



ATHLETICS SOUTH

WINTER COMPETITION 2021

dedicated to the memory of

Maxwell George Cherry

OAM (1927-2008)

Proudly sponsored by



**73 Murray Street Hobart
therunningedge.com.au**



ATHLETICS SOUTH WINTER PROGRAM 2021

APRIL

Sat 10	AS	* Graeme Cruise Memorial 3km & 6km 1030 Start	Bellerive Beach
Sun 11	EL	Great Train Race Fun Run	Devonport
Sat 17	AS	* Domain Cross Country 4km & 8km	Domain X Roads
Sat 24	AS	* Kempton Road 4km & 10km	Kempton

MAY

Sat 1	AS	*Gellibrand Drive Cross Country 4.5km & 9km	Sandford
Sun 2	TMA	Jim Burr Memorial Mountain Run (Pipeline Track) 0930 Start	Fern Tree
Sat 8	AS	* John Keenan Memorial Government House 3.2km	Lower Domain
Sun 9	WIS	Mothers Day Classic Fun Run 4km & 8km	Howrah
Sun 16	AS	City to Casino Fun Runs 2.5km, 7km & 11km	Hobart
Sat 22	AS	* Opossum Bay Cross Country 4.5km & 9km	Opossum Bay
Sun 23	RK	Kingston Fun Run 5km	Kingston
Sat 29	AS	*Snug Foreshore Handicap 3km & 6km	Snug
Sun 30	TMA	Tasmanian Masters Athletics Road Titles 11am	Campbell Town

JUNE

Sat 5	AS	* Wentworth Park Sealed Handicap 3km & 6km	Howrah
Sun 13	EPIC	Launceston Running Festival (Including AT 10km Road Titles)	Launceston
Sat 19	AS	*Peter Murrell Reserve Cross Country 5km & 10km	Huntingfield
Tue 22	AT	Tasmanian All Schools (Primary) Cross Country Championships	Symmons Plains
Sat 26	AS	Claremont Foreshore Handicap 4km & 8km	Claremont
Sun 27	EDF	Endorfun Trail Run 11km & 29km	Freycinet Peninsula
Tue 29	AT	Tasmanian All Schools (Secondary) Cross Country Championships	Symmons Plains

JULY

Sat 3	AS	Green Point Reserve Relay 3 Runners x 2 x 2K	Bridgewater
Sat 3	EQGC	Gold Coast Half Marathon & 5K	Gold Coast
Sun 4	EQGC	Gold Coast Marathon & 10K (Including Australian Marathon Championship)	Gold Coast
Sat 10	AS	* Max Cherry Memorial Upper Domain Road 2.4km & 7.2km 1030 Start	Domain X Roads
Sat 17	AT/TMA	Tasmanian Cross Country Championships (Combined AT & TMA Open & Age Related Distances)	Domain
Sat 24	AS	* Smith's Apple Orchard 4km & 8km	Grove
Sat 24	EDF	Endorfun Trail Run 6.2km	Russell Falls
Sat 31	NS	* Baskerville Raceway Road 4km & 8km	Old Beach

AUGUST

Sat 7	AS	* St Virgil's Cross Country 4km & 7.5km	Austins Ferry
Sat 14	AS	* Bagdad Cross Country 4km & 8km	Bagdad
Sun 15	AA	Australian Half Marathon Championships	Sunshine Coast
Sat 21	AS	Dru Point Reserve Handicap 4km & 8km	Margate
Sat 21	AA	Australian and All Schools Cross Country Championships	Adelaide
Sat 28	AS	* Gellibrand Drive Cross Country 3km & 6km	Sandford

SEPT

Sat 4	AS	* Jenny Lennon Memorial Cross Country 5km & 10km	Runnymede
Sat 4	FonF	Flinders Island Running Festival 26Km Pub2Pub & 42km Trail Marathon	Flinders Island
Sat 11	AS	Froggy Wise Memorial Handicap 4.5km & 9km 1030 Start	Risdon Brook
Sun 19	EDF	Endorfun Trail Run 17.5km	Labilladiere Peninsula
Sun 19	AS	Roll Hobart Fun Run 2.5km & 5km	Hobart

OCT

Sat 2	4AC	Freycinet Lodge Challenge Day 1	Coles Bay
Sun 3	4AC	Freycinet Lodge Challenge Day 2	Coles Bay
Sun 10	MM	Melbourne Marathon & Half Marathon	Melbourne
Sun 17	BSE	Burnie Ten Fun Run 10km	Burnie

NOV

Sun 21	PtoP	Point to Pinnacle	Hobart
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DEC

Sat 4	ULT	Bruny Island Ultra Run/Relay 64km	Bruny Island
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*** Club Premiership Rounds**

Program subject to change in accordance with conditions / guidelines applying at the time.

