

**ATHLETICS SOUTH**  
**2021 OUT OF STADIUM SEASON**  
**COVID 19 PLAN**

Version	2.0
Date	7 April 2021

Athletics South (AS) will commence it's OOS season on Saturday 10 April 2021, with the plan being to hold events at various locations around Hobart on most Saturday mornings from that date until the end of September 2021.

AS will adhere to the Athletics Tasmania (AT) COVID 19 plan dated 13 November 2020, and will make a number of event specific adjustments to normal procedures to ensure maximum adherence to this plan.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators, volunteers, visitors, families and the broader community.

The relevant aspect of current Tasmanian Government advice regarding resumption of sport include:

“Gathering limits are determined by the density of the area, up to a maximum of:

- 250 people for an undivided space in an indoor premises; and
- 1,000 people in the outdoor space of a premises.

Maximum density limit is one person per [2 square metres](#).

Where the number of people permitted according to the density limit is less than the gathering limit, the lower number applies.

For sporting and recreation facilities with multiple indoor spaces, the gathering cap applies separately to each single undivided indoor space. For example, a multi-purpose sporting venue with multiple, separate, undivided indoor spaces, could have up to 250 people in each of these spaces (the density limit applies). However, the maximum of 1,000 people outdoors of a premises at one time, applies regardless of whether there are multiple outdoor areas.

The maximum number of people permitted on a premises includes coaches, athletes, staff, volunteers, children and babies.

Where practicable, attendees should maintain a distance of 1.5 metres from other people.”

Strategies and actions for this Plan have been grouped under each of the key areas in the AT **COVID-19 Return to Sport Guidelines**.

## **1. Hygiene**

- There shall be a designated COVID 19 Safety Officer who will be recognisable by wearing an AS vest throughout the event. This person shall also be responsible for starting the events, and giving a brief to athletes reinforcing the COVID 19 expectations. This person will have completed a designated training course.
- AS and Club communications will provide information to members on the importance of good hygiene and ask that all members familiarise themselves with these requirements.
- Signage promoting good hygiene will be located at each event.
- Participants will be encouraged to bring their own drink to events.
- Sanitiser will be provided including a sanitiser station located at the toilet.
- Portaloos provided at events to be cleaned regularly.
- Course markers are to wash hands before and after setting out and packing up the course.

## **2. Physical Distancing and Contact** - refer to AT COVID 19 Return to Sport Guidelines

- AS and Club communications will provide information to members on the importance of social distancing.
- Signage advising social distancing requirements will be located at each event.
- Only persons who are currently financial registered members of Athletics Tasmania through an affiliated Club at 6pm on the Friday evening preceding each event shall be recognised as a participant.
- Start area will be located where there is sufficient room to comply with two square metres per person requirement as far as practicable.
- If necessary, athletes at the start line will be organised into waves.
- Athletes will be encouraged to leave the area as soon as possible (acknowledging that some may remain in area due to family/travel arrangements).
- The number of officials/volunteers shall be kept to a minimum, to ensure a safe event, depending on the course being used.
- Participation numbers at events are usually between 100 and 200. The highest number at an OOS event during the past 5 years has been 270. Therefore the number of athletes, officials and spectators will exceed the maximum permitted number of 1000.
- From 1 May 2021 Tasmanians and visitors will be required to use the Check in TAS app when they visit a range of business, organisations and events. AS will register for the Check in TAS app and have QR codes available for scanning.

- As a back-up a data base of registered competing athletes and officials will be kept and maintained for contact tracing purposes. This process must be followed at each competition and the Safety Officer is responsible for collecting this information from the nominated club representative.
- One nominated representative of each affiliated Club shall have a list of all registered athletes, and shall record by ticking off each member of their Club who is competing, and the distance they are competing in. A full list of all registered members' contact details is available through a downloadable report from the registration system.
- In the event someone does present unwell on the day the Safety Officer will strongly recommend that person/s to remove themselves from the event AND proceed to their local GP for testing.
- The importance of getting in, participating and getting out will be promoted via all communication media.
- OOS does not attract paying customers per se. Non participants will be officials and/or parents, partners or other family members from with the AS community. As such they will be familiar with the requirements for being at an event in the Covid19 environment (hygiene, physical distancing etc.)

