

Fountain of Youth Fitness

COVID-19 Protocols

On August 17, 2020, New York State Governor Cuomo announced that gyms and fitness centers could start reopening August 24th, 2020. Facilities that reopen are subject to rigorous health and safety standards.

Below are the safety protocols that we are required to follow to adhere to the Department of Health guidance for gyms and fitness centers.

Appointments	By reservation only. Arrive and leave on time to avoid overcrowding.
Face Covering Mandates	Everyone is required to wear a face covering while in the facility in accordance with applicable local and state mandates.
Sign In	Everyone is required to take their temperature, answer health screening questions, sign in, and wash or sanitize their hands upon entering the facility (sign in sheet and instructions on the table).
Distancing	Maintain 6 feet of separation at all times.
Water Fountain	Do not use the water fountains in the Facility.
Equipment Usage	Clean and return all equipment immediately after usage.
Health Screening Questions	<p>If you answer "Yes" to any of the following questions, you are not allowed to enter the Facility:</p> <ol style="list-style-type: none">1. Have you returned from out of state travel within the last 14 days?2. Have you had a fever of 100.4°F or greater in the last 48 hours?3. Are you experiencing flu-like symptoms including a cough, shortness of breath, chills, headache, or sore throat?4. Have you been diagnosed with, or have had close contact with a confirmed case of COVID-19 in the past 14 days? <p>Please cancel your appointment if you develop any of these symptoms after scheduling with your trainer.</p>

Facility Updates

- We are now required to operate at a 33% occupancy limit while still adhering to the 6-foot social distancing rules.
- Air Handling System: We are now operating with MERV-13 filters; These filters capture airborne particles/allergens less than 1 micron in size, such as particles that carry viruses and bacteria, pollen, mold spores, fine dust, and more.

You may be asked to leave, refused entry, or banned from the facility if the above protocols are disregarded.

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