AS	Athletics South	FonF	Fitness on Flinders
AT	Athletics Tasmania	MM	Melbourne Marathon
AA	Athletics Australia	PtoP	Point to Pinnacle
AMA	Australian Masters Athletics	TMA	Tasmanian Masters Athletics
BSE	Burnie Sports & Events	RK	Rotary Club of Kingston
NS	Northern Suburbs Athletic Club	RM	Ross Marathons/UTAS
EDF	Endorfun	ULT	Ultra Tasmania
EQGC	Events Queensland Gold Coast	WIS	Women In Super
ES	Eastern Suburbs Athletic Club	4AC	4adventure Crew

Handicap Award:

Round 1	29 May	Snug Foreshore 3km & 6km (P/Ship)
Round 2	05 June	Wentworth Park 3km & 6km (P/Ship & Sealed)
Round 3	26 June	Claremont Foreshore 4km & 8km
Round 4	21 August	Dru Point Margate 4km & 8Km
Round 5	11 September	Risdon Brook 4.5km & 9Km

Premiership Rounds:

There will be 16 rounds to decide the Winter Premiership. Premiership points, Consistency Awards points and votes for the Athlete of the Season Awards are allocated in these rounds as follows:

Round 1	Graeme Cruise Memorial XC Bellerive Beach
Round 2	Domain Cross Roads XC
Round 3	Kempton Road
Round 4	Gellibrand 4.5/9 XC
Round 5	John Keenan Memorial Government House Road
Round 6	Opossum Bay XC
Round 7	Snug Foreshore HC
Round 8	Wentworth Park HC (Sealed)
Round 9	Peter Murrell Reserve XC
Round 10	Max Cherry Memorial Upper Domain Road
Round 11	Grove XC
Round 12	Baskerville Raceway Road
Round 13	St Virgil's XC
Round 14	Bagdad XC
Round 15	Gellibrand Drive 3/6 XC
Round 16	Jenny Lennon Memorial Runnymede XC

All Athletes must be registered for out of stadium (OOS) competition to compete, as per the requirements of Athletics Tasmania. Refer to Club Registrars for conditions and fees. To be eligible to score Interclub points, all athletes must be registered prior to 1800 (6pm) on the Friday beforehand.

Entry Procedures:

All Athletics South events start at 10:00am (with the exception of 10 April, 10 July & 11 September) and most events give a choice of two distances. Entries should be received no later than 10 minutes prior to the start of the race. The entry procedure involves nominating the race distance you have chosen with your respective Club. All athletes will be required to have a personal barcode to be scanned with their finishing order barcode to record results. No barcode, no result.

Entry Fees:

Registered Athletes Only. With the exception of the John Keenan Memorial Lower Domain Road, entry will be Free of Charge this season.

John Keenan Memorial Lower Domain Road \$5.00 per entrant.

Athletics Tasmania Registration Fees (1 October 2020 to 30 September 2021):

Out of Stadium Registration Fee \$35.00. For further details, including full year and track training levy, contact your Club Registrar. Registration fees include AA/AT Personal Accident and Injury Insurance.

Duty Clubs:

Bellerive Beach XC	ESAC
Domain XC	TMA
Kempton Road	NSAC
Gellibrand Drive 4.5/9 XC	SBHC
Lower Domain Road	UTAS
Opossum Bay XC	NSAC
Snug HC	ESAC
Wentworth Park HC (Sealed)	SBHC
Peter Murrell Reserve	TMA
Claremont HC	OVA
Green Point Reserve Relay	ESAC
Upper Domain X Roads	SBHC
Grove XC	TMA
Baskerville Road	UTAS
St Virgils XC	SBHC
Bagdad XC	NSAC
Margate XC	OVA
Gellibrand Drive 3/6 XC	ESAC
Runnymede XC	TMA
Risdon Brook HC	NSAC

All clubs must provide enough officials to set up and pack up the course and, act as marshals and timekeepers/recorders as required. It is the responsibility of the duty club to collect and return the AS Winter Trailer from the Domain Athletic Centre. No points will be awarded to the duty club if they fail to meet their duty requirements on their rostered day.