- **5. Sharing Equipment** – refer to COVID 19 Return to Sport Guidelines

- There will also be 2 scanners who will scan the tokens at a significant, but reasonable, distance from the finish line. The scanners will not touch the tokens, they will be held by the athlete, then placed on a bucket next to the scanner for subsequent cleaning. Those officials dispensing token and scanning bar codes dispensers will wear disposable gloves. Other than for medical reasons, no other person shall enter the finish area.

## **6. Group Team Activity**

- Not applicable – addressed under Physical Distancing (Section 2)

## **7. Indoor Activities**

- Not Applicable – all events are conducted outdoors.

## **8. Travel**

- Not applicable – travel in Tasmania is unrestricted.

## **9. High Injury Activity**

- Medical Illness – refer to AT COVID 19 Return to Sport Guidelines, noting that there is not a high risk of injury in OOS competition

## **10. Protocols**

- Those are unwell or have the following symptoms: - high temperature - sore throat - shortness of breath - fever; and/or - cough SHOULD NOT attend the venue. This will be reinforced in communication with Clubs and registered athletes prior to the events and on the day.

## **11. Communication**

- This plan will be circulated to all member clubs once approved by AT.
- Changes to any aspect of the Plan will be advised to all member clubs and to registered athletes prior to the event and on the day.
- This AS OOS Safety Plan and the Athletics Tasmania's Safety Plan will be available on-line should it be necessary to refer to these and other documents at an event.

## **12. Coaching Protocols – refer to AT COVID 19 Return to Sport Guidelines**

## **13. Review**

- Athletics South and its member Clubs acknowledge the requirements of the COVID 19 Plans as implemented by the Australian and Tasmanian Governments, as well as the governing bodies of the sport.
- AS shall continue to be flexible with arrangements and requirements for all events for the season, and will update this plan with any significant changes which may occur under government and AT guidance.

## Proposed events for 2021

The current program is detailed below. This is totally flexible and changes will be made where required including the impact of Covid19 policy.

Saturday, 10 April 2021	Graeme Cruise Memorial 3Km & 6Km <b>1030 Start</b>	Bellerive Beach
Saturday, 17 April 2021	Domain Cross Country 4Km & 8Km	Domain X-Roads
Saturday, 24 April 2021	Kempton Road 4Km & 10Km	Kempton
Saturday, 1 May 2021	Gellibrand Drive Cross Country 4.5Km & 9Km	Sandford
Saturday, 8 May 2021	John Keenan Memorial Government House 3.2K	Lower Domain
Saturday, 22 May 2021	Opossum Bay Cross Country 4.5Km & 9Km	Opossum Bay
Saturday, 29 May 2021	Sung Foreshore Handicap 3Km & 6Km	Snug
Saturday, 5 June 2021	St Virgils Cross Country 4Km & 7.5Km	Austins Ferry
Saturday, 19 June 2021	Peter Murrell Reserve Cross Country 5K & 10K	Howden
Saturday, 26 June 2021	Claremont Foreshore Handicap 4Km & 8Km	Claremont
Saturday, 3 July 2021	Green Point Reserve 4Km & 8Km	Bridgewater
Saturday, 10 July 2021	Max Cherry Memorial Upper Domain Road 4Km & 8Km <b>1030 Start</b>	Domain X Roads
Saturday, 24 July 2021	Smiths Apple Orchard 4Km & 8Km	Grove
Saturday, 31 July 2021	Baskerville Raceway Road 4Km & 8Km	Old Beach
Saturday, 7 August 2021	Wentworth Park 3Km & 6Km	Howrah
Saturday, 14 August 2021	Bagdad Cross Country 4Km & 8KM	Bagdad
Saturday, 21 August 2021	Dru Point Reserve Handicap 4Km & 8Km	Margate
Saturday, 28 August 2021	Gellibrand Drive Cross Country 3Km & 6Km	Sandford
Saturday, 4 September 2021	Jenny Lennon Memorial Cross Country 5Km & 10Km	Runnymede
Saturday, 11 September 2021	Froggy Wise Memorial Handicap 4.5Km & 9Km	Risdon Brook

## **Athletics South Out of Stadium Sub Committee**

Peter Lyden (Convenor)

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