

A Festive Favorite

Curly and delicate, ribbon candy was created centuries ago by European confectioners, who molded long, sticky strips of candy around their thumbs to make festive, edible decorations for their shops. Today, automatic crimping machines are used to shape the sweets, which have become a traditional holiday treat in the U.S.

Welcome New Residents

Ray and Nina Byrd
Wayne Dillard
Barbara Mann

Happy Birthday

RESIDENT BIRTHDAYS

- 1st Margie Wright
- 4th Toni Jolly
- 6th Martha Ann Cooper
- 9th Mary Ann Maslich
- 31st Fred Preston
- 31st Carol Golladay

STAFF BIRTHDAYS

- 16th Melinda Headrick
- 23rd Edie Perdue
- 28th Sandra Johnson
- 29th Summer Floyd



Spotlight on Alzheimer's



ALZHEIMER'S WALK 2019

The Salem Terrace team participated in the 2019 Alzheimer's Walk. Our team raised over \$1700 that will go toward research in hopes of one day finding a cure.



EVERY
65 SECONDS
SOMEONE IN THE UNITED STATES
DEVELOPS THE DISEASE.

HALLOWEEN PARTY



Everyone enjoyed a day full of tricks and treats. We celebrated with costumes, a lunchtime party, and trick or treaters from the Boys and Girls Club.





Mr. New Year's Eve

When the clock strikes midnight on New Year's Eve, countless revelers will burst into a chorus of "Auld Lang Syne." The Scottish folk song has become a tradition thanks largely to one man, bandleader Guy Lombardo, nicknamed "Mr. New Year's Eve."

Born in Ontario, Lombardo, his three brothers and several friends formed the Royal Canadians in 1924. Five years later, the band performed a live

radio broadcast from New York City's Roosevelt Hotel on Dec. 31. They bid farewell to the old year by playing "Auld Lang Syne," which the Lombardos knew from their childhood and often used as a show finale.

The group's annual radio show continued until 1956, when it made the switch to TV. Viewers tuned in each holiday to watch Lombardo and his Royal Canadians, which grew into a 16-piece orchestra, play popular and classic tunes.

Lombardo led his last show in 1976. But his legacy lives on as his rendition of "Auld Lang Syne" is the first song played after the ball drops in Times Square.



Royal Gingerbread

Gingerbread men are traditional treats this time of year, but the cookies weren't always associated with the holidays. England's Queen Elizabeth I is credited with the idea of shaping and decorating the baked sweets into the familiar figure as she often had gingerbread cookies made to resemble visiting dignitaries.

'Tis the Season

Ho, ho, ho! Break out the mistletoe! Merry Christmas and Happy New Year to you and your family. With the holidays coming quickly, we hope yours will be wonderful. Please watch for information about all the activities we have planned for this special time of year.



A Penguin Pun

Q: How does a penguin build a house?

A: Igloos it together.

Save the Date



DATES TO REMEMBER

- **4th: Tree Lighting Ceremony** 6pm
- **6th: Salem Christmas Parade** 6:30pm
- **12th: Holiday Open House** 4-6pm
(Classical guitarist Kristopher Hale and photos with Santa)
- **18th: DMV Connect** 9am-4pm
- **24th: Christmas Eve Lunch Buffet** (12-1pm)
(Music by Ragtop)
Please call to make your reservations by Dec. 20th
- **25th: Christmas Day**
- **31st: New Year's Eve Party** 12-1pm
(Music by Keith Campbell)



Throw on a Scarf

Keep warm by wearing a scarf around your neck to help retain body heat. In addition, experts say using a scarf to cover your nose when going outside in frigid weather can help fight off the cold virus. Warming the air you breathe into your nasal cavity may thwart the virus, which thrives in cool air.

- Salem Terrace at Harrogate -
Wednesday, December 18th
9 am – 4 pm

DMV
Connect offers:

- ▶ **REAL ID**
- ▶ Drivers' licenses
- ▶ Identification cards (adult and child)
- ▶ Disabled parking placards
- ▶ Vehicle titles
- ▶ Address changes
- ▶ Vehicle registrations
- ▶ E-ZPass transponders
- ▶ Compliance summaries
- ▶ Transcripts
- ▶ Hunting and fishing licenses
- ▶ Testing (appointment required for knowledge test*)

VISIT DMVNOW.COM TO SEE
WHAT DOCUMENTS YOU
NEED FOR ****REALID****

View mobile operations calendar at www.dmvNOW.com/DMV2Go.

saLem  Terrace
at Harrogate

Independent Living • Assisted Living
Memory Care • Respite Care

1851 Harrogate Drive
Salem, VA 24153