Point Scoring System for Premiership and Consistency Awards

Points will be awarded to the first seven runners in each of the five age divisions (U/16, U/23, O/23, O/45 and O/60), in both Men and Women, according to the following schedule:

Division:	1st	2nd	3rd	4th	5th	6th	7th
Over 23	10	8	6	5	4	3	2
Over 45	10	8	6	5	4	3	2
Over 60	10	8	6	5	4	3	2
Under 23	10	8	6	5	4	3	2
Under 16	10	8	6	5	4	3	2

- Every finisher after 7th place will receive 1 point.
- **Age as at 1 April 2021 will determine age Division for entire season.**

Winter Premiership Points:

Club points are allocated for each Premiership round on the following basis:

1 st	6 points	4 th	3 points
2 nd	5 points	5 th	2 points
3 rd	4 points	6 th	1 point

Individual Awards:

Consistency Awards by Division

Points towards the Consistency Awards will be allocated in all Premiership rounds, as per the above table, to both Men and Women in all Divisions.

Under 16 athletes will only score Premiership, Consistency and Handicap individual points in the short race of the day, with the exception of the following events where they may compete and score points in the longer race; Snug, Wentworth Park and Gellibrand Drive 6km

Athlete of the Season

Points towards the Athlete of the Season award will be allocated the first six male and female finishers in each premiership race, on the following basis:

1 st	6 points	4 th	3 points
2 nd	5 points	5 th	2 points
3 rd	4 points	6 th	1 point

The male and female Athletes of the Season will be determined by the total of points scored.

Handicap Champions

The points scored in handicap races are awarded on the basis of 1st - 15 points, 2nd - 14 points, 3rd - 13 points etc through to 1 point for 15th, regardless of age group or gender. Points earned in the longer race count equally with points earned in the shorter race. The handicap champion is determined by the aggregate of points gained in the handicap races by the end of the season, with the best four rounds to count only.

Athletics South Winter Committee:

Program	Peter Lyden, Tony Sansom, Jim Court, Jarrod Gibson, Daniel Smee, Chris Sullivan
Handicaps	Greg Hawthorne, Jim Court jcourt43@gmail.com
Results	Chris Sullivan cdscrows@yahoo.com.au
Entries	Clubs
Chief Time Keeper	Duty Club
OOS Referee	Peter Lyden
Jury of Appeal Chair	Helen Lee

Appeals: Any appeal is to be made in writing to the Jury of Appeal Chair within three days of any decision by the OOS Referee.

Athletics South athleticssouth.org.au (03) 6236 9766

Athletics Tasmania tasathletics.org.au (03) 6234 9551

Club Contacts:

Eastern Suburbs Athletic Club (ES)



esac.run
0409 728 315

Northern Suburbs Athletic Club (NS)



nsac.org.au
0439 305 179

Sandy Bay Harrier Club (SB)



sbhc.org.au
0447 674 009

OVA Southern Saints Athletic Club (OVA)



ovasouthernsaints.com.au
0409 543 563

Tasmanian Masters Athletics Inc. (TMA)



tasmastersathletics.org.au

0418 171 834

University of Tasmania Athletics Club (UTAS)



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utasathleticsclub.org.au

Course Descriptions:

Austins Ferry - Starts at St Virgils College rear oval near the Joyce Performing Centre. Course meanders within the school grounds. Toilets available.

Bagdad - The course is at "Inglewood", 369 Green Valley Road, Bagdad. Heading north, turn left off the Midlands Highway into Swan Street which is at the northern end of Bagdad near the Liberty Service Station. From Swan Street take a left turn into Green Valley Road. Number 369 is on the left about 4.5km along. Park in the bottom paddock. The course has significant slopes and passes across grassy paddocks and along lightly wooded bush tracks. A portaloos will be available.

Bellerive Beach (Graeme Cruise Memorial) - Starts at Bellerive Beach directly below Bellerive Oval. Course is predominantly flat and on the beach with a short section around the headland between beaches. Toilets available. **Start Time 10:30am**

Claremont - Starts at the foreshore car park/reserve near the Box Hill Rd/Cadbury Rd Roundabout. A clockwise loop following the bike/walking track to Cadbury's Estate returning to the reserve via the old railway siding and then following the foreshore to Windermere Beach and returning to the starting point. A crossing over Faulkner's Rivulet. Portaloos available (toilets also at the Village Green 300 metres away).

Domain X Roads - Starts on the Soldiers Memorial Oval. Loop course on grass, parts of Soldiers Walk and surrounding tracks. Has a climb or two and is rough in patches, a challenging course. Toilets available.

Green Point Reserve - Bridgewater - Driving north along the East Derwent Highway, turn left into Scott Road at the first roundabout after the Jordan River Bridge (near Woolworths). Follow Scott Road until it ends and turn right into Killarney Road. Continue until the road ends. The course is on an undulating gravel path loop around the reserve headland with picturesque river views. Portaloos.

Grove - Starts at the packing shed of Smith's apple orchard, just off the Huon Highway in Grove. Turn off the Huon Highway at the Judbury/Ranelagh intersection. Course follows an undulating 2km loop through the apple orchard. Usually muddy so a change of footwear and clothes is recommended. Toilets available.

Howrah - Wentworth Park Playground - Starts at the playground at the end of Salacia Avenue, Howrah. The course is flat with a 3km loop on the grass through Wentworth Park and including Howrah beach. Toilets available.

Huntingfield - Huntingfield Pony & Riding Club, Huntingfield Estate, Howden. The cross country course of 5km (loop) includes an undulating section over sandy ridges and a relatively flat section through open paddocks and wooded trails. It is rough at times and is quite challenging. Toilets available.

Kempton - Meet at the rotunda in picnic area on highway side of Main Rd opposite Sugarloaf Rd. A flat road 2km loop course through the township. Toilets available.

Lower Domain - Government House (John Keenan Memorial) - Starts at the southern end of the Lower Domain Road and follows this road to the Domain Highway and returns. The course is short but mainly sloping and is harder than it looks. Toilets available at the Botanical Gardens & Regatta Grounds.

Margate - Dru Point Reserve - Turn left at the Margate roundabout into Beach Road and left again at the Esplanade, follow the road into the reserve. The course will be a 2km loop within the bounds of the reserve. Toilets available.

Old Beach – Baskerville - Starts at Baskerville Raceway, off Baskerville Road. The road course follows the 2km loop of the race track. Toilets available.

Opossum Bay – Starts in a cul-de-sac on the northern end of the Opossum Bay Peninsula. Drive along Spitfarm Rd and continue north to the end of this road through a new subdivision. A picturesque undulating loop with spectacular water and mountain views – quite tough. Portaloo.

Risdon Brook Dam (Froggy Wise Memorial Handicap) - Course follows the road (closed to vehicles) around the 4.5km loop of Risdon Brook Dam. Some small hills. Toilets and BBQ facilities available. **Start Time 10:30am**

Runnymede (Jenny Lennon Memorial) - Located on a farm property (Whitemarsh, 4682 Tasman Highway), in Runnymede, on the northern side of the Tasman Highway, 3 km past the Levendale turnoff (Woodsdale Road). The cross country course is undulating on trails and vehicle tracks. Portaloo.

Sandford - Gellibrand Drive - Starts approx. 3K south of the Gellibrand Drive & Rifle Range Road intersection, Sandford. The cross country course is flat with some sandy sections on an extended 4.5K loop for Premiership round 4 and a 3K loop for the Premiership round 15. Portaloo.

Snug – Starts at Snug Beach foreshore, Beach Road, Snug. The course is a 3K loop consisting of mostly gravel paths, with a slight hill and a footbridge crossing. Toilets available.

Upper Domain X Roads - Starts on the Upper Domain Road opposite the Soldiers Memorial Oval. The course utilises the 2.4K Max's Infinity Loop. Toilets and parking available at the Domain Athletic Centre. **Start Time 10:30am.**